



Otis Greer – see page A-5



Malcolm Mays – see page C-1

# Men in Support of Kamala Harris Rally Attracts Hundreds of Supporters



E. MESIAH MCGINNIS/LA. SENTINEL

Men of color, along with some women, came out in droves to support for Harris for President.

BY DANNY J. BAKWELL, JR. Executive Editor and CORA JACKSON-FOSSETT Managing Editor

“Kamala! Kamala! Kamala,” roared more than 200 men at a rally outside the Los Angeles Sentinel office on Saturday, August

3, to support Kamala Harris for U.S. President.

The huge gathering, officially called “Men in Support of Kamala Harris – We Won’t Go Back,” was spearheaded by Assemblymember Mike Gipson (D-Carson) and featured representatives of the civic, business, and faith commu-

nities.

Participating organizations included Kappa Alpha Psi, Alpha Phi Alpha, Omega Psi Phi, Phi Beta Sigma, Iota Phi Theta, 100 Black Men, Prince Hall Masons, Baptist Ministers Conference, and several social clubs.

“We are at the brink of

history in the making and your role in that is significant,” insisted Gipson in his opening remarks.

“Today, we want to refute and dispute what the polls have said that men of color are not going to show up for Kamala Harris. With you being here today, we can change people’s

thinking. She is most qualified to be Commander-in-Chief and I don’t have a problem with supporting a woman to be president of the United States,” he said.

“Also, let me talk about raising money. It takes money to win. If we can get 1,000 brother to give \$100 each, well, you do the

math. That’s significant and that’s our goal before the end of September – to raise that kind of money,” Gipson said.

“I’ll end on this note - I am damn tired of this man disrespecting our women. He’s got to know that we’re

{See MEN FOR KAMALA RALLY on A-6}

# Dr. James B. Golden and Tarzana Treatment Centers College Reimage Help for Those Who Need It

BY SHELBY STEPHENS Contributing Writer

Founded in 1972, Tarzana Treatment Centers Inc. (TTC) has integrated behavioral health care with substance abuse, mental health, and physical health treatments in Tarzana, CA. TTC has combined typical alcohol and drug treatment services with medical care, housing, case management, and HIV/AIDS services to form a comprehensive system in delivering professional healthcare.

Most recently, TTC has

expanded their reach to provide training to future service providers through the Tarzana Treatment Centers College (TTCC).

TTCC is deeply committed to addressing the drug and alcohol epidemic, which has disproportionately impacted the African American community, particularly since the COVID-19 pandemic. Chief of Staff and Co-Founder Dr. James B. Golden is using his background and expertise in literature, creative writing, and Black history to reimagine how to help



DOMINICK ARGANA

Dr. James B. Golden

underrepresented areas in Los Angeles and South Central.

Although the college and treatment centers are based in Tarzana, Golden believes that focusing on their two primary goals: improving the quality of care provided to patients and expanding the number of patients who receive that care, deserve proper placement in the areas that directly reflect the need.

In a recent interview with the Los Angeles Sentinel, Dr. Golden discusses the impact of his idols and

those who have inspired him, his passion for services and what he hopes to leave behind as his legacy, and how members of the community can get involved with TTCC.

Salinas, CA native Dr. James B. Golden, is a learning and development specialist with over 10 years of experience in training methodology, design, executive coaching, systems improvement, motivation, cultural competence, and inclusion. He

{See DR. JAMES GOLDEN on A-6}

# Compton Fest 2024 Salutes Local Talent, Entrepreneurs and Change-makers

SENTINEL NEWS SERVICE

Divine Media Group, in partnership with the Mayor’s Office, will present Compton Fest 2024 on Saturday, August 24, at 12 p.m., at Compton Community College, 1111 E. Artesia Blvd., in Compton.

“Restoring The Pride of Compton” is the theme for the inaugural event, which is set to shine a spotlight on local talent, artists, entrepreneurs, future change-makers, and notable figures who are restoring the

pride of Compton.

The event will feature live music performances from Jayson Cash, IAM-Compton, GRAMMY-nominated producer and artist BrVndon.P, and emerging South African artist Kaien Cruz, with many more surprise performances and celebrity attendees.

Attendees can enjoy technology demonstrations, including workshops and activations by Google’s Code Next initiative, facilitating STEM

labs, and panel discussions led by industry mavens in STEM, sports, film, TV, and music.

Compton Fest will honor six-time NBA All-Star DeMar DeRozan with the Icon Award, Hip Hop Icon YoYo with the Legend Award, and media executive Fuzzy West with the Impact Award.

