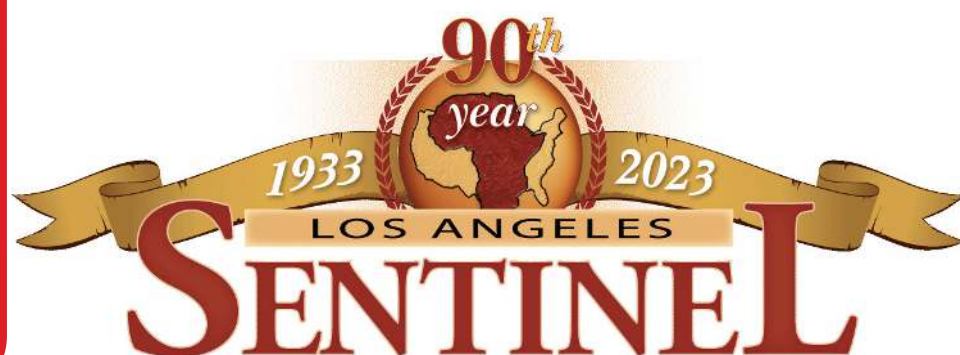




Jurni Rayne – see page A-3



Amber Weekes – see page D-1

April Verrett Elected 1st Black President of SEIU

BY DANNY J. BAKWELL, JR. Executive Editor and CORA JACKSON-FOSSETT Managing Editor

History was made on May 20 with the election of April Verrett as the first Black president of the Service Employees International Union, which represents nearly 2 million workers in health care, property service and government service.

Verrett's election occurred during the opening of the SEIU convention in Philadelphia. She succeeds Mary Kay Henry, who retired after serving as the first woman to head the 103-year-old union.

"I am honored and humbled to step into the pivotal role as SEIU's new president," Verrett wrote of

X (formerly Twitter). "Together, "This Union is launching a new era of worker power!"

Labor leaders throughout the Southland applauded Verrett's ascension to the new position. Previously, she served two years as SEIU international secretary-treasurer and as president of SEIU 2015, the nation's largest long-term care union.

"April Verrett's historic election as the first Black Woman to serve as SEIU International President heralds a pivotal moment in leadership, charting a course for progress within the labor movement," declared Yvonne Wheeler, president of the L.A. County Federation of Labor.

"A stalwart for justice, she tirelessly champions improved wages, fair work-



April Verrett

ing conditions, and the dismantling of systemic injustices. Through her leadership, a new era emerges where unions stand as

guardians against generational poverty and racial inequality, fostering a more robust democracy and empowered communities,"

she noted.

Arnulfo De La Cruz, president of SEIU Local 2015, offered similar remarks in a statement celebrating Verrett's election. On behalf of caregivers across California, he forcefully stated that Verrett will "lead our union boldly into the future."

"Having worked alongside April here at SEIU 2015, I know she will continue her commitment to building an anti-racist worker organization that will powerfully resist corporate greed and structural racism. April knows that we will never win economic justice without racial justice," De La Cruz said.

"April Verrett's career has been a testament of her commitment to empowering, mobilizing, and uplifting workers. Her leadership

is fueled by the belief that unions are not just a means to secure better wages, benefits, and working conditions, but a powerful platform for advocacy to win all forms of justice—economic, racial, environmental, gender, disability, generational, social, housing," he added.

Charisse Bremond Weaver, president/CEO of the Brotherhood Crusade and a longtime friend of Verrett's, attended the SEIU convention and witnessed the historic election.

Describing the moment as "truly a blessing," Bremond Weaver said, "And to know she will be this year's Brotherhood Crusade Bremond/Bakewell Pioneer of African American Achievement award makes her

{See APRIL VERRETT, SEIU PRESIDENT on B-6}

California Secretary of State Shirley N. Weber Visits Manual Arts High School

The Secretary of State visited her alma mater to speak about the importance of becoming a voter.

BY BRIAN W. CARTER Contributing Writer

On Thursday, May 16, California Secretary of State Shirley N. Weber, Ph.D visited her alma mater, Manual Arts High School to talk to students about the importance of becoming a registered voter.

"We're here today because California allows you to register to vote if you're 16-years-old," said Weber to an auditorium of youth. "You can pre-register to vote and we will follow you and send you messages along the way to say, 'Hey, don't forget, elections are coming up, don't



California Secretary of State Shirley N. Weber, left, and Manual Arts High School Principal Dr. Lavon Flowers.

forget, you need to vote."

It was noted, Manual Arts High School is the third high school that was built in the Los Angeles Unified School District and the oldest high school on its original campus in the District. Weber, a former Toiler, graduated from Manual Arts High School in 1966.

"There's some old memories in this building, some very strong and powerful memories on this campus and I'm honored to be with you today," said Weber. "All of my brothers and sisters except for one

{See SHIRLEY WEBER VISITS MANUAL ARTS HIGH SCHOOL on B-6}

Ashanti Blaize-Hopkins Leads Society of Professional Journalists

The first Black woman president of the SPJ says, "We have to be our own superheroes."

BY ALYSSAH O.HALL Contributing Writer

Virginia native Ashanti Blaize-Hopkins grew up watching her mother work as a television news anchor, but it never dawned on her

that she'd one day follow in her footsteps.

The summer before her fourth year at Columbia University as a sociology major, she received an internship through a women's media nonprofit

that placed her at ABC News. This internship inspired her to pursue her master's in journalism at the University of Miami.

Blaize-Hopkins is an Emmy Award-winning journalist, author, speaker, journalism professor, higher education equity consultant, public relations and marketing expert, and content producer. In September 2023, she became the first Black woman ever elected national president of the Society of Professional Journalists (SPJ).

"I think we are at a time in history where journalists don't have the luxury to just put their heads down and do their work. We have to be our own advocates for journalism. Because if we're not, Superman is not coming. We have to be our own superheroes. Our fight is really the fight to save democracy. I just really want journalists, especially journalists of color, to understand what's at stake at this moment. To understand that advocacy is no longer an option, we have to be advocates for our own industry so that we can save democracy," Blaize-Hopkins said.



Ashanti Blaize-Hopkins

be in the business anymore. I had made a promise to myself that the day that I went to work feeling bitter was the day that I needed to find something else to do," Blaize-Hopkins said.

"I was starting to feel that, and I said, 'Okay, I think I need to transition out,' so I ended up adjunct teaching at Richland College in Dallas and then starting my own PR firm and video production company with a business partner."

Eventually, Blaize-Hopkins met her now husband. {See ASHANTI BLAIZE-HOPKINS on B-6}

Enjoying Life in South L.A.



Sentinel Executive Publisher Danny J. Bakewell, Sr. greets EmmLee Mendoza, left, and Mary Jo Maxwell after they all enjoyed a meal at Harold & Belle's Restaurant in South Los Angeles.



Blaize-Hopkins at SPJ's 2023 annual convention in Las Vegas.



COURTESY PHOTO
Michelle Moore Bell

Michelle Moore Bell Receives Community Partner Award

SENTINEL NEWS SERVICE

Michelle Moore Bell and The Wellness Group received the Community Partner Award from the Lorraine Jackson Foundation Pearls of Hope on Monday, May 13. Richard L. Bell was posthumously acknowledged.

The Wellness Group was recognized for their ongoing dedication to inspiring, educating and empowering women about breast cancer and breast health awareness.

Moore Bell has dedicated over 40 years to helping women look and feel their best. In 1994,

she founded The Wellness Group, a 501(c)(3) non-profit organization, which sponsors an annual breast and whole health awareness forum.

Other recent events include Lunch & Learn with The Wellness Group on Saturday, March 16. The free event featured a

discussion on breast cancer, cervical cancer and cancer and personal care products. Last year, The Wellness Group held its 22nd Annual Breast & Whole Health Awareness Breakfast Forum at the Proud Bird Events Center. The event offered information on minimiz-

ing the risk of breast cancer as well as promoted early detection with self-breast care, clinical breast examinations, and mammography services.

To learn more, visit wellnessgroup7.org or email hello@wellnessgroup7.org.

Drake-Kerrison Joins Board of Mike Kelley Foundation For The Arts

SENTINEL NEWS SERVICE

The Mike Kelley Foundation for the Arts announced the appointment of Gianna Drake-Kerrison to its board of directors on May 7. She joins other members Elizabeth Armstrong, Connie Butler, Glenn Kaino, Miwon Kwon, Claire Peeps, Ed Rada, Gary Simmons and Pilar Tompkins Rivas.

"It is our great honor to welcome Gianna to the board of the Mike Kelley Foundation for the Arts," says Foundation Board Chair Miwon Kwon.

"She brings a deep understanding and love of contemporary art and a sense of commitment to community, as well as a financial acumen that will be invaluable to the Foundation as we continue our work to fulfill its

mission of advancing Mike Kelley's spirit of critical thinking, risk taking and provocation in the arts."

Based in Orange County, Drake-Kerrison is a highly accomplished and trusted wealth management advisor with over 25 years of experience in the financial services sector, who collaborates with her husband Dee Kerrison at UBS Financial Services, Inc. Drake-Kerrison also serves as a member of the Multicultural Investor Financial Advisory Board at UBS, contributing her insights to foster diversity and inclusion within the organization.

Passionate about the arts, she and her husband have been dedicated contemporary art collectors for over two decades, enriching their lives with a deep apprecia-

tion for creativity and expression. She is especially committed to empowering women and supporting her community and has done so through her past philanthropic leadership roles, including her tenure as the former Board Chair of Girls Inc. of Orange County and her involvement as an advisory committee member for the Girls Inc. National Board.

She has also contributed her expertise as a former Board Member of New Directions for Women. Currently, Drake-Kerrison is actively involved with The Hammer Museum, where her husband serves on the Board of Advisors.

"I'm thrilled to join the board of the Mike Kelley Foundation for the Arts—I am passionate about art and the ways in which it posi-

tively impacts lives. I look forward to being able to support artists and arts organizations through the work of the Foundation," said Drake-Kerrison.

The Mike Kelley Foundation for the Arts was founded in 2007 by artist Mike Kelley and is led by Executive Director Mary Clare Stevens. Through grants such as the Artist Projects Grants and Organizational Support Grants, the Foundation seeks to further the artist's philanthropic work, supporting innovative projects and organizations that reflect Kelley's multifaceted artistic practice. Since 2016, the Foundation has awarded close to \$400,000 annually to support the creation of vital and often difficult-to-produce work in Los Ange-



Gianna Drake-Kerrison

les County.

"Gianna has been an important figure in the Southern California art world for years, and her love for art, combined with her understanding of what it

takes to fund it, is a rare thing. Her enthusiasm for the Foundation's work is infectious—we are lucky to have her join the Board and to be guided by her expertise," added Stevens.



From left are City Clerk Aisha Thompson, County Supervisor Holly J. Mitchell, Councilmember Dionne Faulk, and Councilmember Gloria Gray.

Hundreds Attend Inglewood Women Rock Empowerment Summit

SENTINEL NEWS SERVICE

The 3rd Annual City of Inglewood Women Rock Empowerment Summit spearheaded by Councilwoman Dionne Faulk and City Clerk Aisha Thompson brought together more than 200 ladies adorned in their Saturday best just before Mother's Day.

The atmosphere buzzed with excitement and camaraderie as women from diverse backgrounds attended the summit that included an appearance by new Councilwoman Gloria Gray, a keynote message by Los Angeles County Supervisor Holly Mitchell and interactive workshops covering mental health



Erica Campbell shares words of wisdom during the summit.

awareness, skincare wellness, creative self-love, and generational wealth building.

Liliana Perez, senior director of Cultural Affairs for the Los Angeles Chargers, opened the afternoon session with a motivational message. The summit concluded with uplifting words from Grammy-winning gospel singer Erica Campbell. A native of Inglewood, Campbell wowed the audience with heartfelt stories of growing up in the city, balancing being a celebrity and raising a family, and dropping a new Grammy nominated album while inspiring women to embrace their dreams and achieve.

Bradford Announces Run for Lieutenant Governor

BY ANTONIO RAY HARVEY
California Black Media

California State Sen. Steven Bradford (D-Inglewood), 64, says the "time is right" and he is "up to the challenge" of becoming the next Lieutenant Governor of California.

Bradford, who serves as the vice chair of the California Legislative Black Caucus (CLBC), announced his bid for the second highest office in the state on April 22. The election will be held in 2026.

"I think it's time we need someone in that office who is committed to doing the work. It's not a glamorous job. It's an in-the-weeds job but it's a job that impacts us every day," Bradford told California Black Media (CBM).

"I want to do the work that is in front of me," said Bradford, who has served in the Legislature for 15 years as an Assemblymember and State Senator and will be term out at the end of this year.

"That's what my career has been about: doing the work of the position I've been elected to do."

In the Legislature, Bradford represents Senate District 35. It is home to nearly one million residents, and it includes the communities of Inglewood, Compton, Gardena, Torrance, Carson, Harbor Gateway, San Pedro, Hawthorne, and Lawndale in Los Angeles County.

Under California's Constitution, the Lieutenant Governor serves as Acting Governor whenever the Governor is absent from the state, and automatically becomes Governor if a vacancy occurs. The Lieutenant Governor is the President of the California Senate and votes in case of a tie. Currently, Eleni Kounalakis is the Lieutenant Governor.

However, her term in office is set to expire in 2026 due to term limits.

California State Treasurer Fiona Ma has also declared her candidacy for the Lieutenant Governor's office and has launched her campaign.

Bradford told CBM that he intends to visit every corner of the state to make the case that he is the person for the job.

"I have two years to

touch all 58 counties. It's not going to be an easy task, but I am up for it," Bradford said. "We have to let the people know what I've done and what I plan to do as Lt. Governor. I am excited about the opportunity."

Bradford said he is following in the footsteps of Mervyn M. Dymally, his mentor. Dymally was a trailblazing federal and state elected official representing Southern California. In 1974, Dymally made history by becoming California's first Black Lieutenant Governor.

A member of the Democratic party and the CLBC, Dymally served in the U.S. House of Representatives and both houses of the State Legislature. He passed away in October 2021 at the age of 86.

"More importantly, that's why I am running," Bradford said of Dymally. "I want the challenge and I want to pay homage to the individual who got me involved in politics—that's the state's first and only African American Lt. Governor, Mervyn Dymally," Bradford said.

Over the years, Brad-



State Sen. Steven Bradford

ford has championed legislation aimed at addressing racial disparities and advocated for justice in housing and property rights, police reform, as well as making the case for reparations for the descendants of enslaved Black Americans.

In 2021, Gov. Gavin Newsom signed Senate Bill (SB) 796 authored by Bradford. It authorized the County of Los Angeles to return the beachfront property known as Bruce's Beach to the family of the African American couple Willa and Charles Bruce, who purchased the Manhattan Beach site in 1912. However, the property was confiscated in the late

1920s through eminent domain.

Newsom also signed Bradford's SB 2 into law. Also known as the Kenneth Ross Jr. Police Decertification Act of 2021, SB 2 was designed to increase law enforcement's accountability that correlates public respect and enforcement officers who commit serious misconduct

and illegally violate a person's civil rights.

SB 2 created a statewide decertification system to withdraw the certification of a peace officer in California following the conviction of serious crimes or termination from employment due to misconduct.

Bradford served two years on the first-in-the-nation Task Force to Study and Develop Reparation Proposals for African Americans.

Bradford and eight other members of the task force analyzed the institution of slavery and its continuous effects on the Black Americans.

Another bill Bradford authored, SB 1403 (formerly SB 490), proposes

the establishment of a new state agency called the California American Freedman Affairs Agency (CAFAA). The agency, a direct recommendation of the reparations task force, would be responsible for setting up the infrastructure required to manage reparations activities as directed by the Legislature and Governor.

On May 16, the Senate Appropriations Committee voted 5-2 to approve the SB 1403. It now moves to the Senate Floor for a consideration.