The community honorees include Alma Farms, Divas & Drummers of Compton, Compton

{See COMPTON FEST on A-6}



COURTESY PHOTO

The Compton Fest production team includes, from left, Alvin Addo, Ravyn Neal, Esq, Mayor Emma Sharif, DeMira Pierre and Carol Hood.

# Prosperity Market Host Black Business Scavenger Hunt

SENTINEL NEWS SERVICE

This month, Prosperity Market—the mobile farmers market spotlighting Black farmers, food producers, chefs, and entrepreneurs in Los Angeles—hosts its annual Black Business Scavenger Hunt (August 1-25). Scavenger Hunt participants embark on a journey across the city to discover local Black-owned shops, restaurants, and more.

In honor of Black Business Month (August), Prosperity Market founders Kara Still and Carmen Dianne created an interactive map with 100+ Black businesses across food, fashion, wellness, entertainment, and more, encouraging Angelenos to visit and support as many locations as possible in order to earn points and win prizes.

“We started Prosperity Market in 2020 when we learned that 41% of Black-owned businesses were

forced to close during the pandemic, and four years later, many businesses are still struggling. Initiatives like the Scavenger Hunt that encourage people to discover and visit Black-owned businesses around Los Angeles are especially timely and important and really can make a difference,” says Dianne.

“Our mission is to fill in the gaps where we see Black-owned businesses lacking support, from consulting on branding and customer engagement to identifying funding opportunities, offering grant-writing assistance, and improving production capacity for retail products in our new commercial kitchen,” continues Still.

“We do a lot of behind-the-scenes work to help Black-owned businesses, but the Scavenger Hunt is a way to include the wider community and have some fun along the way.”

Participants can visit

<http://www.prosperitymarketla.com> to view the map of participating businesses and text #BBSH24 to the number (323) 417-0465 to join the Scavenger Hunt, and earn points by texting the keyword for each business when they visit.

The participants with the most points collected by Sunday, August 25, will win special prizes to be revealed at Prosperity Market’s pop-up event on Sunday, September 1, hosted by Hilltop Coffee & Kitchen Slauson.

Prosperity Market will take over Hilltop’s parking lot and their new mobile trailer will make its public debut. Other neighborhood businesses will take part in the celebration by activating in their respective locations with music, promotions, and activities. The winners of the Black Business Scavenger Hunt will also be announced and prizes will be distributed during the event.

**BLACK BUSINESS SCAVENGER HUNT**  
AUGUST 1 - 25

**ARTS, BOOKS, & EDUCATION**  
Art + Practice  
Collab Dance Studio & Creative Space  
DMST Atelier  
Malik Books  
Octavia's Bookshelf  
Reparations Club

**BEAUTY & WELLNESS**  
444IV  
Black Being  
Contented Nail Parlor  
Curly Girl Luv Beauty Supply  
G-Train Fitness  
Glow + Flow Beauty  
Hair Reborn by Phoenix  
Image N You Ultrasound Studio  
MackFit Training Gym  
Meet Me in the Dirt  
Nena's Organics  
Pamper U  
Quirose  
Relaxed and Restored  
Superstar Hair & Wigs  
Sweat Pilates  
The Tree Yoga Cooperative  
The WalkGood Yard  
Beauty & Wellness  
Thirteen Lune

**CO-WORKING / EVENT SPACE**  
LA Create Space  
The Connect  
The Gathering Spot

**COFFEE SHOPS**  
Cafe Ruisseau  
Coffee Del Mundo  
Creme Brulee LA  
Dam Good Coffee  
Good Coffee Shop  
Hilltop Coffee + Kitchen  
Jellyman  
Lou The French On The Block  
Obet & Del's  
Sip & Sonder  
Sweet Valentine Bakery

**FOOD TRUCKS**  
Ahh Huevo  
College Boy Cheesesteaks  
Compton Vegan  
Crenshaw Juice Co.

**GROCERY / MARKET**  
Carla's Fresh Market  
Grace Bank Holistic Market  
Kathy's Kitchen  
SUPMRKT  
The Good Water Co.