"Our state is experiencing a significant economic downturn. People across California are struggling. Housing costs are out of reach, homelessness is at crisis levels, the global threat of climate change, underfunded schools, and debt-inducing higher education costs," Bradford said in an April 15 statement announcing his candidacy for lieutenant governor. "While California has led the nation on enacting smart, forward-thinking policies, the reality is that we must do more to solve our many challenges."

Gritz N Wafflez Owner Jurni Rayne Serves Southern Hospitality in More Ways Than One

BY SHELBY STEPHENS
Contributing Writer

The word hospitality has a total of three definitions: the friendly reception and treatment of guests or strangers, the quality or disposition of receiving and treating guests and strangers in a warm, friend-

and Leimert Park by year's end.

Rayne focuses on building community inside and outside of the kitchen while providing genuine customer service to her patrons, as well as her staff.

With over 24 years in the culinary business, the chef and restaurateur has

fornia Pizza Kitchen, and AMC Dine-In Theatres, all while recording as a singer and songwriter. Rayne credits the owner of BlaqHaus North Hollywood, and a network of Black entrepreneurs, for inspiring her to join the small group of Black female restaurant owners.

The original concept for her first establishment was developed in 2019, as Evette's Bayou, a play on her middle name in con-

junction with the 1997 film "Eve's Bayou." The Southern-Creole inspired theme was intended to present elevated down South cooking that tells a story of family and community. Gritz N Wafflez represented the brunch menu at Evette's Bayou. The weekend breakfast/lunch idea quickly pioneered Rayne's ownership in the industry.

The menu is reminiscent of her childhood and intentionally aligns with the



COURTESY PHOTO

Chef Jurni Rayne



COURTESY PHOTO

Chef Jurni Rayne and Stevie Wonder

ly, generous way, and the business or act of providing accommodation, food, drink, and other services to guests.

Dallas, Texas native Chef Jurni Rayne hits all these key points with her restaurant Gritz N Wafflez in Pico Union. As she continues to serve Los Angeles, Rayne's impact and creole-forward menu, will now expand to Koreatown

spent the last ten years growing her brand and clientele one plate at a time. Rayne is multi-talented. She received a degree in Restaurant Management, double majored in Spanish, and studied abroad in Spain and Costa Rica.

In 2005, Rayne began managing notable kitchens and restaurants like Pap-padeaux, Chili's, The Cheesecake Factory, Cali-



COURTESY PHOTO

Gritz N Wafflez Pico Union Location

idea that good food comes from good people. Customers can enjoy a classic Shrimp N Gritz or Wingz and Gritz, or the traditional Wingz N Wafflez or mix it up with Shrimp N Wafflez.

There is a little bit of something for everyone. The servers, cashiers and cooks, make the experience worth the wait. Rayne employs young, trustworthy individuals that share the same conviction for service.

During a recent interview, Rayne shared, "Consistency is really key and we're big on having the recipes and the energy. I don't let the cooks cook if they're in a bad mood. I think what we do is more than cooking, its energy work. Good energy goes into the food."

By the end of 2024, Rayne is expected to relocate the Pico Union location to Koreatown with the opportunity to expand Gritz N Wafflez. The new restaurant will feature convenient

parking, a full bar, and more tables, while the quality of food and service remain.

Rayne will also allow her family's history to shine at the new location with a mural. In addition to Koreatown, Rayne has plans for the Leimert Park area as well.

Celebrities like Maya Rudolph, Kawhi Leonard, and Stevie Wonder have graced the dining area of Gritz N Wafflez; this is only the beginning. This summer Rayne will be hosting restaurant pop ups in New York City at Bread and Stone.

Order from Gritz N Wafflez online at www.gritznwafflez.com, at the Pico Union location at 1243 S. Alvarado in Los Angeles or over the phone at (213) 568-3382.

Follow Chef Jurni Rayne or Gritz N Wafflez on Instagram Gritz N Wafflez (@gritznwafflez) and Jurni Rayne (@jurnirayne).

Bank of America Report Outlook Is Positive Among Certain Business Owners

The recent report shows small and mid-size businesses anticipate better times ahead.

BY BRIAN W. CARTER
Contributing Writer

The economy currently has many in a quandary, but it seems light is starting to gleam for business owners. According to the 2024 Bank of America Business Owner Report, which was conducted in partnership with Bank of America Institute, small and mid-size business owners have a more optimistic outlook on their future.

their concerns have lessened since Spring 2023. The 2024 Bank of America Business Owner Report includes input from more than 1,400 small and mid-sized business owners (defined as businesses with \$100,000 to \$5 million and \$5 million to \$50 million in annual revenues, respectively). The report explores the viewpoints, goals, concerns and outlooks of business owners nationwide.

Givens-Jones has been with Bank of America 44 years as a relationship manager and in business banking for 18 years. The businesses Givens-Jones works with have generated a revenue stream from \$5

Council, which is made-up of a variety of businesses."

Bank of America working with organizations like GLAAACC and the Black Executive Leadership Council help provide business owners with education through seminars and more, which will help them grow their businesses.

"I have spent over 30 years championing for small businesses, many of whom face significant barriers to growth and scale," said GLAAACC Chairman Gene Hale. "Despite recent disruptions, my outlook on small businesses remains positive."

He continued, "A recent federal report found that even though the number of firms they own has grown by 35%, the average gross receipts for those firms dropped by 16%.

"Forty percent of all small businesses failed during the pandemic, and banks would only lend to well-established existing clients, leaving many unable to qualify for PPP funds due to a lack of generational wealth to bridge the gap.

"Since George Floyd's death, many companies have either downsized or eliminated their DEI offices."

Thirteen Lune is a beauty, retail platform that is truly inclusive and carries products made by Black and Brown businesses.

"We adopt what we call our own 90/10 rule which is 90% of all the brands that we carry, beauty and wellness brands that we carry, are created by Black and Brown founders from around the globe, who create beauty products for everyone and 10% are dedicated to fostering allyship," said Thirteen Lune co-owner, Nyakio Grieco.

Thirteen Lune was founded in December of 2020 and has performed

well in spite of the pandemic.

"We have grown exponentially over the course of the last three years," said Grieco. "In our first year of business, we did a million in revenue, in our second year of business, we did \$15 million in revenue and in our third year of business, we did \$25 million in revenue and expect to go up about 15% this year."

Thirteen Lune is looking to make more hires as well as expand their busi-

ness and brands. Grieco stated she personally feels optimistic in going forward as Black, female entrepreneurs are a growing segment in the United States.

"Institutional funding in 2021, there was a lot of excitement around investing in Black and Brown founders," said Grieco. "What I find, being in the beauty industry, in the toughest of economical times, beauty does continue to grow and thrive."

Grieco continued, "I

have a lot of respect for the team at Bank of America and I'm excited about all that they are doing to support small businesses within the community of Los Angeles as well as beyond."

Bank of America is one of the world's leading financial institutions, serving individual consumers, small and middle-market businesses and large corporations with a full range of **{See BANK OF AMERICA REPORT on B-6}**



COURTESY PHOTO

Senior Vice President and Senior Relationship Manager of Bank of America Los Angeles, Gwendolyn Givens-Jones



COURTESY PHOTO

Co-owner of Thirteen Lune, Nyakio Grieco

"The majority of what our business report found, the majority of our businesses expect revenue growth and owners say recession worries have resided, but that outlook did seem to vary by the size of the company," said Gwendolyn Givens-Jones, a senior vice president and senior relationship manager of Bank of America here in Los Angeles.

"So, when you look, mid-size companies were very confident on growth, hiring, revenues, they were very optimistic, while smaller sized companies reported taking more of a cautious approach for the remainder of the year."

Although business owners remain mindful of inflation and interest rates, according to the report,

to \$15,000,000. She spoke about what the survey had to say and how Bank of America helps small and BIPOC businesses of color.

"I'm thinking, in working with our business clients here in L.A., there's a few reasons for this confidence," said Givens-Jones. "I think coming out of the pandemic, businesses are more resilient now."

She continued, "The economy is so vibrant and it's stronger here with incredible resources like GLAAACC [Greater Los Angeles Chamber of Commerce].

"We have the Black Executive Leadership

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DIRECTED BY ALFRED JACKSON

L.A. Lakers, Lakers Youth Foundation, Mamba and Mambacita Sports Foundation Reveal Renovated Gym and Courts in Watts

Vanessa Bryant, the Los Angeles Housing Authority, state and local officials cut the ribbon on the rejuvenated grounds.

BY BRIAN W. CARTER
Contributing Writer

Vanessa Bryant and the Mamba and Mambacita Sports Foundation joined with the Los Angeles Lakers and the Lakers Youth Foundation to reveal the updated and renovated sports spaces at Nickerson Gardens in Watts, Los Angeles on Monday, May 20.

"What you see here today is the collaboration between Vanessa Bryant, the Mamba and Mambacita Sports Foundation, the Lakers, the Laker Youth Foundation and the Housing Authority of the City of Los Angeles," said Lakers Vice President of Charitable Affairs and Lakers Youth Foundation Kiesha Nix.

"From the newly refurbished basketball courts, both



Vanessa Bryant, Mamba and Mambacita Sports Foundation Chair takes a picture with Brian Peterson, artist and muralist, who did the artwork within the gym.

The ribbon cutting ceremony celebrated the opening of the revamped gymnasium and basketball courts at Nickerson Gardens, the largest public housing community in Los Angeles. Honored guests and speakers included Con-

gresswoman Maxine Waters, L.A. Councilmember Tim McOsker, Housing Authority of the City of Los Angeles President and CEO Doug Guthrie, community resource specialist Donny Joubert, and artist and muralist Brian Peterson.

"This is so fantastic, I am so pleased and honored to be back here in Watts, you know they took it away from me, but I got it back," said Waters.

"I could not go to Washington, D.C. today. I'll get on the plane, on the red eye tonight, because I had to be here today.

"Vanessa Bryant—she chose Nickerson Gardens and she has made this place beautiful and wonderful."

Bryant, who is chair of the Mamba and Mambacita Sports Foundation, thanked the L.A. Housing Authority and the community of Nickerson Gardens for being supportive during the project. She shared a few words about what the gym and court renovations mean to her.

"The site is a special location for my family," said Bryant. "[Kobe] used basketball to teach life lessons to young boys and girls."

Bryant continued, "It serves as a reminder to all the boys and girls who play here—they are supported and loved."

"I also want to thank Brian Peterson for this remarkable mural."

Peterson, who is originally from Miami, Florida, shared he was a big fan of Kobe and how this was him living out his 14-year-old dream. Thanking God for this opportunity, he talked about how doing murals is a spiritual experience for him and the inspiration behind the murals in the gym or as he calls it, a "Court-the-dral."

"I consider this worship, this is the way I worship, I worship with a spray can," said Peterson.

"The moment I walked through those two doors, I had this overwhelming sense that the architecture of this space felt like a cathedral.

"Anyone on the planet can walk into a cathedral, and in that moment, feel reverence, a seriousness, a respect.

"We wanted people, we wanted kids, we wanted community members, to walk through those doors and feel the same thing."

Nickerson Gardens, which is managed by the Housing Authority of Los Angeles, was chosen for the refurbishment by Bryant and the Lakers as it is the former location of the Boys and Girls Club, where Kobe Bryant hosted his youth basketball program, "Mamba League," which was designed to empower girls and boys on the court and in life. The Lakers were also inspired by the local community support from Top Dawg Entertainment.

"It feels really special, I've been coming to Nickerson Gardens for a long time," said Guthrie. "This gym is a heart and soul of the community; it means a lot for a lot of different reasons."

Guthrie continued, "To see the spectacular work that they've done out here, it really is special, it's something

the community will take care of and enjoy for a long time."

"It is a lot of emotions, it is so wonderful to see this ethereal art, this 'Court-the-dral,' is spectacularly beautiful, but more importantly, it's just wonderful to see all the community here and it's wonderful to share this with Vanessa Bryant," said McOsker.

"This really is a sign of respect for the kids of this community, and this is a real opportunity for us to get kids back in the gym," he said.

Donny Joubert has worked at the facility for 40 years and is a known figure within the community in Nickerson Gardens. He shared what the renovated gym and courts meant to him and why he respects Nix so much.

"It's huge, it's big time," said Joubert. "When we first met with the Lakers, you know how folks come in and tell you one thing, tell you this, and you never really see it happen?"

He continued, "They stuck to it and Keisha [Nix] led the charge."

"I fell in love with Keisha the very first day. We did the walk through, she made it clear, she's not coming here if it's a lot of red tape and so, we

facility and murals.

I'm loving it," said D'andre. "I'm a big Kobe fan myself, I have Kobe tattoos and everything, so, I'm loving this right here."

"This is amazing," said Shindana. "I'm so glad that Nickerson finally got their gym back and I really hope that they bring back all the



Vanessa Bryant thanks all the collaborators on the project and shares some thoughts on the renovation.

programs that allowed me to grow up here and graduate, go to college and then, come back and be a part of it."

"I was pleased to be here today, so proud that Vanessa Bryant has adopted Nickerson Gardens and transformed this gymnasium into a beautiful museum piece where the children can come in a beautiful place and actually



Community Resource Specialist, Donny Joubert and Lakers Vice President of Charitable Affairs and Lakers Youth Foundation, Kiesha Nix.

outdoor and indoor, to the focus on this amazing gymnasium, upholding the legacy of Kobe and Gigi Bryant, we hope will inspire these basketball players to dream big, to play hard, to give their all and to have the Mamba Mentality towards sports, study and life."

gresswoman Maxine Waters, L.A. Councilmember Tim McOsker, Housing Authority of the City of Los Angeles President and CEO Doug Guthrie, community resource specialist Donny Joubert, and artist and muralist Brian Peterson.

"This is so fantastic, I am



The ribbon cutting ceremony celebrated the opening of the revamped gymnasium and basketball courts at Nickerson Gardens.

didn't have no red tape," Joubert said.

"This is beautiful, this is awesome," said Rauhean Turner, program coordinator. "This is a great opportunity for all the children that's in this community because they've never seen nothing like this—we ourselves, as grown adults, have seen nothing like this, so this is awesome."

Residents, current and former, were happy to see the renovated gym and courts showing love and support to Bryant and all who collaborated to make this happen. They spoke to the Sentinel about seeing the updated

play basketball and other sports," said Waters.

"I'm delighted to be here."

"This here today is what will be a life-changing and game-changing experience," said Nix. "This is a dream come true, I can't believe that we're actually here, that we made it to the finish line."

"There were times when we just weren't sure if we were going to be able to get all of this done and we did it."

"It was great minds and great hearts coming together to provide something that this community can really be proud of and I'm just really excited."

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11-23

New Book Offers Portraits of Unhoused Life, Love, and Understanding in Los Angeles

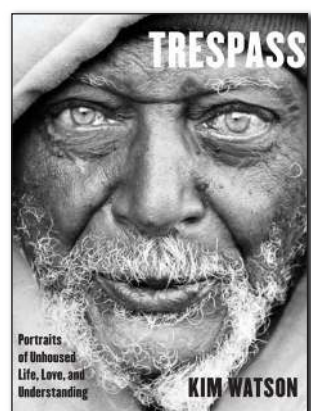
New photo essay book offers an honest and unflinching depiction of the beauty and humanity of unhoused life.

SENTINEL NEWS SERVICE

According to the Los Angeles Homeless Services Authority (LAHSA), nearly 70,000 people were unhoused in the city as of September 2022.

Fueled by a deep sense of care, writer, director and photographer Kim Watson began connecting with unhoused people near his Los Angeles neighborhood by delivering food out of the back of his car. As his relationships grew to become trusted friendships, Watson interviewed and photographed those he encountered, documenting their experiences. He spent three years on the streets on L.A., documenting his intimate and deeply felt relationships with the unhoused.

Through profiles, essays, and stunning black-and-white photography, "Trespass: Portraits of Unhoused Life, Love, and Understanding," sheds light



The cover of Kim Watson's new book.

on the complex situations that lead to

homelessness, the individuals who struggle to rise out of it, and those who have resigned themselves to it.

"[Trespass] is a moving, brave, unflinching, and loving light shined on those who live among us in the shadows," writes filmmaker and writer Trey Ellis.

These portraits capture the hopes and demands of people in need of support and consideration. In this

book of extraordinary photo essays, Watson dares us to look inside ourselves and confront our own biases as we consider the conditions of others so, together, we can process our collective trauma and develop sustainable solutions.

Watson has photographed, directed, and written for Grammy winners, Hollywood studios, and various entertainment platforms, including Disney, Nickelodeon, PBS, A&E, Warner Brothers, and many more. His work with groundbreaking hip-hop pioneers garnered both MTV and Soul Train Awards "Best Music Video" nominations, as well as NAACP recognition for his positive portrayals of African Americans. Untethered by labels, Watson has always aspired to tell a story that moves us to see the world a little bit differently, and with a lot more empathy. He lives in Los Angeles.

Peyton Euriah: *The Artist*

By MYKO LYRIC
Contributing Writer

In anticipation of her 3rd exhibition at the semiannual Beverly Hills Art Show, oil painter Peyton Euriah (formerly known as ‘Peyton, The Artist’) gifted the L.A. Sentinel with an exclusive conversation on her background, inspirations, and intentions as a 26-year-old Black artist from Los Angeles, CA.

distinct style. Peyton knew she would always be creative; she didn’t know she’d become a painter. In fact, she was initially drawn to fashion; her mother is an event planner and fashionista, and it was her wardrobe that attracted Peyton into the world of fashion.

By 10 years old, Peyton recalled, “I got into fashion illustration because I was so hooked on it.

within her first semester she inadvertently walked into the Fine Arts department and “immediately felt at home.” After developing a relationship with the director of the Arts program, she showed him small paintings she had created in her dorm to pass the time. White still staring at her work, the director of the arts program said, “Peyton, you’re in.”

With that, Peyton began

Code Studios upon graduation in Spring 2020.

Since then, Peyton has been on path to mastery and refuses to slow her progress. In 2023, Peyton invested into her own solo exhibit and was soon invited to showcase her work in New York City, Atlanta, Miami’s Art Basel, Athens, and Tokyo. She also won Best New Artist at the Beverly Hills Art Show (2023), collaborated with Ralph Lauren on a solo exhibition (2024, and received honors from Compton and the Republic of Chad in Africa.

One of Peyton’s greatest inspirations is travel. Having been to over 30 countries, Peyton said, “When I travel out of the country, it ignites a peaceful flame in my heart.”



COURTESY PHOTO

Peyton and her tools.



COURTESY PHOTO

Peyton’s tent at the Beverly Hills Art Show.

Peyton hails from a household where creativity was cultivated. Her father is an architect and painter, and Peyton acknowledged, “My dad taught me how to draw what I saw and express what I felt.” Being that truth and introspection are values riddled throughout her collections, learning to put her heart and mind onto the canvas was fundamental for her

Despite an application with week’s worth of blood, sweat, and tears, Peyton was not accepted into Marist College’s (in Poughkeepsie, NY) fashion department, one of the top 10 collegiate fashion programs in America. However, she was admitted to the college as an undecided major.

Peyton believes it was nothing but God, because

her rather immediate and astronomical growth as a fine artist, surpassing her own expectations after countless all-nighters and early mornings fine-tuning her craft. She ultimately graduated with a major in Fine Art and a double minor in business and fashion design, even creating her first clothing collection under her company, The



COURTESY PHOTO

“NEGLECTED” by Peyton Euriah.

To pay homage to the Renaissance art and architecture that molded her artistry while studying abroad in Venice, Italy during the 57th Biennale, 24

karat Venetian gold foil has become a quintessential material included in her pieces. To this day, Peyton orders both her Venetian gold foil and natural pigments from the same small businesses she supported while living in Venice.

Although traveling is an inspiration that fuels her art, Peyton knows God is her source. “I have so much respect for the God that I believe in and serve. I fast when I paint, I’m so zoned in and locked into what I’m doing and nothing else can distract me. I believe that God uses that focus and discipline to speak to me because He has my atten-

tion. So I know for a fact that it oozes from me and speaks to people through my artwork.”

“I want to lead people back to God and themselves when they look at my artwork. I want them to ask the hard questions they’ve been avoiding.”

Firmly believing that it’s the artist’s duty to create, Peyton urges, “Even if you don’t feel confident in yourself and your craft, God is confident in you.”

Stay aligned with Peyton Euriah.

Instagram: @peytoneuriah

https://www.peytontheartist.com/

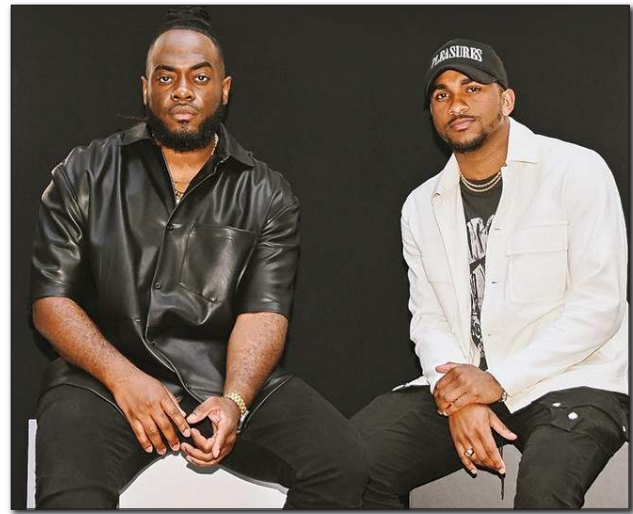


PHOTO BY GIANNA DORSEY

(from left to right) Nèither and Malachi.

By MYKO LYRIC
Contributing Writer

Hyyer Creative is a Black-owned, L.A.-based creative agency that generates, strategizes, and executes the ideas of their clients.

Malachi Fuller (executive producer, head of Production) and Nèither (executive producer, head of Creative) co-founded the company in July 2018 to provide a working solution to an industry-wide imbalance between impactful storytelling and cultural relevance. Their vision and purpose with Hyyer Creative is to “work with creative entrepreneurs, brands, and businesses across various industries to reach and amplify the voices of BIPOC communities through storytelling.”

It’s clear that Malachi and Nèither filled voids

within the marketing and advertising industries: nearing the company’s sixth anniversary, they have already worked on over 600 projects with clients including ESPN, HBO MAX, Essence, Warner Music Group, Sephora, Spotify, and Disney. With such vast offerings and clientele, the question becomes: what does Hyyer Creative do?

The short answer? Ideation, strategy, and production.

The long answer can be provided by a real-life example. When global entertainment company Live Nation hired Hyyer Creative to create a compelling five-minute documentary on Wu-Tang’s, Nas’, and Busta Rhymes’ New York State of Mind Tour, Malachi and Nèither strategized three main components.

First, conceptualization:

what is the angle and story? Second, production: filming interviews, rehearsals, and live performances. Last, post-production and GFX: editing archival clips and completing the video in accordance with Live Nation’s vision.

Malachi and Nèither acknowledge their profound success has largely been the result of their compatibility as business partners.

“[Nèither] is the creative, the right side of the brain...and I’m the more logistical, left side of the brain,” Malachi opined.

Nèither quickly agreed and added, “It helps because we don’t have to go through this alone. I know at the end of the day I have somebody I can depend on...we complement each other. Business brain, creative brain...but that’s not to say either one of us is solely stuck...but we play to our strengths.”

As two men from the DMV area, they boast an “east coast hustle with a west coast demeanor.” Malachi and Nèither are no stranger to the road less traveled: from majors in Criminal Justice and Applied Physics/Civil Engineering (respectively), both men pivoted toward the entertainment industry and leapt into the daring life of an entrepreneur.

They carried this east coast grit west, and it has saved their company during numerous obstacles, including the pandemic and competition from larger companies with similar offerings.

To date, Malachi and Nèither hold team meetings to ensure their business is growing in alignment with their vision, making enhancements as they see fit: in 2022, they opened Hyyer Studios, a multidisciplinary content studio in Downtown Los Angeles.

Now a creative agency with a physical space for photography, videography, and events, they are able to bring to fruition their vision to help others “achieve, fulfill, find, and understand their own purpose.” By hosting weekly events, these founders continue to facilitate opportunities for people to connect and create in a

BIPOC-centric space.

The success of Hyyer Creative places Malachi and Nèither in the fortunate position to expand their horizons. Looking forward and creating new visions requires looking back and reflecting,

and each founder remembers the impact that culturally relevant storytelling had on them as young men.

It has aided the team in solidifying and executing the overarching vision for Hyyer Creative: “to have a

positive impact on the next generation of creators.”

Stay aligned with Hyyer Creative and Hyyer Studios.

Instagram: @hyyercreative and @hyyer.studios

Visit www.hyyercreative.com



COURTESY PHOTO

Hyyer Lab & Studios in DTLA.



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Hyyer Lab & Studios in action.

Malachi Fuller and Nèither: Aiming Hyyer

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• DR. MAULANA KARENGA •

Columbia, Morehouse and the Morality of Resistance: Continuing Struggle, Keeping Faith and Holding the Line

It is good and right to rebel and revolt against unfreedom and morally imperative to resist evil, injustice and oppression wherever we find it, in this country and around the world. And it is good to know our past and honor it; to engage the present and improve it; and to imagine a whole new future and forge it in the most ethical, effective and expansive ways.

We are a world encompassing people and take seriously the teachings of our honored foremother, Nana Dr. Mary McLeod Bethune, who told us that in the interest of African and human good and the well-being of the world, "We must remake the world. The task is nothing less than that."

The students of all ethnicities with Palestinians at the center who righteously rage and resist across the stage of human history in this powerful and pivotal moment in support of Palestinian and human lives, freedom and justice at Columbia and more than 60 other universities and colleges, honor a shared history, rightfully resist the present state of things and fight for a future of shared good for all the peoples of the world. It is a history of campus and community linked struggles we, as a people, know well and we honor it by continuing the struggle, keeping the faith and holding the line.

We, as African people, know this history of resistance to the hell and horror of genocide well, the holocausts and genocides in Native America, Africa, Australia, and elsewhere. And we know how it was and continues to be carried out in the name of false gods and fictitious claims of civilization, society, and the problematic concept of progress all deeply rooted in racism, colonialism, capitalism and the will and wish of White supremacy in various forms on a global scale.

We remember that during the height of the Black Freedom Movement, we stood up in righteous and

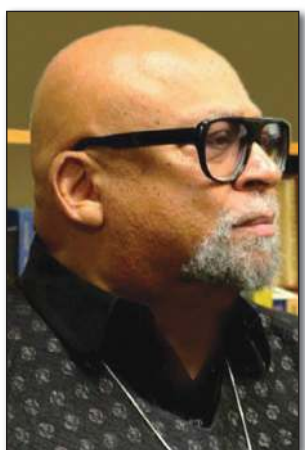
relentless struggle in community and on campus and in the larger society to rightfully expose and radically alter the established order. It meant building unity and sustaining alliances and resisting the university as the brain of an oppressive society, its collaborator and consigliere. It involved struggling to shut it down until essential concessions and changes were made.

Today, as then, the students know genocidal war and its immoral justification or deceptive denial when they see it. And they can smell the combined rancid and reeking odor of murder-covering mendacity and mass murder and refuse to accept or collaborate. Indeed, they have raised up and rallied, demonstrated, occupied buildings and grounds, and set up encampments of resistance across the country and the world, expressing righteous anger and opposition against Israel's genocidal campaign against the Palestinian People in Gaza and the West Bank Palestine.

Moreover, they have called for and demanded an immediate and permanent ceasefire to end the genocide; disclosure and divestment by their universities and schools from companies linked to and complicit in the genocide and brutal occupation of Palestine; full resumption of humanitarian aid; and a free, self-determining, sovereign and secure Palestine.

Now their universities, colleges and schools have declared the students deceived, misdirected and delinquent, and are denouncing the freedom of thought, speech and assembly; and ethical agency they once taught were at the center of education and enlightenment of being human and rightfully sensitive and responsive to human suffering and savagery against others. Indeed, these highly rated and raved-about educational institutions have called the police on them, to pum-

mel, pound and arrest them, to teach them the hidden and hard lessons of a hypocritical society and educational system.



DR. MAULANA KARENGA

It is a society masquerading as an open society and democracy, a democracy which, Haji Malcolm taught, is "nothing but disguised hypocrisy." Also, they have dragged presidents and principals to congressional hearings held by unlearned, unleashed and hypocritical inquisitors neck-and-knee deep in sleazy pretentious and self-serving posturing.

They have expelled, doxxed, and blacklisted to disrupt and destroy their opportunities and aspirations for jobs and careers. But the students refuse to bow or back down, leaving less-than-brave administrators and posturing and pandering politicians to wait and impiously pray for semester's end and summer break.

The students also know

and the world knows enough history to realize that the war in Gaza, Palestine and against the Palestinian people did not begin on Oct. 7, 2023, but started in 1948. It has gone on unabated in various sinister and massively destructive ways ever since, including: occupation, siege, starvation, death-dealing denial of water, destruction of infrastructure, apartheid and genocide. And the students know the difference between self-defense and genocidal savagery.

Likewise, they reject the false right to rule, ruin and take the lives, land, property and freedom and future of others with false racist and religious claims. And they will not accept, in silence, the cold-blooded mass murder of children, women, men, the elderly, ill, infirm, and even the unborn in hospitals, homes, religious sanctuaries, universities, schools, heritage sites, and with no place exempt with the military amorality of artificial intelligence by an artificial humanity that programs it and sends it on its genocidal path through-out Palestine.

In the midst of active support of Israel's genocidal war and with a self-medicating and disorienting dose of Orwellian double-speak, dishonesty, forked tongue and bad faith, Joe Biden went to Morehouse, claiming a less whitish, wanton

and wicked image and interest than the moral tragedy called Trump, and hoping to repair his image and hide his real interest among Black people. He was seeking a sign of support and perhaps some reflected minimal moral status among a people with many of their members being known to be exceptionally forgiving, setting aside atrocities inflicted on them, and giving comforting hugs to the fallen and forlorn.

So, there were calls for him not to come to give a commencement speech or be awarded an honorary degree. For there was concern that his complicity in genocide against the Palestinian people would not only dishonor the African American ethical tradition of concern for the vulnerable and freedom and justice in the world, but also that he would use the occasion as just another campaign platform, seeking undeserved sanctuary and support.

Indeed, they referenced Morehouse's most famous alumnus, Nana Dr. Martin Luther King, and his teachings and stance on the war against the Vietnamese people. All agreed Biden's presence would be problematic, but a consensus to reject him actively and openly could not be achieved. Thus, those committed to using Dr. King as a moral resource rather than a mere reference decided to resist in various other ways for

equally various reasons.

They wrote open letters and published position statements condemning Israel's genocide against the Palestinian people and calling for an immediate and permanent ceasefire; refused to stand to welcome or honor Biden; did not clap; wore the Palestinian flag and keffiyeh, a symbol of solidarity and resistance; raised the flag of Congo, another site of colonial legacy and plunder; turned their backs, raised a resistance fist, and walked out when the vulgarly hypocritical performance began.

This reflects the unbreakable will to resist in any and every way possible, regardless of restraints and restrictions. For only in righteous and relentless resistance can we open the way for the making and emergence of a new world of shared freedom, justice and other dignity-affirming, life-enhancing and world-preserving good.

Dr. Maulana Karenga, Professor and Chair of Africana Studies, California State University-Long Beach; Executive Director, African American Cultural Center (Us); Creator of Kwanzaa; and author of Kwanzaa: A Celebration of Family, Community and Culture and Essays on Struggle: Position and Analysis, www.MaulanaKarenga.org; www.AfricanAmericanCulturalCenter-LA.org; www.Us-Organization.org.

• RHONDA SMITH, EXECUTIVE DIRECTOR, CALIFORNIA BLACK HEALTH NETWORK •

Support Early Detection Technology to Save the Lives of Black Cancer Patients

In 2008, I received news no one ever wants to hear. I was diagnosed with Stage I breast cancer, with an ER/PR positive tumor type.