**SERVICES**  
Bubbly Mat Laundry  
Space Age Printing  
Studio D Contract Finishes

**RESTAURANTS**  
1010 Wine and Events  
Acele Bamboo Jamaican Cuisine  
All Chill  
Alta Adams  
Caribbean Soul Kitchen LA  
Cea-Lo LA  
Cooshi Cakes  
Crustees  
Earlies on Crenshaw  
Flavors from Afar  
Fresh & Meaty Burgers  
Giti Thai  
Griz N Wafflez  
Harold & Belle's  
Honey's Kettle Fried Chicken  
Janny's Kitchen  
Juice-C-Juice Books & More  
Lena & Duke's  
Restaurants  
Loveli Duo  
Mel's Fish Shack  
ORA  
Pips On La Brea  
Planet Health Compton  
Post & Beam  
Pucker Up Lemonade  
Robeks San Fernando  
Sammiche Shoppe  
Say Cheese  
Sky's Gourmet Tacos  
Slauson Deli  
SOLA Po Boys  
Southern Girl Desserts

**RESTAURANTS**  
Stevie's Creole Cafe on Pico  
Stuff 'n Eat  
The Original Coley's  
The Snoball Shop  
Voodoo Vegan

**RETAIL & SHOPPING**  
Adams Wine Shop  
Afo City Marketplace  
CJ's Elegance  
Cultural Interiors  
Free the Trappers  
Retail & Shopping  
Heritage Farmers Market  
High Fidelity  
Hyland  
Josephine & Billies  
Kutula  
LaBreaB Stylehouse  
My Black Beauty Box  
Nappily Naturals  
Neighbors Skate Shop  
Pillar by Colour Bloc Creativ  
Pineapple Mama Vintage  
Runway Boutique  
Spaces by Bricks & Wood  
Supervsn  
Tansy  
Teach to Reach  
The Local Collective Market  
The Plant Chica  
Union  
Zoe's Vintage

**PLAY. DISCOVER. WIN.**  
Text #BBSH24 to 323-417-0465 to join to hunt!  
ProsperityMarketLA.com

### How to use this graphic

Help spread the word about the Black Business Scavenger Hunt and help promote L.A.'s Black businesses by taking a snapshot of yourself with this graphic when visiting a partici-

pating Black business. Make sure to tag @lasentinelnews and the business on Instagram (or Facebook or X) and the Sentinel team will repost it and the business to the Sentinel audience.

The participants who mention L.A. Sentinel the most while visiting participating businesses will win a special LA Sentinel/Taste of Soul prize pack at Prosperity Market's Scavenger Hunt finale pop-up on Sept. 1.

## Art Aids Art Presents 'Legacy of Charles White'



From left to right: Leo Limon, Glen Iwasaki, Anthony Cox, Faustino Caigoy, George Evans, David Monkawa, Kirk Silsbee, and Dean Toji.

SENTINEL NEWS SERVICE

Art Aids Art presents “The Legacy of Charles White,” a group exhibition showcasing the work of White’s former students from the Tutor/Art program.

The exhibition is on display through August 29 at

the Altadena Main Library, 600 East Mariposa Street in Altadena. More than 30 artworks are featured by 11 artists: James Borders, Faustino Caigoy, Anthony Cox, George Evans, Glen Iwasaki, Stuart Iwasaki, Kay Lew, Leo Limon, Colie Lowe, David Monkawa,

and Kirk Silsbee. Charles White was an American painter, printmaker and teacher known for chronicling African American related subjects in paintings, drawings, lithographs, and murals. One of his bestknown works, The Contribution of the Negro

to American Democracy, was completed in 1943 at Hampton University. In 2021, the university received a grant from African American Cultural Heritage Action Fund to assist with the preservation of the historic mural. Charles White lived in

Altadena with his wife and children.

Tutor/Art provided formal fine arts education for high school students, primarily of color, in the Los Angeles area following the Watts riots. The featured artists, now in their 70s, have remained in contact for over 50 years. The exhibition celebrates their transformative experience under White’s tutelage.

According to a spokesperson, “The diversity of the artists’ backgrounds and lifetime trajec-

tory is broad, but they share one thing in common: an enduring love and respect for the man who inspired them to render their unique points of view into visual art.

“The exhibit has special significance in Altadena given that it is the home of Charles White Park, the only public park in California named after an African American visual artist.”

Admission and parking are free. To learn more, visit <https://www.altadenalibrary.org/art>.

## BHERC Presents 26th Annual Reel Black Men Short Film Showcase

SENTINEL NEWS SERVICE

The Black Hollywood Education and Resource Center (BHERC) will host the 26th Annual Reel Black Men Short Film Showcase. The event will be held Saturday, August 10, at 4 p.m., at the Director’s Guild of America, 7920 Sunset Blvd., in Los Angeles.