The road to recovery was tough, taking more than a physical toll on my body. I grappled with the emotional and mental strain of navigating a health care system that too often fails to address the unique needs of Black women. There was no manual to guide me through this journey, no prescription to ease the burden, and no roadmap to help me navigate the challenges ahead.

The stark reality that Black women are 41% more likely to die from breast cancer than White women is a grim reminder of the systemic inequities that pervade our health care system. According to the American Cancer Society, Black Americans have the highest death rate and shortest survival rate of any racial or ethnic group in the country. This disparity extends beyond breast cancer, impacting colorectal, prostate, and lung cancers, among others.

To help overcome these inequities, we need to attack cancer at its roots; we must catch it early, and we must ensure the means to catch cancer early are accessible to the communities most at risk. I consider myself fortunate to have received a Stage I diagnosis. Yet, it pains me to know that for many others, their breast cancer is often detected in later, more advanced stages. It is a sobering reality – one that underscores the need for action.

Fortunately, there is hope on the horizon. Some California congressmembers – particularly U.S. Rep. Raul Ruiz (D-CA-25) -- are taking decisive action. Ruiz is a lead sponsor of a bill to dramatically expand access to cutting-edge early detection tools for Medicare beneficiaries, including millions of Black Americans in underserved communities.

With bipartisan support from a strong majority of his colleagues in Congress, as



COURTESY IMAGE

well as many of our state's representatives, this bill is closer than ever to passage.

Named in honor of Nancy Gardner Sewell, a civil rights leader and passionate advocate for health justice, the Nancy Gardner Sewell Medicare Multi-Cancer Early Detection Screening Coverage Act would ensure Medicare has the latitude it needs to cover an exciting new class of cancer detection tests as soon as they're cleared by the FDA.

These tests utilize the latest scientific achievements to identify cancer signals in a patient's blood stream. They can pinpoint many different types of cancer from a single blood draw, dramatically improving doctors' ability to detect cancers early and at stages where they are most treatable.

The importance of early detection in improving can-

cer outcomes cannot be understated, especially for African Americans, who often face later stage diagnoses and poorer prognoses.

A recent study estimates that preventive cancer screenings in the past 25 years have given Americans at least 12 million more years of life, translating to a remarkable \$6.5 trillion saved in health care costs. Too many cases are diagnosed after the cancer has spread and treatments, no matter how advanced, are less effective. And even for those forms of the disease, like breast cancer, for which there are screenings, patients can remain asymptomatic until the cancer has metastasized.

That's why MCED tests are such a game changer, especially when it comes to cancers we currently can't detect.

Any health care provider that can draw blood already has the tools to administer an MCED test. One of the largest obstacles to the widespread adoption of these tests isn't technical – it's the fact that Medicare has no pathway to cover new cancer screenings like MCED in a timely manner, even though people over the age of 65 are at the greatest risk of developing cancer. Without the possibility of Medicare coverage, MCED tests won't be available for

the underserved and older adults who would benefit the most.

The next phase of our fight against cancer – and the disproportionate toll it takes on Black Americans – starts by urging Congress to pass the Nancy Gardner Sewell Medicare Multi-Cancer Early Detection Screening Coverage Act and ensuring the benefits of this legislation reach all corners of our communities.

I don't advocate for change for myself, but for every Black woman who has faced, or will face, a similar battle. Please heed my words – for yourself and your health. Ask for the necessary tests or screenings. If you're unsatisfied with their response, don't hesitate to seek a second opinion. We've got the power to take control of our health.

Together, we can rewrite the narrative of health care, catch and treat cancer early, and ensure that every woman has the opportunity to thrive, regardless of her race or background.

Rhonda Smith, executive director of the California Black Health Network, leads initiatives to advance health equity for Black Californians, leveraging her expertise from roles including consulting and spearheading health disparities initiatives for BIPOC communities.

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HAPPY MEMORIAL DAY
THANK YOU TO THE BRAVE MEN AND WOMEN
WHO HAVE GIVEN US OUR FREEDOM!

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Coach Wendy

Life Strategist / Consultant
Author / Speaker

Are You in Search of Success or Significance?

When was the last time you stopped to think about what you truly wanted out of life? Most of us say we want our lives to matter and that we want to make a difference in the world, but we also get caught up in the trap of wanting to achieve a certain level of success. How do we balance being successful but also making significance to the world?

As a coach, I am in the business of helping people find themselves and helping them decide what really matters in their life. Success is a beautiful thing, but without making an impact and helping to make the world and the people in our lives better, it is just a selfish endeavor.

The definition of success can vary between different people and cultures.



Basically, success means achieving the goals one has set for themselves. Most people associate success with achieving a certain level of prominence and/or financial gain. Although this can be a good thing, if it is all we desire to achieve it can leave us empty and unfulfilled. I once read that we were not made necessarily to achieve success but rather for significance.

Significance is obtained by serving and sharing with others. If we

constantly put things before people and relationships, we can live a very empty life. I understand we all must make a living and we have financial responsibilities, but it is possible to make a living while also building a life that impacts others in a positive way.

One of the things I have learned is when we are in pursuit of being significant it requires personal growth. We must take the time to do some personal assessment to see if we are compassionate and that we are living our lives with integrity. Success is often achieved through hard work, sacrifice and sometimes even a little bit of luck, but significance is about our character and how much we care about others.

I have found when we take our eyes off ourselves and help others, we tend to be happier and more content which is a form of suc-

cess. Focusing on being significant allows us to live a life of purpose. It is possible to achieve both success and significance if we are mindful of what we are doing and why.

When I do my own personal assessment of where I am and what I truly want out of life, I want to make sure that while I am here on this earth, I am able to make a significant impact on the lives of those I have touched. I also want to leave a powerful legacy of caring for others and that their lives were a little bit better because our paths crossed.

There are a lot of lonely and hurting people in the world and showing compassion and empathy can make all the difference in their lives. Overall, when we place a greater emphasis on being significant in the lives of others, it fosters a more compassionate, collaborative, and sustain-

able world where individuals are empowered to make positive contributions and lead fulfilling lives.

Striving for success is not a bad thing and it should definitely be one of your goals, but remember at the end of the day when someone reaches the end of their road it really will not matter how much money you have in the bank, how many things you have been able to buy, but you will want to know who will miss you because you made them feel special and you sowed into their lives. It is not necessarily about thinking less of ourselves, but rather thinking of ourselves less.

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Visit www.WendyGladney.com and www.forgivingforliving.org to learn more. Wendy is a life strategist, coach, consultant, author, and speaker.

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"The Invisible Is Visible!"

When the Lord sends a sign of "the virgin," it is not just any virgin, but a special person who is unmistakably the one set aside for His purpose. The identity of this "virgin" was known to those during that time around 631-630 B.C., but unknown to us. This special young woman may have been around the age of 12 1/2; marriageable age for young women and a marriageable age of 14 years for boys. This age was set to ensure virginity was established and to avoid pregnancy and premature puberty.

We might imagine when Gabriel came to Mary, the mother of Jesus, she may have been doing chores, cleaning up around the house, preparing food for the family or other household tasks certainly, God selected an exact time to get her attention for this once in a lifetime announcement. What happened next was one of those events that will never be forgotten and never repeated.

Isaiah 7:14 announces, "The Lord Himself will give a sign. A virgin shall conceive. This virgin shall



bear a son whose name will be called Immanuel. Butter and honey He shall eat to know to refuse evil and choose the good."

In Luke 1:26-38, Mary is doing her household duties and Gabriel is sent from God to a town in Galilee called Nazareth to a virgin betrothed (engaged) to a man named Joseph. Gabriel appears and greets "the virgin" heartily and with excitement to bring a message of great joy!

"Rejoice, favored one. The Lord is with you." She was perplexed and who

would not be? Think of it. An angel appears. He is not introduced by anyone. "Do not be afraid Mary, for you have found favor with God." Wow! This is great. Don't we want our Lord to be pleased with us and show favor? Yes, of course. And now, you will conceive in your womb, bear a son and you will call His name Jesus.

Gabriel goes on to describe her Son. He will be great. He will be called the Son of the Most High. The Lord will give Him the throne of his ancestor David. He will reign over the house of Jacob forever, and of His kingdom there will be no end! You could not even ask for any more than this. And of course, this is a onetime gift from Almighty God through the dynasty of David.

Her perplexity is increased wondering, "How in the world am I going to have a Son and I have not even known a man?" Gabriel answers beautifully: "The Holy

Spirit will come upon you and overshadow you. The power of the Most High will overshadow you." Then to further decrease her complexity, he informs her that her relative Elizabeth, who is in her sixth month, will also bear a child in her old age. As you know she has been barren for a long time. She, in her old age, has also conceived a son.

When Mary's excitement and enthusiasm is heightened, she exclaims "How will this all happen?" Wow! Here is the best part of the message to Mary, "For no word from God will be impossible" or "For nothing will be impossible with God."

Zachariah receives the same message, but in another way, when he is stricken with no ability to speak until the time come. There are words to remember based on God's promises to us. These words are not outdated or outside of the known and unknown habitable or not

habitable world. They stand in eternity. He is reliable. His word is incontrovertible. Mary humbly receives her life's mission and finds her place in the assembly waiting for the arrival of the Holy Spirit in Acts.

Thanks for reading! Jeanette Grattan Parker is the founder-superintendent of Today's Fresh Start Charter School, 4514 Crenshaw Boulevard, L.A. 90043, 323-293-9826, www.todaysfreshstart.org, (Ask Dr. Jeanette TM) "Inquiring Minds Want to Know." All articles are copyright. All rights reserved © Errors? Or Questions? Please let me know. Join Sundays for music and message at 11:30 a.m. by calling (712) 775-8971, code 266751. Don't stop praying and hoping. References: The Holy Bible, StudyLight.org, New International Commentary on the New Testament. Today is another great day to do good and be successful."

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LOS ANGELES SENTINEL CLASSIFIED

10 Rooms for Rent	10 Rooms for Rent	50 Apartments - Unfurnished	50 Apartments - Unfurnished	90 Houses - Unfurnished	370 Announcements
<p>Rooms for Rent in Los Angeles NEW HOMES, shared \$750/Mo. Private \$1,000/Mo. All utilities paid, washer/dryer, Internet, SSA, SSI, Pilot Program welcome. Call 310-766-0501</p> <p>PRIVATE ROOM FOR RENT PRIVATE ROOM WITH GREAT NATURAL LIGHTING. STREET PARKING. SHARED KITCHEN AND LIVING ROOM. LAUNDRY ROOM ON SITE. WALKING DISTANCE FROM SOFI STADIUM, CINEPOLIS LUXURY MOVIE THEATER, HOLLYWOOD PARK CASINO, YOUTUBE THEATER AND SHOPPING CENTER. ONLY 3M TO LAX. 5M TO BEACH. EASY ACCESS TO 105 FRWY & 405 FRWY. \$875/MONTH UTILITIES INCLUDED Henry / 323-691-4421</p> <p>SAFE Women's Transitional Independent Living Housing Shared Housing Program Woman Only Financial Assistance Available share rooms 657 E 97th St, LA 90002 Call now! / 323-509-4135 safetransitionalliving@gmail.com</p> <p>Room for Rent Clean room for rent in quiet house in Inglewood. Utilities included! Close to shopping center, train and buses. TV & wifi included. No deposit! Sec 8 Welcome! seniors mens Florence Burks / (323) 893-4417</p> <p>Furnished Room for Rent Senior Preferred Back house room for rent. \$1500 per month. Cash only first and last! room has its own key entry , a Fridge & TV Shares living space, huge backyard. 47's call me No pets no Kids... Mr Duboise 661-674-8626/209-684-5696</p>	<p>PRIVATE ROOM NICE HOUSE Kitchen, fridge, microwave, stove, dryer. \$675/750mo. Call Candy / (310) 638-3573</p> <p>50 Apartments - Unfurnished 2 bedroom voucher section 8 accepted \$2,600 2 very large bedroom available. wash and dryer inside apartment 2 car parking assigned. refrigerator, stove Jefferson and La Brea area Giovanna 323-304-2799</p> <p>1 bedr 1 bath, 2 Bedrs 1bath, 3bedrs 1 bath SECT 8 OK 727 W. 82nd st, LA 4510 S.vermont ave Newly remodelled / Large rooms Quiet building / Laundry facility Parking spot MIKE / 310-433-8800</p> <p>Sec 8 Deal A 2 br voucher gets you this large upstairs 3 br in a 4plex with off street parking; front and back yards; new kitchen cabinets and countertop Located near the Coliseum. Call 323 969 9799</p> <p>Inglewood Triplex 2Bdrm & 1Ba 10631 S Van Ness Ave. Blinds, crpt, wd/hkup, stv, a/c, & patio. Sect 8 ok. \$2,250.00. (310) 670-8063</p> <p>Windsor Hills 2 Bdrm 1 ba Apt 6308 Overhill Dr. LA 2bdrm 1ba with stv, crpt & vinyl flrs, vert & mini blinds. \$2,250.00 Sect 8 ok. App & Ref. (310) 670-8063</p> <p>1 + Apt For Rent - Sec. 8 Accepted 2 bedrm, 1 full bathrm 1-1/5 bathrm. Compact efficient apt, in a triplex. Sect 8 accepted. Living area is a large open plan space, with small</p>	<p>kitchen. No appliances provided, has AC. Available for showing. Pam (323)490-9443</p> <p>Long Beach Beauty!! Large 1 bedroom apt. for rent located at: 29 W. Bort st. Long Beach 90805. Freshly painted, Laminate flooring, updated kitchen w/Granite top, w/stove. lower unit. Off street Parking. \$1275/mo Call Fred / 310 649-1990</p> <p>*DUPLEX-APT.-2BD-1BA* *SEC 8'OK = \$2,775* (negotiable) *2BD-1BA-A/C-KIT & BA VERY CLEAN-ALL DOORS & WINDOWS ARE SOUNDPROOF-NEW CRPT-BLINDS & CURTAINS-LG/SRV PORCH = \$2,775* (negotiable) *CALL ASAP!!!* JOHN 310-704-6784</p> <p>Apt for Rent Two bdrm 1 bath unit of 1,000 sq ft of living space located within the Historic West Adams area with a city view nestled in a peaceful cul-de-sac. Fully renovated unit including wall heaters and remote powered ceiling fans. The building includes a laundry room as well as monitored security cameras. Rent: 3100 Deposit: 5000 Contact Ron Smith, manager 909-312-8355</p> <p>1 BDRM Apt Inglewood Carpet, drapes BD/LR Full Bath, Laundry room on Site. St Pkg, Near SoFi Stadium \$1,400/Month No Pets. Also Unfurnished Bachelor Apt \$800/Month New Refrigerator Blinds, Curtains, Full Bath, All Utilities Paid. Call (310) 677-6686</p>	<p>Apartment for Rent Cozy downstairs rear 1 bedroom, freshly renovated. Jefferson Park Area Contact Owner (323) 559-7811</p> <p>1 Bedroom 1 bath Updated unit / Nice size Laminate Floors / Laundry 4726 4th Ave \$1,500 a month 310-645-1303</p> <p>Apartment for Rent Unfurnished. All appliances included; laundry room on site. Close to pub. trans & shops. Located in West Adams Contact (323) 935-5267</p> <p>A MASSIVE 2BD/2BA XL Apt. 2 bedroom 2 bat XL kitchen. newly decorated wooden floors in Crenshaw area. 323- 401-6999</p> <p>60 Apartments - Furnished Pay all Utilities Studio Large studio, Very quiet building, fully furnished. Brand new. Section 8 Welcomed. 213-952-4281</p> <p>90 Houses - Unfurnished Beautiful 3 Bedroom House 3 bedroom house, remolded kitchen and bath, new fixtures, blinds, fresh paint, stained hardwood floors. 11250 S Raymond Avenue 90044. Near Normandie & Imperial Hwy. County or LACDA Section 8 welcomed. D. Jackson 310-508-2621</p> <p>New Home for Sale Under construction. 2,800 square ft. English tutor design. Approx. 3-4 acres of land. \$2.6 million. Corch / 570-929-1111</p>	<p>House For Rent - Unfurnished Newly Refurbished 2 Bedroom One Bathroom Section 8 Welcome 2 bedroom for the price of 1 bedroom Call for details / 310 642 1952</p> <p>230 Employment Opportunities Employment Opportunity - DSP Seeking a direct support professional, working with developmentally disabled adults. Will train with some experience. Reatha Howard (323) 252-3530 or (323) 944-7944</p> <p>240 Employment Wanted Care Provider We are currently looking for a Care Provider to support individuals with disabilities at an Adult Residential Facility. Successful candidates should be able to clear a Department of Justice (DOJ) background check. Training will be provided, and no prior experience is necessary. For further information, please contact Jaunata at 310-569-1721.</p> <p>330 Business Opportunities Senior Housing Investor Looking for an investor/partner. 56 yrs in business doing new construction. Serious Inquiries Only Corch / 570-929-1111</p> <p>370 Announcements NOTICE TO CREDITORS NOTICE TO CREDITORS: Katherin Kovin-Pacino, also known as Kathy Kovin-Pacino, Maiden name, Katherin Kovin, Decedent, passed away on April 26, 2024. She was a resident of Las Vegas, Nevada. No formal probate will be required for</p>	<p>the decedent. The executor/administrator of the estate is Jennifer LeBlang and William Lashbrook. Any lawful creditor of the decedent may send notice to the executor of their claim to PO Box # 270532, San Diego California, 92128. A creditor has four (4) months from the date of this publication to provide notice of their claim to the executor. Otherwise, their claim will be forever barred.</p> <p>580 Real Estate Loans REVERSE MORTGAGE SPECIALIST SME HOME SERVICES REVERSE MORTGAGE SPECIALIST Our Mission is to find the best possible Reverse Mortgage that fits your needs, in the time frame you select with the least amount of stress and inconvenience. The FHA-Insured HECM, Home Equity Conversion Mortgage enables homeowners 62 or older to tap into the equity in their home. Unlike traditional home loans, no repayment is required until you no longer occupy the property. Reverse mortgages are increasing in popularity with seniors who have equity in their homes, want to supplement their income, improve their quality of life and cash out for any purpose or new home purchase. Wesley Smith Jr. DRE# 01184548 NMLS #154953 wlpin@pacbell.net 323 821-2351 www.smehomeservices.com</p> <p>960 Handyman Hauling Demolition & Moving General Clean-up, Tree Removal, Garage Clean-up, Dirt Removal, Moving service & Deliveries. Tony @323-495-8624</p> <p>GREAT PRICE Painting, Tile, Hauling Plumbing, Electrical Roofing, Tree Removal And Pest Control. Call Tito @ 323-335-0540</p>

Public Notices

Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the Affidavit of Identity form.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024102456 The following person(s) is (are) doing business as: BUDGLO GENERAL SUPPLIES SERVICES, 445 S. FIGUEROA STREET 31ST FLOOR, ROOM 3142, LOS ANGELES, CA 90071.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024091200 The following person(s) is (are) doing business as: SISTERLY LOVE CONSULTANTS, 10918 S. WESTERN AVE, LOS ANGELES, CA 90047 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024091200 The following person(s) is (are) doing business as: SISTERLY LOVE CONSULTANTS, 10918 S. WESTERN AVE, LOS ANGELES, CA 90047 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024093378 The following person(s) is (are) doing business as: 1. COMPASS CLINIC, 2. COMPASS CLINIC LA, 3. COMPASS CLINIC LOS ANGELES, 1949 1/2 WESTWOOD BLVD SUITE 7, LOS ANGELES, CA 90025 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024085995 The following person(s) is (are) doing business as: HOLLAND FAMILY ENTERPRISES, 3045 W. 104TH STREET, INGLEWOOD, CA 90303 County of LOS ANGELES.

Public Notices

A PSYCHOLOGICAL CORPORATION S/ ERIKA CARPENTER RICH, PRESIDENT This statement was filed with the County Clerk of Los Angeles County on 04/30/2024.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024079812 The following person(s) is (are) doing business as: 1. VERSATILE ENT., 2. VERSATILE ENT. BZ, 12233 MANOR DR. APT 6, HAWTHORNE, CA 90250 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024095690 The following person(s) is (are) doing business as: 1. BONSTARR PRODUCTIONS, LLC, 3. BONSTARR PRODUCTIONS, LLC, 4. BONSTARR PRODUCTIONS LIMITED, 4150 MARATHON STREET APT 402 LOS ANGELES, CA 90029-3569, County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024097042 The following person(s) is (are) doing business as: WALLACE SECURITY SERVICES, 355 S GRAND AVE 2450 LOS ANGELES, CA 90071, County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024094696 The following person(s) is (are) doing business as: WOLFPACK ADVENTURES 1231 HARVARD STREET APT. D SANTA MONICA, CA 90404, County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024092849 The following person(s) is (are) doing business as: XECRET, 5461 WEST JEFFERSON BLVD, LOS ANGELES, CA 90016, County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024087440 The following person(s) is (are) doing business as: TORRANCE PRECISION MACHINING, 9530 OWENSMOUTH AVENUE UNIT 8, CHATSWORTH, CA 91311 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024084798 The following person(s) is (are) doing business as: COMPASS COLLECTIVE MEDIA, 3321 SUNGATE DR, PALMDALE, CA 93551 County of LOS ANGELES.

Public Notices

17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024095690 The following person(s) is (are) doing business as: 1. BONSTARR PRODUCTIONS, LLC, 3. BONSTARR PRODUCTIONS, LLC, 4. BONSTARR PRODUCTIONS LIMITED, 4150 MARATHON STREET APT 402 LOS ANGELES, CA 90029-3569, County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

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FICTITIOUS BUSINESS NAME STATEMENT

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FICTITIOUS BUSINESS NAME STATEMENT

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FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024084798 The following person(s) is (are) doing business as: COMPASS COLLECTIVE MEDIA, 3321 SUNGATE DR, PALMDALE, CA 93551 County of LOS ANGELES.

Public Notices

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024093217 The following person(s) is (are) doing business as: MEXICO ENAMORA 8116 DE GARMO AVE SUN VALLEY, CA 91352, County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024090509 The following person(s) is (are) doing business as: 1. GRAND GALLOP, 2. PASCAL MORABITO UNDERWEAR, 6561 LAKERIDGE ROAD, LOS ANGELES, CA 90068 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024090957 The following person(s) is (are) doing business as: RAMSAR, 5461 WEST JEFFERSON BLVD, LOS ANGELES, CA 90016 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024090339 The following person(s) is (are) doing business as: PLUMERIA VOCATIONAL SERVICES, 1230 ROSECRANS AVE SUITE 150, MANHATTAN BEACH, CA 90266, County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024084423 The following person(s) is (are) doing business as: RS LUXE & EXOTICS, 113 N SAN VICENTE BLVD STE #231, BEVERLY HILLS, CA 90211 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024081595 The following person(s) is (are) doing business as: GLOBAL CHRISTIAN FAMILY BOOKS, 2510 12TH AVENUE, LOS ANGELES, CA 90018 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024081892 The following person(s) is (are) doing business as: PLATA MAINTENANCE SERVICES, 1612 CEDAR AVE APT 3, LONG BEACH, CA 90813 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024081892 The following person(s) is (are) doing business as: PLATA MAINTENANCE SERVICES, 1612 CEDAR AVE APT 3, LONG BEACH, CA 90813 County of LOS ANGELES.

Public Notices

must be accompanied by the Affidavit of Identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024090509 The following person(s) is (are) doing business as: 1. GRAND GALLOP, 2. PASCAL MORABITO UNDERWEAR, 6561 LAKERIDGE ROAD, LOS ANGELES, CA 90068 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024090957 The following person(s) is (are) doing business as: RAMSAR, 5461 WEST JEFFERSON BLVD, LOS ANGELES, CA 90016 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024090339 The following person(s) is (are) doing business as: PLUMERIA VOCATIONAL SERVICES, 1230 ROSECRANS AVE SUITE 150, MANHATTAN BEACH, CA 90266, County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

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FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024081595 The following person(s) is (are) doing business as: GLOBAL CHRISTIAN FAMILY BOOKS, 2510 12TH AVENUE, LOS ANGELES, CA 90018 County of LOS ANGELES.

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FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024081892 The following person(s) is (are) doing business as: PLATA MAINTENANCE SERVICES, 1612 CEDAR AVE APT 3, LONG BEACH, CA 90813 County of LOS ANGELES.

Public Notices

the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024069528 The following person(s) is (are) doing business as: ITS GIVING DIGITAL, 1911 W 2ND ST APT. 4, LOS ANGELES, CA 90057 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024084233 The following person(s) is (are) doing business as: RS LUXE & EXOTICS, 113 N SAN VICENTE BLVD STE #231, BEVERLY HILLS, CA 90211 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024081595 The following person(s) is (are) doing business as: GLOBAL CHRISTIAN FAMILY BOOKS, 2510 12TH AVENUE, LOS ANGELES, CA 90018 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024081892 The following person(s) is (are) doing business as: PLATA MAINTENANCE SERVICES, 1612 CEDAR AVE APT 3, LONG BEACH, CA 90813 County of LOS ANGELES.

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File No. 2024081892 The following person(s) is (are) doing business as: PLATA MAINTENANCE SERVICES, 1612 CEDAR AVE APT 3, LONG BEACH, CA 90813 County of LOS ANGELES.

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FICTITIOUS BUSINESS NAME STATEMENT

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Public Notices

BALLADAREZ, PRESIDENT This statement was filed with the County Clerk of Los Angeles County on 04/18/2024.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024089230 The following person(s) is (are) doing business as: TOASTIQUE SUNSET, 6255 W SUNSET BLVD SUITE 170, LOS ANGELES, CA 90028 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024089230 The following person(s) is (are) doing business as: TOASTIQUE SUNSET, 6255 W SUNSET BLVD SUITE 170, LOS ANGELES, CA 90028 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024089230 The following person(s) is (are) doing business as: TOASTIQUE SUNSET, 6255 W SUNSET BLVD SUITE 170, LOS ANGELES, CA 90028 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024089230 The following person(s) is (are) doing business as: TOASTIQUE SUNSET, 6255 W SUNSET BLVD SUITE 170, LOS ANGELES, CA 90028 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024089230 The following person(s) is (are) doing business as: TOASTIQUE SUNSET, 6255 W SUNSET BLVD SUITE 170, LOS ANGELES, CA 90028 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024089230 The following person(s) is (are) doing business as: TOASTIQUE SUNSET, 6255 W SUNSET BLVD SUITE 170, LOS ANGELES, CA 90028 County of LOS ANGELES.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024089230 The following person(s) is (are) doing business as: TOASTIQUE SUNSET, 6255 W SUNSET BLVD SUITE 170, LOS ANGELES, CA 90028 County of LOS ANGELES.

Safety Tips When Spending Memorial Day Weekend Outdoors

SENTINEL NEWS SERVICE



MARYBAKERREDDYLIBRARY.ORG

Take safety precautions during the Memorial Day weekend to protect your health and safety.

With the approach of the long Memorial Day holiday weekend that marks the unofficial start of summer, many people will be looking forward to spending time with family and friends getting some sun, socializing and being outdoors.

But, whether you're going swimming, grilling, hiking, camping, road tripping or boating, it's always prudent to keep safety at the top of your mind as you venture out this weekend.

Dr. Branden Turner, a family practice physician with Kaiser Permanente Baldwin Hills-Crenshaw, offers some simple advice on how to enjoy the long weekend without jeopardizing your health.

"One of the most important things to remember is to stay hydrated while you're out in the sun," Dr. Turner said.

"The risk of heat stress can come on unex-

pectedly and, if not realized, can turn into a heat stroke pretty quickly." Dr. Turner urges you to pay attention to your body for signs of heat exhaustion.

"If you experience headaches, lightheaded-

ness, nausea, confusion, irritability or an upset stomach, try to cool off, get out of the sun, drink more water, and if you're not improving, please seek medical attention," he said.

If you're planning a day at the beach or being part of other outdoor activities such as sports, Dr. Turner encourages you to take the following precautions:

Bring all of the necessities for the day in the sun — plenty of water, sunscreen, a hat and maybe even a hand-held fan if it is hot outside.

Take breaks in a cool, shady place instead of spending all of your time in the sun.

If you're going swimming, keep an eye on your kids and avoid distractions

like texting, reading or socializing.

If you're on a beach or pool, make sure there's a lifeguard on duty or designate someone to keep an eye out.

If you or your children aren't the best swimmers, there's no shame in that; wear those life vests or floaties (for the kids).

If you'll be drinking alcohol, although it may feel like you're hydrating, it actually does the opposite, so drink in moderation and make sure you're balancing it with plenty of water intake too.

If you love hiking, consider avoiding hiking during the hottest time of the day (noon to 3 p.m.) and instead, get an early start.

Wear light colors that

reflect the sun's rays rather than absorb them by dark colored clothes.

Wear sturdy shoes—please don't go barefoot or with flip flops.

Wearing hats or bandana that can be dunked in water to cool your head and neck are also great accessories to the hiking wardrobe.

And although rare, snakes do exist on our hiking trails in Los Angeles, so keep an eye out for them, especially rattle snakes, Dr. Turner said. Carry a little backpack to hold your cellphone in case of an emergency like that unexpected bite, and of course, for that hydration.

"Enjoy Memorial Day weekend and avoid a trip to the emergency room," said Dr. Turner.

Public Notices

correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).

S/ BRENDA JAQUELINE RUIZ VILLALOBOS, OWNER

This statement was filed with the County Clerk of Los Angeles County on 04/16/2024. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the Affidavit of Identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 5/2, 5/9, 5/16, 5/23/24 CNS-3809589# LOS ANGELES SENTINEL

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024088873

The following person(s) is (are) doing business as: (PET LOVERS RESOURCES, 3921 SANTO TOMAS DR 1, LOS ANGELES, CA 90008 County of LOS ANGELES Registered owner(s): TURL WESLEY MOORE, 3921 SANTO TOMAS DR 1, LOS ANGELES, CA 90008 This business is conducted by an Individual The registrant(s) started doing business on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).

S/ TURL WESLEY MOORE, OWNER

This statement was filed with the County Clerk of Los Angeles County on 04/24/2024.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the Affidavit of Identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 5/2, 5/9, 5/16, 5/23/24 CNS-3809591# LOS ANGELES SENTINEL

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024087998

The following person(s) is (are) doing business as: 1. KING CALI, 2. JERRELL KING, 3. THE 23RD LETTER MUSIC, 4. KEEP IT LIT FESTIVAL, 5. KING CALI ENTERTAINMENT, 10975 S VERMONT AVE, LOS ANGELES, CA 90044 County of LOS ANGELES Registered owner(s): KING CALI, 10975 S VERMONT AVE, LOS ANGELES, CA 90044; State of Incorporation: CA This business is conducted by a Corporation The registrant(s) started doing business on 07/2002. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).

S/ JERRELL KING, CEO

This statement was filed with the County Clerk of Los Angeles County on 04/23/2024.

NOTICE-In accordance with

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Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the Affidavit of Identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 5/2, 5/9, 5/16, 5/23/24 CNS-3809589# LOS ANGELES SENTINEL

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024092324

The following person(s) is (are) doing business as: HUNTERS SIMPLY PURE, 25131 NARBONNE AVE UNIT 1812 LOMITA, CA 90717, County of LOS ANGELES Registered owner(s): DEBBIE C GIVENS TRUSTEE OF HUNTERS SIMPLY PURE, 25131 NARBONNE AVE UNIT 1812 LOMITA, CA 90717 This business is conducted by: A TRUST The registrant commenced to transact business under the fictitious business name or names listed above on 04/2024

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).