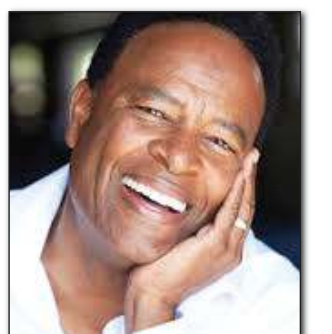
The event will be hosted and moderated by William Allen Young, an actor, director and philanthropist. He has performed in more than 100 stage, film and television projects such as “9-1-1,” “Lone Star,” “CSI: Vegas,” “Code Black,” and “Moesha.” Also, Young is the founder of the Young Center for Academic & Cultural Enrichment.

“This year, we are proud of these amazing filmmakers and their films. If given the opportunity, these outstanding filmmakers will impact Hollywood for generations to come,” stated John Forbes, BHERC executive director.

The BHERC Reel Black Men Short Film Showcase features some of the nation’s talented emerging Black male filmmakers and each screening will include a dialogue following each film block.

“We are honored to spotlight emerging Black male directors and other diverse creatives. Now more than ever, we must support our Black storytellers and creatives who work to increase Black representation, stories and images in Film and Television. I extend my Congratulations to this year’s Class of 2024,” stated Sandra Evers-Manly, BHERC president.

The Class of 2024 Filmmakers include J.R. Aristide (“Port of A



Actor William Allen Young will host the showcase.

Prince”), Cameron Tyler Carr (“Harlem Fragments”), Christopher J. Cole (“Terminally III”), Beverick Deculus II (“NANY”), Ryan DeForest (“My Brother & Me”), Dominique Draper (“Hell of A Child”), Fiyin Gambo (“Chosen”), Justice Gamble & Alex Benjamin (“Wow”), Luke Harris & MyQueal Lewis (“Danny Boy”), Joshua Kissi (“It Takes A Village”), Ramon Lyons (“Rhythm & Blues”), Joshua Mori (“Tomato Soup”), Andre Muir (“Chosen”), and Aristotle Torres (“Silent Partner”).

Past Reel Black Men filmmakers include Ryan Coogler (“Black Panther,” “Creed”), Nate Parker (“The Birth of A Nation,” “#American”), Malcom D. Lee (“The Best Man,” “Space Jam: A New Legacy”), and Tim Story (“Barbershop,” “Fantastic Four”). Many of these filmmakers have received honors and recognition for their achievements and artistry in the film and television industries.

“During this year’s showcase, I am proud to share we will announce our new initiative to develop films that address some of the most critical health-related and other issues in our community,” added Evers-Manly.

**MOTHERS IN ACTION**

See You There!

**Back to SCHOOL**  
Health Fair

26th ANNIV.

**SATURDAY**  
**AUGUST 10, 2024**  
8:00am - 11:00am  
Participants set up by 7am

**EXPOSITION PARK**  
3998 Hoover St. (Green Lot)  
Los Angeles, CA 90037

**Drive-thru Only**  
Pre-Registration Required  
To pick-up a fully loaded backpack and more...

TO REGISTER please call (323) 290-0456 or email us at [mothersinactioninc@aol.com](mailto:mothersinactioninc@aol.com)

TO DONATE ZELLE or CASH APP MOTHERS IN ACTION at (213)706-5831

**CHAIRS** Fabian Wesson • Yvonne Wheeler

**CO-CHAIRS** Danny J. Bakewell Sr., Bakewell Media •  
• Assemblymember Reggie Jones-Sawyer • Councilmember Heather Hutt  
Councilmember Curren Price • Councilmember Marqueece Harris-Dawson  
School Board Member District #1 George McKenna

USC  
BANK OF AMERICA  
healthnet  
Foodbank  
METRO  
BROTHERHOOD Crusade  
RFP INSURANCE  
CITY NATIONAL BANK

# Turn the house you want into the home you own



Our **Community Homeownership Commitment**<sup>1</sup> can help. Get up to **\$17,500** when combining down payment and closing costs grants. (Restrictions apply.)

<p><b>\$10,000</b></p> <p>Up to \$10,000 toward your down payment when combined with our 3% down mortgage<sup>2,4</sup></p>	<p> </p> <p>+</p> <p> </p>	<p><b>\$7,500</b></p> <p>America's Home Grant<sup>®</sup> covers up to \$7,500 in eligible closing costs<sup>3</sup></p>
---	----------------------------	--

Learn more at [bankofamerica.com/homeowner](https://bankofamerica.com/homeowner)



What would you like the power to do?<sup>®</sup>

You are invited to apply. Your receipt of this material does not mean you have been prequalified or preapproved for any product or service we offer. This is not a commitment to lend; you must submit additional information for review and approval.