S/ DEBBIE C GIVENS TRUSTEE OF HUNTERS SIMPLY PURE, TRUSTEE

This statement was filed with the County Clerk of Los Angeles on APRIL 29 2024

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the Affidavit of Identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 5/2, 5/9, 5/16, 5/23/24 CNS-3809589# LOS ANGELES SENTINEL

GOVERNMENT

LOS ANGELES COUNTY METROPOLITAN TRANSPORTATION AUTHORITY (LACMTA) INVITATION FOR BID

Proposals for MA123119 - ROTOR - DISC BRAKE, FRONT & REAR at the 9th Floor Receptionist Desk, Vendor/Contract Management Department, One Gateway Plaza, Los Angeles, CA 90012. A Pre-Bid conference will not be held. All Bids must be submitted to LACMTA, and be filed at the reception desk, 9th floor, V/CM Department, on or before 11:00 a.m. Pacific Time on **Tuesday, June 18, 2024**, at which time bids will be opened and publicly read. Bids received after the above date and time may be rejected and returned unopened. Each Bid must be sealed and marked **Bid No. MA123119**. For a copy of the Proposal/Bid specification visit our Solicitation Page on our Vendor Portal at <https://business.metro.net> or for further information email Tanya Allen at allentm@metro.net. 5/23/24 CNS-3816223# LOS ANGELES SENTINEL

DBE SUBCONTRACTORS/SUPPLIER BIDS/PROPOSALS REQUESTED

RFP No. OP122943 METRO MICRO

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CONTRACTED SERVICES BID/PROPOSAL SUBMITTAL DATE:

MAY 24, 2024 @ 5:00 PM

OWNER: LOS ANGELES COUNTY METROPOLITAN TRANSPORTATION AUTHORITY (LACMTA)

THIS ADVERTISEMENT IS IN RESPONSE TO LACMTA'S DBE PROGRAM. SOUTHLAND TRANSIT, INC. INTENDS TO CONDUCT ITSELF IN "GOOD FAITH" WITH DBE FIRMS FOR PARTICIPATION ON THIS PROJECT. PLANS AND SPECS WILL BE REVIEWED IN OUR OFFICE MONDAY THROUGH FRIDAY, 8:00 AM TO 5:00 PM. QUOTES ARE REQUIRED BY 5:00 PM, MAY 24, 2024, SO THAT ALL BIDS/PROPOSALS CAN BE FAIRLY EVALUATED. PLEASE SUBMIT BIDS/PROPOSALS FOR THE FOLLOWING WORK (BUT NOT LIMITED TO): VEHICLE & FACILITY VEHICLE WASHING AND UTILITY SERVICES. JANITORIAL SERVICES. TIRE SUPPLY SERVICES. FLUID AND LUBRICANTS SUPPLY, UNIFORM SUPPLY, AND STAFFING FOR OPERATIONS. MAINTENANCE ADMINISTRATION, SUPERVISION, TRAINING, AND MORE! CONTACT: JASON SNOW, SOUTHLAND TRANSIT, INC. 3650 ROCKWELL AVE. EL MONTE, CA 91731. (626) 258-1310, INFO@SOUTHLANDTRANSIT.COM 5/23/24 CNS-3815590# LOS ANGELES SENTINEL

LOS ANGELES COUNTY METROPOLITAN TRANSPORTATION AUTHORITY (LACMTA) REQUEST FOR PROPOSAL

LACMTA will receive Proposals for PS49393(2) - External EEO Investigator Services

at the 9th Floor Receptionist Desk, Vendor/Contract Management Department, One Gateway Plaza, Los Angeles, CA 90012.

A Pre-Proposal conference will not be held. All Proposals must be submitted to LACMTA, and be filed at the reception desk, 9th floor, V/CM Department, on or before 9:00 a.m. Pacific Time on **Friday, June 7, 2024**. Proposals received after the above date and time may be rejected and returned unopened. Each proposal must be sealed and marked **Proposal No. PS49393(2)**. For a copy of the Proposal/Bid specification visit our Solicitation Page on our Vendor Portal at <https://business.metro.net> or for further information email Manchi Yi at yim@metro.net. 5/23/24 CNS-3813740# LOS ANGELES SENTINEL

SOUTHERN CALIFORNIA REGIONAL RAIL AUTHORITY

RFP No. SP613-25 WEBSITE SUPPORT AND MAINTENANCE

The Southern California Regional Rail Authority (SCRRRA) is seeking proposals for Website Support and Maintenance. Proposal documents may be downloaded at SCRRRA's website at <http://www.metroinktrains.com/contracts>. Proposals are due on 6/26/2024. For further information contact: Melissa Cousart, Contract and Compliance Administrator, at cousartm@scrrra.net. 5/23/24 CNS-3812499# LOS ANGELES SENTINEL

SOUTHERN CALIFORNIA REGIONAL RAIL AUTHORITY (SCRRRA) RFP No. E759-25

ON-CALL PROFESSIONAL ENGINEERING DESIGN SERVICES

SCRRRA is seeking proposals for ON-CALL PROFESSIONAL ENGINEERING DESIGN SERVICES. Solicitation documents may be obtained at <http://www.metroinktrains.com/contracts/>. Electronic Proposals must be submitted on or before 2:00 PM (PT) on 7/15/2024. The contract to be awarded will be funded in part by grants under the U.S. Department of Transportation, Federal Transportation Administration. For further information contact: Jaime Saucedo, Contract & Compliance Admin. at saucedoj@scrra.net. 5/23/24 CNS-3807705# LOS ANGELES SENTINEL

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF:

ALVIN LEE PHYALL, III

CASE NO. 24STPB03199

To all heirs, beneficiaries, creditors, contingent creditors,

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and persons who may otherwise be interested in the WILL or estate, or both of ALVIN LEE PHYALL, III.

A PETITION FOR PROBATE has been filed by CEIARA PHYALL in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that CEIARA PHYALL be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 07/29/24 at 8:30AM in Dept. 62 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

THE AMENDED PETITION FOR PROBATE requests that JOHN KENNETH GRIER JR. be appointed as personal representative to administer the estate of the decedent.

THE AMENDED PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 06/17/24 at 8:30AM in Dept. 62 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

THE AMENDED PETITION FOR PROBATE requests that JOHN KENNETH GRIER JR. be appointed as personal representative to administer the estate of the decedent.

THE AMENDED PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 06/17/24 at 8:30AM in Dept. 62 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in

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the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 06/04/24 at 8:30AM in Dept. 99 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

IN PRO PER PETITIONER SHILISE LISA RAMBO AKA LISA BROOKS 806 LOVERN STREET CEDAR HILL CA 75104 5/16, 5/23, 5/30/24 CNS-3812077# LOS ANGELES SENTINEL

NOTICE OF AMENDED PETITION TO ADMINISTER ESTATE OF:

MARY MELINDA HICKS-GRIER

CASE NO. 24STPB02737

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the lost WILL or estate, or both of MARY MELINDA HICKS-GRIER.

A AMENDED PETITION FOR PROBATE has been filed by JOHN KENNETH GRIER JR. in the Superior Court of California, County of LOS ANGELES.

THE AMENDED PETITION FOR PROBATE requests that JOHN KENNETH GRIER JR. be appointed as personal representative to administer the estate of the decedent.

THE AMENDED PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 05/29/24 at 8:30AM in Dept. 20 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner GARY A. FOLTZ - SBN 076423 LESTER, CANTRELL &

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section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner RACHEL KING - SBN 300298 KING LAW FIRM ATTORNEYS AT LAW, INC 34859 FREDERICK ST, STE 108 WILDOMAR CA 92595 Telephone (951) 834-7715 5/9, 5/16, 5/23/24 CNS-3811297# LOS ANGELES SENTINEL

NOTICE OF PETITION TO ADMINISTER ESTATE OF:

BENJAMIN A. WADSWORTH, JR.

CASE NO. 24STPB04783

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of BENJAMIN A. WADSWORTH, JR.

A PETITION FOR PROBATE has been filed by HENRY CASTILLO JR. in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that HENRY CASTILLO JR. be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The WILL and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 08/19/24 at 8:30AM in Dept. 9 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

SHIRLEY WEBER VISITS MANUAL ARTS HIGH SCHOOL

{Continued from A-1}

graduated from landmarks so, Manual is very dear to our heart, 45th and Broadway, walked here to school every day.”

Weber continued, “I had some of the most amazing teachers, amazing mentors, colleagues and friends that have varied over the years and so, this is a very special experience for me.”

“I haven’t been back probably 30 or 40 years on the campus.”

Guests included representatives from district offices including representatives from District 1 Board Member Dr. George J. McKenna III office, Los Angeles Unified Deputy Superintendent Dr. Karla Estrada, Region South Administrator of Instruction Secondary Rafael Balderas, and educator, and former principal of Manuel Arts, Dr. Robert Whitman. Weber was received by student leader-

ing your work around voter registration,” said Estrada.

“We have a lot of seniors here, as you know, who are preparing and embarking on a very, well-prepared journey of the next phase of their lives; and voter registration and being civically engaged is such an important part of that, so thank you for honoring us by being here with us today.”

“Thank you for your ongoing support of our school district and our students.”

Weber shared her journey from Manual Arts to being Secretary of State with the students. She talked about the importance of voting and the difference it can make in their community. She wanted the youth to know that they have power.

“It’s really important that people who live in this community and communities similar to this, around the



Dr. Weber speaks with students.

BRIAN W. CARTER/L.A. SENTINEL

that voting booth, they are as powerful as I am.

“They get one vote, I may be Secretary of State, in charge of 40 million Californians, but I get one vote and each one of you will have an opportunity to have one vote, and that vote is powerful.”

Weber visited with stu-

shared this is the time to be heard.

“You know there are a lot of naysayers out there who want to attack democracy, who are loud and boisterous about it, that’s why it’s so important for those of us who believe in democracy, who believe in the right

out, but to be present because the way you get rid of the noise is you silence them by your action; and so, we want everyone to vote.”

“It was an amazing day, I love seeing the faces of the students and to hear the stories that she had about the school and her experiences here, and how that led her to the path of greatness that she’s in today,” said Flowers.

“For our students to know that you can come from different aspects of life and that does not limit you, was a wonderful thing for our students to hear and for them to share their experience here was amazing, as well.”

Weber spoke about why voting is so important to her and that a lot of it has to do with her family’s history.

“Our house was a polling place, you don’t see that these days,” said Weber. “When you went to vote, we didn’t have church, we didn’t have a school that would let us into the auditorium, you didn’t have a rec center in the community, so what we did, in those days, people volunteered their homes as polling places.”

Weber continued, “My mother was a poll leader her entire life, from the time she came to California, until she passed away. She believed in voting, my dad believed in voting, why? Because without the vote, they were powerless in Arkansas.”

“They couldn’t pick the people they wanted to lead them, they couldn’t participate in the process or anything and as a result of that, my family, all of my brothers and sisters, we are voters.”

When asked what was her favorite subject when she was at Manual Arts, Weber replied, “Mathematics.”

“When I went to UCLA, they made me a math major even though I didn’t want to be a math major, but they looked at my data and said, ‘Oh you’re in the 97th percentile in math on the SAT, you must be a math major.’”

“I liked people more than I liked math, but that was my favorite subject.”

“I loved it and I enjoyed it immensely.”

For more information on voting, please visit www.vote.org.



“Your voice is your power, I tell young people all the time,” said Weber.

BRIAN W. CARTER/L.A. SENTINEL

ship, Manual Arts Principal, Dr. Lavon Flowers, and a performance from the Manual Arts High School cheer squad and band.

“So, first, I want to thank Dr. Webber, thank you for joining us here today but most importantly, for inspir-

state, to actually vote,” said Weber.

“Your voice is your power, I tell young people all the time; your parents tell you that, ‘This is my house, and you can’t do da-da-da’, but one thing I know that happens is when they go in

dents in class where she met a young, clothing entrepreneur with an LLC. She also met with another class in the midst of giving business presentations. When asked about the importance of voting in the midst of a polarizing, political climate, Weber

to vote, who believe in this country, regardless—with all of its flaws, it’s not a perfect place, but we have to vote because this is the best kind of government in the world.

“We need to understand to not let people drown us

ASHANTI BLAIZE-HOPKINS

{Continued from A-1}

band, an executive producer at the CBS station in Dallas. When the two were dating, he got an opportunity to come to Los Angeles to be an executive producer at NBC in LA and asked Blaize-Hopkins to go with him.

She became a professor of Journalism at Santa Monica College. She connected with Stephanie Bluestein, the former president of the greater Los Angeles Chapter of the SPJ, through her higher education network. Bluestein offered Blaize-Hopkins a job opportunity with SPJ, to which Blaize-Hopkins admitted that being associated with the SPJ wasn’t ever on her radar.

“She reached out to me and said, ‘Hey, listen, I have this board position, and there’s a term that’s left because we had this board member pass away suddenly. Might you want to serve the rest of this person’s term?’ At the time, I was like, ‘I don’t know, to be honest with you. My view-

point of SPJ is that it’s not really for people who look like me.’ I said, I haven’t seen a lot of diversity, so I shared those concerns,” Blaize-Hopkins said.



SPJ’s immediate past president Claire Regan swears in Blaize-Hopkins.

COURTESY PHOTO

After thinking over the position and sharing her concerns with her husband, Blaize-Hopkins realized she could complain about the lack of diversity or become the change she wanted to see in the organization. She decided to join the board and shared her view with other board members at that time. To her surprise, many of them agreed that they would either step down to a lower level or step off the board

to make room for more diverse voices.

“For our local chapter, that made me all in because it was like, okay, these are people who care about not only the causes of journalism and press freedoms and making sure we’re cultivating the next generation of journalists, but they also care about the fact that I’m saying to them, this is an issue—they’re saying to me I hear you, I see you, and we’re going to make a change,” Blaize-Hopkins said.

She went from being a board member to quickly being vice president, and within a year and a half, being president of the Greater Los Angeles Chapter of SPJ. In that position, she built coalitions with Southern California journalism organizations, First Amendment advocacy groups, and media unions to lobby the state legislature to pass a bill into law that strengthened press freedoms in California. This was influenced by the many protests across the

country and in Southern California following the George Floyd murder. Blaize-Hopkins wanted to start a dialogue and ensure that someone set ground rules so journalists would be protected while covering protests.

“What we were starting to see is that journalists would be detained, arrested, and injured while covering these protests, by law enforcement. We slowly were getting to the conclusion of the court case against the officer who killed George Floyd. Our concern as a board was that it was not going to be a guilty verdict. If it wasn’t, we were going to see a lot more protests and journalists were going to get hurt. So that concern started to bubble up at one of our board meetings,” Blaize-Hopkins said.

At the time, the national president of SPJ was Rebecca Aguilar, the first Latina to hold that position; she and Blaize-Hopkins had worked together in Dallas years before.



Blaize-Hopkins speaking at the Blue Economy and Climate Action Pathways conference at AltaSea at the Port of Los Angeles.

COURTESY PHOTO

Aguilar reached out to Blaize-Hopkins because she was impressed with the coalition work Blaize-Hopkins had done to increase press freedoms in California legally. Aguilar told Blaize-Hopkins she would be a great future national president of SPJ and wanted her to run. Blaize-Hopkins thought about the impact she could make and decided to run. To her shock, she won and made history as the first Black woman to hold that title.

“Every decision that I make to take on an opportunity, I only take it on if I feel like I can be impactful.

I often have my ancestors in the back of my mind and how much they had to fight just to be seen as human. If I am not taking this life to make an impact in everything that I do, I am dishonoring their legacy. I am dishonoring their fight. That’s really what drives me. I want to make sure that my ancestors are looking down on me and saying, ‘Our fight was worth it. And she’s continuing the fight,’” Blaize-Hopkins said.

For more information on Blaize-Hopkins, visit <https://www.ashantiblaize.com/>.

APRIL VERRETT, SEIU PRESIDENT

{Continued from A-1}

election even more meaningful to all of us in Southern California.”

A native of Chicago, Verrett has deep roots in the labor movement starting with being raised by

her grandmother, a union steward for SEIU Local 46. According to the SEIU website, her grandmother taught her “the values of perseverance, collective action, and

community.”

Her career includes stints as executive vice president of SEIU Healthcare Illinois and Indiana, chair of the union’s National Home Care

Council, co-chair of the National Organizing Committee, and a member of the Finance Committee.

“April Verrett’s visionary outlook and unwavering faith in the collective

strength of diversity inspire us to shape a future where every worker’s voice is not only heard but also valued and respected,” Wheeler said.

“May her trailblazing

journey ignite the aspirations of future generations, demonstrating that representation is not merely an aspiration but a potent force for meaningful change.”

BANK OF AMERICA REPORT

{Continued from A-3}

banking, investing, asset management and other financial and risk management products and services. As small, medium and BIPOC business move forward, Bank of America is

ready to help them along the way.

“Bank of America has served Los Angeles for over 120 years and we’re very proud about that,” said Givens-Jones.

She continued, “Something we are working with businesses more and more is helping them understand the importance of technology in terms of cost savings, collecting payments faster and see-

ing their cashflow in real time.

“We like to meet business owners where they’re at, and understand that Black business owners, in particular, want to do business with individuals that look like

them and they can relate to.

“I am proud that Bank of America has a tremendous roster of senior Black leaders, who are passionate about serving the community to help them succeed.”

For more information on the 2024 Bank of America Business Owner Report, please visit <https://institute.bankofamerica.com/economic-insights/2024-business-owner-report.html>



Mother And Daughter Receive Doctor's Degrees Together at Pepperdine University Commencement

SENTINEL NEWS SERVICE

In a rare occurrence, both a mother and daughter received Doctor of Education degrees in Educational Leadership from Pepperdine University's Graduate School of Education and Psychology during commencement exercises on Saturday May 18.

The mother, Rosalyn S. Robinson has an extensive 23-year career beginning as an elementary school teacher at Wilder's Preparatory Academy Charter School in Inglewood where she subsequently became principal. She now serves as a principal for Aspire Public Schools, a charter



Dr. Taylor Moore, left, and her mother, Dr. Rosalyn Robinson.

school district in Los Angeles.

Robinson received her B.S. degree in Social Science from the University of Houston-Downtown, and her M.S. in Educational Leadership from National University. Her doctoral studies were an extension of her proven visionary leadership and passionate advocacy for diversity, equity, and inclusion (DEI) in K-12 education.

Robinson said, "DEI is essential to creating an educational environment where every student, staff member, and stakeholder brings unique perspectives, experiences, and skills. DEI impacts classroom instruc-

tion by preparing students for a more diverse and interrelated world that empowers them to one day embrace collective action in their communities."

Daughter Taylor S. Manuel Moore, with 10 years professional experience, worked as an academic intervention specialist at Wilder's Preparatory Academy Charter School and later became a school psychologist. Presently, she is a director of Special Education for Inner City Education Foundation Public Schools, a charter school district in Los Angeles.

Moore holds the B.A. degree in Psychology from the University of Califor-

nia, Merced, and an M.S. degree in School Psychology from National University. Her doctoral studies focused on how school psychologists can advocate for systemic change in schools to benefit black students.

She, herself, is a strong advocate for and supporter of children who face underrepresentation and endure a multitude of challenges within the public schools.

"I explicitly advocate for children with disabilities and those of color, and I place a special emphasis on African American students," said Moore.

Both Dr. Robinson and Dr. Moore reside in Hawthorne.

LadyLike Foundation Presents 15th Annual Women of Excellence Awards

SENTINEL NEWS SERVICE

South Carolina Gamecocks Coach Dawn Staley, Los Angeles Dodgers Foundation CEO Nichol T. Whiteman, and Beautyblender founder Rea Ann Silva will be honored at the LadyLike Foundation's 15th Annual Women of Excellence Awards Luncheon and fashion show on Saturday, June 1, 11 a.m., at the Beverly Hilton Hotel.

TV host Nischelle Turner and Emmy nominated actress and producer Gabrielle Nevaeh serve as the event's emcees. The annual luncheon is the non-profit organization's signature fundraising event, which helps fund cutting-edge resource programs, workshops, mentorships,

community service and visual/performing arts for young women in order to challenge them to reach their highest potential.

To date, 85 scholarships have been awarded to inner city girls in Los Angeles with a 3.5 GPD or higher. In addition, all recipients who remain in contact and volunteer with the LadyLike Foundation receive financial assistance throughout their college career and postgraduate studies. 90% of the girls within the LadyLike Foundation come from the inner city of Los Angeles.

The Ladylike Foundation has also made a global impact by funding the education, boarding, and medical care of teenage girls at the Mountain High Interna-



Dawn Staley



Nichol T. Whiteman



Rea Ann Silva

tional School in Ghana, West Africa. The Foundation has also built a restroom, shower house, and beds for all the orphans at the Abosamsu Orphanage in Obuasi. In addition to making the living conditions better for orphans, the LadyLike Foundation has purchased medical insur-

ance for each child at the Abosamsu Orphanage, giving them access to free medical care.

"We are thrilled to honor Dawn Staley," said Leah Pump, founder and CEO of the LadyLike Foundation.

"Dawn defines what it means to constantly challenge yourself to reach your highest potential. From a star basketball player to Head Coach of the Gamecocks, her achievements are remarkable. Under her leadership, the

Gamecocks have reached several National Championships, NCAA Final Fours, No. 1 rankings, WNBA No. 1 Draft picks, and this is just scratching the surface of her achievements.

"Nichol T. Whiteman defines the essence of excellence in philanthropy and giving back to our community," noted Pump. "Her tireless work and dedication on behalf of the Dodgers Foundation has helped improve the lives of so many people in our

city's underprivileged communities."

"Rea Ann is truly an inspirational entrepreneurial success story," added Pump. "Not only did she become one of the most sought-after makeup artists - her invention, the Beautyblender makeup application sponge, became a game-changer in the makeup industry. Rea Ann embodies excellence in entrepreneurship."

The annual event is also known for featuring a runway fashion show with designs for adult women and young ladies. This year, the runway will feature creations by celebrated fashion designer Sergio Hudson.

The 15th Annual Women of Excellence Awards sponsors include Google, Cigna Healthcare and AIDS Healthcare Foundation, among others.

For tickets or to learn more, visit theladylike.com.

Congratulations to a Teen Author

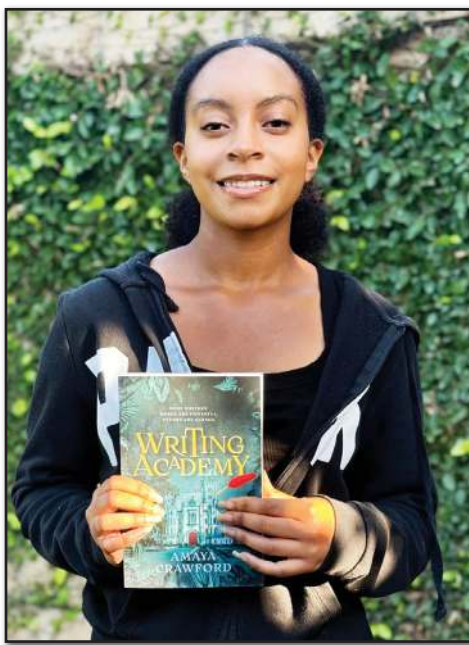
SENTINEL NEWS SERVICE

Amaya Crawford, a 16-year-old member of the Ladera Heights Top Teen has written and published a book, "Writing Academy."

She started writing the book at age 13 and completed it at age 16. Amaya enjoys creating stories and sharing her words with others. She stated, "I find comfort in the ability to express and create my thoughts through writing."

Also, Amaya completes her academic assignments as well as enjoys school activities and participating in the Black Student Union and Ladera Top Teens.

"We are proud of Amaya's accomplishment," said her mentor, Lady Merclean Wilson. "I am proud of our youths and encourage them to keep climbing the ladder of success. There is plenty of room at the top."



Amaya Crawford

Simon Burris: Africana Diaspora Black History Month II Crossword

WE'RE FROM TEXAS: BLACK ICONS

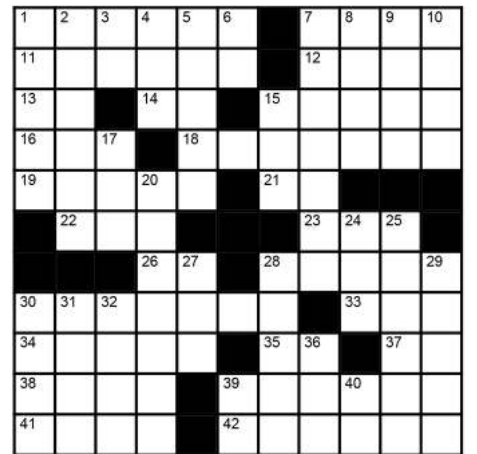
www.simonburris700.com

Across

- 1. **"Chances Are"" singer Johnny ___ [Kilmer]
- 7. **NBA O'Neal's nickname [San Antonio]
- 11. Ailing
- 12. " ___ am I; send me" (Isaiah: 6:8)
- 13. * ___ Augustine of Hippo (Algeria)
- 14. **They call ___ Mr. Tibbs" (S.Poitier)
- 15. **Gymnast icon Simone [Spring]
- 16. ___ for fat
- 18. **Boxing champ George [Marshall]
- 19. **Joplin of ragtime fame [Texarkana]
- 21. *Roker or Sharpton
- 22. *Harriet Tubman; Union ___ (1860's)
- 23. * Basketball Julius Erving's nickname
- 26. Regarding
- 28. "Must be ___ news day"
- 30. **Singer with 24 Grammys [Houston]
- 33. Senior heir (abbr.)
- 34. Brings home
- 35. *Egyptian king (2 Kings 17:4)
- 37. Roman 501
- 38. Service record lease, briefly
- 39. Animal
- 41. Stallone and Stone
- 42. Apple Store product

Down

- 1. Required items
- 2. Tricks
- 3. *Golfer Woods' monogram
- 4. Alter, in a way
- 5. " ___ My Heart in San ..." (song)
- 6. *Director/actor Lee's monogram
- 7. Police badges



- 8. Bridge site
- 9. Length x width, for a rectangle
- 10. Queen Eliz. Security Network (initials)
- 15. ___ ZIL (country)
- 17. High point
- 20. Actor Powell and others
- 24. Abbr. for Release
- 25. **Congresswoman Barbara [Houston]
- 27. Letters
- 28. *Afro-Greek storyteller
- 29. **Barry ___ singer [Galveston]
- 30. ** ___ ic Coleman: first Black female pilot, 1921 [Atlanta]
- 31. **Football legend Campbell [Tyler]
- 32. Yearly (abbr.)
- 36. Off-Broadway hit (play), for short
- 39. Prefix for polar
- 40. Denver, ___

(ANSWERS ON D-2)



Siblings Inducted into High School and College Scholars Societies



Kacey Hall is proud mother of two outstanding students. Her daughter, Toni Arianna Mitchell, left, has been inducted into National Society of Collegiate Scholars at Cal State Northridge College. Kacy's son, Prince-Jeremiah Zion English, right, attends Fairfax High School and was recently inducted into National Society of High School Scholars. Congratulations!



RELIGION

THURSDAY, MAY 23, 2024

www.lasentinel.net

C-2

‘Home of the FaithDome, A History of Crenshaw Christian Center’ Reveals Trailblazing Truths & Insights on its Future

By YUMIKO WHITAKER
Contributing Writer

Bold. Extraordinary. Notable.

One man’s realization of building a bigger boat to serve others is captured by South LA Recap — a digital documentary project dedicated to unraveling the immense history, secrets and stories of South Los Angeles.

The legendary man who left an indelible mark worldwide is Apostle Frederick K.C. Price, Founder of Crenshaw Christian Center (CCC) and Ever-Increasing Faith Ministries. To understand the origin of the FaithDome, one must get to know the man behind its existence.

The 52-minute documentary commanded more than 30,000 views within three days of its May 10th release. It is an intimate and very transparent look

at Fred and Betty Price’s humble start through multiple faith-fueled achievements.

A deep dive into the transfer of the 32-acre parsonage whose front entrance is located at Vermont and 79th, from original owners, Pepperdine University, and the eventual construction of the FaithDome, is replete with very frank reflections from Dr. Betty Price, son and pastor of CCC, Frederick K. Price, and daughter and CCC President and CEO, Mrs. Angela Evans.

Their comments are straightforward and an honest look back, through and inward as a resetting for the ministry’s next iteration.

Its campus includes a thriving nursery and K-12 school, with a solid track record of 100% graduation and 100% college acceptance. With a robust alumni of over 10,000, whip



The film shows Apostle Frederick and Dr. Betty Price walking to the entrance of the FaithDome on opening day.

smart and skilled change-makers are shaping a vibrant world in all sectors of society.

When asked why the story of the FaithDome

should be told, South LA Recap creator, Eric Craig, offered heartfelt thoughts, “Just before I started this documentary, I hit a lull, and didn’t know what I’d

like to explore for my next project. I remember talking with my mom one day about The Recap, and she told me something that sparked this whole journey.”

She said, “You know, I remember I would take your grandmother to the FaithDome for Sunday Service, and she would walk on the campus and look at the manicured lot, the buildings, and the larger-than-life FaithDome in amazement saying, ‘A Black man did all of this?’ “That imagery of thinking about my grandmother who came to Los Angeles by train via Shreveport, and seeing what was possible on the West Coast for Black people was incredible. That struck a chord with the Recap. And it struck a chord with me.”

Craig asserts that through extensive re-

search for this work, which spanned just over seven months, he got a glimpse of why so many other people are moved by the story. Crenshaw Christian Center, which is now 50 years old, “has members who can recount its past in their own personal memories, thinking about their own contributions that made it happen,” Craig states.

He continues, “There is much admiration for Apostle Frederick K.C. Price. He touched many lives. He guided many people who needed it. He introduced God’s Word in a way that no one else had. And his legacy of service through ministry is forever intertwined with the FaithDome. And the Dome is a standing example of what has been possible in South Los Angeles.”

To view the documentary, visit southlarecap.com.



Apostle Price at the construction of the FaithDome.



Above, Fred Price at first CCC site in Inglewood. At right, the FaithDome groundbreaking. Far right, an aerial view of FaithDome and the CCC campus



Holliday’s Helping Hands Sponsor ‘Shop & Shower’ For Homeless



A Holliday Helping Hands volunteer distributes socks and underwear to people attending the event.

STAFF REPORT

Good Shepherd Baptist Church, located at 5120 West 53rd Street in Los Angeles, was the site of the inaugural “Shop & Shower” sponsored by Katina Holliday of Holliday’s Helping Hands (HHH), a nonprofit that specializes in finding housing for this vulnerable population and preparing them to live independent and productive lives.

The event, held on May 17, attracted scores of un-housed individuals taking advantage of the free offerings. Attendees were able to select clothing, take showers if desired, enjoy a nutritious lunch, and receive hygiene kits containing sunscreen in anticipation for the summer months.



Katina Holliday, left, greets a visitor to the Shop & Shower event.

CD 10 and Rec & Parks Unveil Gregory Horn Splash Pad at Jim Gilliam Park



COURTESY PHOTO

After the unveiling, children enjoy the new Gregory Horn Splash Pad at Jim Gilliam Recreation Center.



COURTESY PHOTO

Gregory Horn's family and Council District 10 Chief of Staff Kimani Black, far right, pose in front of the splash pad.



COURTESY PHOTO

Shirts were provided to event attendees with Gregory Horn's face on them to commemorate this tribute to a beloved member of the CD10 community.

SENTINEL NEWS SERVICE

On May 18, the office of Councilwoman Heather Hutt (Council District 10) and the Los Angeles Department of Recreation & Parks united to unveil the Gregory Horn Splash Pad at Jim Gilliam Recreation Center.

According to CD 10 staff, "Horn was a dedi-

cated member of the community, who epitomized the spirit of service and dedication for its residents. His unwavering commitment to empowering youth in South Los Angeles was not only admirable but instrumental in shaping a brighter future for generations to come."

During the event, chil-

dren and families played at the first nearby Splash Pad to ever be built in this area. The event was free and open to the public, and food was provided by The Fix on Wheels, Hot Dog on a Stik, and Kool Kids Snow Cones.

For more information on happenings in Council District 10, visit councildistrict10.lacity.gov.

Kaiser Permanente Awards \$40,000 Grant to Waters' Employment Preparation Center

SENTINEL NEWS SERVICE

Kaiser Permanente Downey Medical Center, on May 10, presented LAUSD's Maxine Waters Employment Preparation Center with a \$40,000 community health grant aimed at helping students pursue healthcare careers as Licensed Vocational Nurses (LVNs).

The new funding will enable LAUSD to purchase brand new training materials for its free Vocational Nursing Program that primarily serves students in Watts. These include Smart Scopes,

Integrated Diagnostic Systems, CPR mannequins, and virtual reality medical training gear, all of which are essential equipment needed as part of the students' LVN

training program.

"One of the things that's very important to our school

in an area like ours here in Watts is our partnerships," said Anna Elsa Madrid, principal of Maxine Waters Employment Preparation Center. "We can't succeed without partnerships; and a partnership, as large as this one, with Kaiser Permanente will have a huge impact on the lives of students here in Watts and the community that we serve."

Lisa Lopez, chief administrative officer, Kaiser Permanente Downey Service Area, said the grant will help develop future LVNs who represent the diversity of the Los Angeles area.

"It's important to have healthcare workers who represent the diversity of our members," she explained. "Research shows that people are more willing to participate in their own healthcare decisions and improve their outcomes when they're receiving care from people from their own community and from individuals who look like them."

As part of this event, Kaiser Permanente Human Resources talent acquisition staff also assisted nursing students with resume-building tips, as well as successful job interview strategies.



COURTESY PHOTO

Lisa Lopez, chief administrative officer, Kaiser Permanente Downey Service Area (left) holding check and Anna Elsa Madrid, principal of Maxine Waters Employment Preparation Center (2nd from right) join dignitaries at the ceremony.

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Amber Weekes to Celebrate Nancy Wilson at the Catalina Jazz Club

By KEITH L. UNDERWOOD
Contributing Writer

“A Lady Sings a Song – Amber Weekes Celebrates Nancy Wilson” is a Southern California vocalist’s homage to the international singing sensation. Weekes is set to perform her tribute to Wilson on June 6, at the Catalina Jazz Club on Sunset Boulevard.

Weekes said she was born into showbiz. Both of her parents are New Yorkers who grew up in Harlem. Her grandparents owned a diner in Harlem called Weekes’ Luncheonette that regularly attracted prominent Black entertainers of the period.

She said her teenaged father served fried egg sandwiches to jazz great Duke Ellington who lived around the corner.

Other musical greats including, Count Basie, Billy Strayhorn, Diahann Carroll, along with young actors Sidney Poitier and Harry Belafonte were also regular patrons of the restaurant.

“We were also around jazz musicians as children,” Weekes said. “My sister and I were used to hearing live jazz in the house.”

Nancy Wilson was one of Weekes and her sibling’s favorite artists, and at the urgings of her mother, they would sing along to Wilson’s recordings at home using the coffee table as their stage.

Weekes’ playtime performances are in part the inspiration for her Nancy Wilson tribute. She also said her parents’ friendship with Wilson’s road manag-



COURTESY PHOTO

Amber Weekes

“She [Wilson] would almost whisper in the way that she spoke,” said Weekes. “She had a great way of firmly placing her tongue inside of her cheek. Oh, she’s going to be elegant about it, but she’s going to have a sense of humor about certain things.”

Weekes noted Wilson’s song “Ten Good Years” as an example of Wilson’s great wit on her “Live at the Coconut Grove” album.

She said to her knowledge, she is the only person to record that song since Wilson. “I always loved the song because she sings it straight, but the lyrics are hysterical,” said Weekes.

ride into the world of romance.

“One of the ways she does that so masterfully is in the song “Midnight Sun,” which I also recorded,” said Weekes.

According to Weekes, her tribute is more of an homage because tribute implies that you sound like the person being honored – in this case Wilson – and Weekes does not.

However, her upcoming Catalina Jazz Club performance is a note of thanks from Weekes’ to Wilson for teaching her how to take her audience on a journey through music.

For tickets and addi-



COURTESY PHOTO

er, Sparky Tavares, was another.

She added, “And so we had her recordings, so there’s that.”

Weekes recalled being encouraged to sing from a young age by family friends and that love of singing is still with her today. “It was something I was always going to do. I don’t know if there was ever a question that I wouldn’t,” said Weekes.

Today, Weekes is perhaps best known for performing live on stage throughout SoCal venues, and her music discography includes the albums “Round Midnight” and “Pure Imagination.” She

self-produced “Imagination” under her Amber Inn Productions label.

Weekes describes her vocal stylings as “honey-dipped cashmere with a drop of sorrel.” She explained, “I’ve never been a belter. I appreciate those who do that and can do that. I’ve always gravitated towards the singers who are more lyrical and who are invested in telling the story.”

Weekes puts Wilson into the latter category because of her classiness, elegance, her ability to engage with the audience in a personal way, and all while wearing beautiful dresses.



COURTESY PHOTO

In addition to Wilson’s comedic storytelling, Weekes said she also admires the way Wilson can take her audiences on a

tional information on “A Lady Sings a Song – Amber Weekes Celebrates Nancy Wilson,” visit www.amberweekes.com.

Angela White (formerly ‘Blac Chyna’) Talks Mental Health at I Love Myself Festival



By KEITH L. UNDERWOOD
Contributing Writer

Actress, model and media personality Angela White, previously known as “Blac Chyna,” was a special guest at the 2nd Annual I Love Myself Festival on May 18. She attended the event with her son, King, and daughter, Dream.

The festival is a life-changing exhibition put on by the Los Angeles Department of Mental Health and Project Pit. The goal of I Love Myself is to bring attention to psychological wellness, especially in the Black community.

Project Pit is a partnership platform that brings together artists, brands, and organizations to deliver socially impactful public events.

Along with the live-stage entertainment, personalities, and vendors, the festival also provides mental health resources. There is a consistent message spread throughout the event that it is okay to use them.

In addition to White’s attendance, special guests performers included singers Omarion and Mario.

White gained worldwide fame in the unscripted series “Keeping Up With the Kardashians” and its spinoff show “Rob and Chyna,” with her then partner Rob Kardashian.

White believes it takes a

strong personality to be in a reality series, but more importantly she feels it takes the mindset of an entertainer to succeed in one.

Two years ago, she separated her “Chyna” persona from her real life. It was a therapeutic process she began after reversing several cosmetic enhancements.

“I’m just focusing on Angela,” said White. “Blac Chyna the brand – she got me through the door. Thanks girl. Angela’s here.”

White, who also stars in the BET drama series “The Black Hamptons,” said events like the I Love Myself Festival is a safe space where Black people can come together and not feel isolated when it comes to navigating their psychological well-being.

“To see all these people,



COURTESY PHOTO

Angela White with her daughter, Dream, at the 2nd Annual I Love Myself Festival.



COURTESY PHOTO

Angela White on the I Love Myself Festival main stage with her daughter, Dream, and son, King.

and the love, and the food, and people dancing, and good music – it feels good,” said White. “It does something to the soul.”

Although Black people have similar or lower rates of common mental disorders than whites, according to a 2019 Health Services Research report, their mental disorders are more severe, persistent, and disabling.

Persons of African descent are also less likely to utilize psychiatric services, and if they receive care, it is usually of lower quality than the care provided to whites. Consequently, the unmet need for mental health care is greater among Blacks than whites.

White thinks the tendency for Black people to avoid mental health care stems from seeing it as a sign of weakness that elicits shame and apprehension.

“A lot of times we don’t want to admit, ‘Hey, I’m going through this or I’m kind of off today,’” said White. “Everybody wants to make it seem as though everything is good. And it’s okay to have those bad days and recognize it, so it doesn’t build up even more.”

She said one of her favorite ways to decompress from a bad day is a nap because it gives her a moment to step away from her problems, so that she can return to them later with a clearer mind.

And when it comes to supporting friends and family during mental crises, White said actively listening to them express their concerns is key.

“If somebody comes to you and says, ‘Hey, this is what I’m going through,’ just listen. A lot of times people want to say, ‘Well,

you’re going through this, well I’m going through this, too,’” said White.

She continued, “Now, I feel [emptier than] before I came to you – I should have just kept my comments to myself. I feel like people should have that open space for the next person that’s spilling their most intimate details and things that are going on in their life.”

White said then a concern can develop that their confidante may use their personal secrets against them. Unfortunately, sometimes these types of dramas can play out on social media.

With a strong following across many online platforms, White has learned that whenever she sends out negativity on social media, she receives it back in return.

“So, when I was putting out negative stuff,” she

explained, “of course I’m going to have negative comments. Of course, I’m going to get backlash. Of course, anything I do – if I blink, anybody is going to hate it, because that’s the energy that I’m putting out.”

Today, White concentrates on putting out good energy, not only on social media but also in her personal life. “People will see that, and that’s the kind of energy I’m getting back,” said White.

White said she is presently concentrating her attention on working more as an actress, the happiness of her children and family, her own health and fitness, and first and foremost, getting closer to God.

Follow Angela White on Instagram @blacchyna, and for more information on the I Love Myself Festival, visit www.projectpit.com.

Student Athlete of the Week: Kaicia Snelson

BY AMANDA SCURLOCK
Sports Editor

Serra freshman Kaicia Snelson had a strong campaign for the Cavaliers girls' basketball team, scoring 12.9 points and 3.8 rebounds per game. Along with being a basketball player, Snelson is ASB vice president of her freshman class.

At an early age, Snelson played flag football and softball along with basketball.

"My elementary school had just started a basketball team and I wanted to try it out," Snelson said. "I was

actually pretty decent so I just stuck with it."

A proud moment for Snelson was when she scored 27 points in a 64-74 loss to the Cantwell-Sacred Heart of Mary Cardinals.

"I was like laid back in that game," Snelson said. "I was doing my stuff that game ... So I was excited."

Along with competing for the Cavaliers, Snelson competes for the Watts Skills Academy travel ball team. Joining the team did not come without setbacks but Snelson remained committed.

"I had to stick to it and play with the team for a



AMANDA SCURLOCK/L.A. SENTINEL
Serra freshman Kaicia Snelson competes on the Cavaliers girls' basketball team and is ASB freshman class vice president.

couple months," Snelson said. "We just got better and we even ended up going to Vegas and won a championship."

The AAU circuit helped Snelson learn how to get to the basket and score, this improved her game when she competed at Serra.

Snelson admitted that being a student athlete can be difficult but she knows that she can thrive through it. Her favorite class is English; her teacher makes the class interesting to her.

"He doesn't just give us work and say 'do this,'" Snelson said. "He talks and he's interacting."

As the ASB vice president for the freshman class at Serra, Snelson enjoys spending time with her fellow ASB members. Playing basketball and being an ASB vice president has given her leadership skills.

"Basketball, you have to talk on the court. You

have to basically know what you're doing," Snelson said. "In ASB, what we do is give out ideas, we plan fundraisers."

Snelson also volunteers for the Pop Warner football teams that her father and uncle coach. When she grows up, Snelson aspires to play in the WNBA and become an orthodontist. She mentioned how wearing braces made her consider the career.

"I like going to my dentist appointments, getting my colors, my wires changed" Snelson said. "All that type of stuff is really fun."

Washington Prep Flag Football Wins Rams Academic Challenge

BY AMANDA SCURLOCK
Sports Editor

The Washington Prep Generals girls' flag football team was honored by the Rams 2023 Academic Challenge. The Generals earned a \$2,500 equipment grant for having the most improved GPA.

"It was a long journey. A lot of us started off [at a] low GPA but we all helped each other by going to extra tutoring hours after school," said Washington Prep senior Taniya Betterson. "We all worked as a team for summer school. Everybody came from a low place, now we all improved."

The Rams partnered with LAUSD, Riddell and USA Football to provide the equipment grant to the Generals.

"It's difficult to try to focus on school and on sports because you always want to try to improve and

be better in sports and then school, it's like a lot of assignments," said Generals sophomore Madison

lard stepped in as coach of the flag football team to help improve their academics while competing on the

"I wanted to make sure that the girls have the proper foundation and enforcing tutoring along with reg-

Academic Challenge program for girls' flag football teams. The 2023-2024 school year also marks the

success of girls' flag football in the past year but it's also amazing to honor Washington Prep," said Rams associate manager of social justice and football development Noel Grigsby. "Excited to celebrate them, to celebrate girls' flag football and their success on and off the field."

The Rams hosted an assembly to honor the accomplishment of the team. Rams manager of corporate partnerships Jesse Thomas shared words of encouragement to the Generals.

"Being a student athlete is such a commitment in itself but to show academic improvement in the midst of a season is really incredible," Thomas said. "It's hard to balance both in any way shape or form."

The Generals girls' flag football team had a 10-7-2 overall record and a 9-5 Coliseum League record in their inaugural season.



AMANDA SCURLOCK/L.A. SENTINEL
The Washington Prep girls' flag football team and academic director Ahmad Mallard pose with a Rams cheerleader and Rams academic challenge reward.

Greene. "You got to make sure you keep up with all your assignments and stay on task."

Washington Prep athletic director Ahmad Mal-

lard noted that he helped the Generals boys' tackle football team win the most improved GPA for the Rams Academic Challenge in 2022.

ular practices," Mallard said. "I'm proud of the girls buy in to the whole process and we made it happen."

This is the first school year the Rams had their

first year that flag football has been sanctioned as a sport in the CIF City Section.

"To be able to add that component is amazing with

Celebrities Compete with Pro Golfers at MB Invitational

BY AMANDA SCURLOCK
Sports Editor

The 10th annual MB Invitational partnered with

the organization Driving Out Cancer (DOC) to host a Pro-Am golf tournament and cancer fundraiser at the Huntington Club in Hunt-

ington Beach. The MB Invitational included a tournament, a Long Drive event as well as a concert.

The Long Drive event featured celebrities teaming up with pro golfers. Among the celebrity golfers were Showtime Laker Norm Nixon and former USC football player Jake Olson. Every celebrity was put in a group with an open division and women's division player.

During the Long Drive event, the teams of three took turns hitting a long drive, the furthest hit would be their score for the round. Nixon was in a group with Mary Driscoll and Sean Johnson.

"They were excited to play with me, I was excited to watch them hit the ball," Nixon said. "Sean Johnson I think was the only guy that hit it about 400 yards."



COURTESY PHOTO
Two-time NBA Champion Norm Nixon competing in the Long Drive event during the MB Invitational.

"Stormin' Norman" Nixon helped the Lakers win their 1980 and 1982 NBA Championships; he also played for the San Diego/Los Angeles Clippers from 1983-1989. He enjoyed competing to help

fight cancer and spending time with pro golfers.

"It was just nice being out there watching how those guys prepare," Nixon said. "You walk on a golf course and it's the most beautiful property wherever you go."

Olson, a native of Huntington Beach, battled and survived cancer in his youth. He ultimately became a long snapper at Orange Lutheran High School and became the first blind college football player in history.

Olson was in a group with Kelly Rudney and Josh Koch. Olson noted how different competing in the Long Drive event was from a typical round of golf.

"In Long Drive, you get this whole crowd behind

you and the speakers bumping music and it's very energized," he said. "It really was this experience that you don't have on a golf course ever."

Olson plays golf at the Huntington Club frequently; he was happy to garner support from the crowd when he was competing in the Long Drive event. He also enjoyed hearing the pro golfers hitting the ball.

"Anytime you're with a professional at that level, that's mastered a craft at that level, it's humbling," Olson said. "There's an athletic dynamic to it, athleticism and how these guys are built, but there's also a work ethic and a mindset, everything that goes into high performance."

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