<sup>1</sup> **Down Payment program and America's Home Grant program:** Qualified borrowers must meet eligibility requirements such as being owner-occupants and purchasing a home within a certain geographical area. Maximum income and loan amount limits apply. Minimum combined loan-to-value must be greater than or equal to 80%. The home loan must fund with Bank of America. Bank of America may change or discontinue the Bank of America Down Payment Grant program or America's Home Grant program or any portion of either without notice. Not available with all loan products; please ask for details.

<sup>2</sup> **Additional information about the Down Payment program:** Down Payment program is available with one mortgage product. Program funds can be applied toward down payment only. Borrowers cannot receive program funds as cash back in excess of earnest money deposits. Down Payment Grant program may be considered taxable income and a 1099-MISC will be issued. Consult with your tax advisor. May be combined with other offers. The Bank of America Down Payment Grant program may only be applied once to an eligible mortgage/property, regardless of the number of applicants. Homebuyer education is required.

<sup>3</sup> **Additional information about the America's Home Grant program:** The America's Home Grant program is a lender credit. Program funds can only be used for nonrecurring closing costs including title insurance, recording fees, and in certain situations, discount points that can be used to lower the interest rate. The grant cannot be applied toward down payment, prepaid items or recurring costs, such as property taxes and insurance. Borrowers cannot receive program funds as cash back.

<sup>4</sup> Maximum income and loan amount limits apply. Fixed-rate mortgages (purchases or no cash out refinances), primary residences only. Certain property types are ineligible. Maximum loan-to-value ("LTV") is 97%; and maximum combined LTV is 105%. For LTV > 95%, any secondary financing must be from an approved Community Second Program. Homebuyer education may be required. Other restrictions apply.

America's Home Grant, Bank of America Community Homeownership Commitment, Bank of America and the Bank of America logo are registered trademarks of Bank of America Corporation. Bank of America, N.A. Member FDIC. Equal Housing Lender. © 2024 Bank of America Corporation. Credit and collateral are subject to approval. Terms and conditions apply. This is not a commitment to lend. Programs, rates, terms and conditions are subject to change without notice. MAP6616171 | BAAM2406100

# SoCal NOMA Hosts Architectural Summer Camp for Minority Youth at ELAC

By RODD A. AMOS  
Contributing Writer

The National Organization of Minority Architects Southern California Chapter (SoCal NOMA) hosted its 2024 ‘Project Pipeline’ Architectural Summer Camp on August 3 at East Los Angeles College in Monterey Park. The four-day camp is designed to expose historically under-represented youth ages 10 through 18 to the built environment and architectural profession.

“We want our architects to look as diverse as the communities we serve,” stated Matthew Trotter, incoming president of SoCal NOMA.

grander numbers is surprising to us.

“Project Pipeline serves as a solution to increase the number of underrepresented minorities pursuing careers in architecture and move the numbers on those statistics,” she continued.

“Our main focus is middle school students who matriculate through our introductory program. Our Architectural Bootcamp is geared toward high school students, and provides a deeper dive into the tools, techniques, and technologies used by architects and prepares them for college.”

The camp took place on four consecutive Saturdays,

conclusion, students presented a fully essential project that addresses an issue in their city.

“And we recruit students from the community,” Trotter added. “We partner with school districts in underrepresented communities, churches, after-school programs, the [Parent-Teacher Association], Boys & Girls Club, YMCA—any organization that works with youth in their normal programming.”

SoCal NOMA teaches the basics of architectural design, including mapping, site investigation, sketching, scaled drawings, and presentation using free 3D model-



Electrice Harris with NOMA volunteers.

we design buildings,” continued Harris. “They have to have air, electricity, light, and water. We have

buildings.

“I’m proud of the process our students go through, from shy to light-bulb. We took them through the 5-step architectural design process, and they’re presenting their

projects to their parents and sponsors. We’re fostering the next generation of designers, civic leaders, and change-makers. They’re ‘superheroes,’ and that’s what I’m most proud of today,” she concluded.



NOMA campers.

“We have a rich history. Even though we were founded by African American and Afro-Latino architects, the organization is not exclusive to Black architects. It’s open to everyone who believes in our spirit and mission of further diversifying the spirit of architecture.”

In 2022, The National Council of Architecture Registration Board reported that of 122,000 licensed architects working in the US, only two percent were Black, four percent were minorities, and even fewer were women.

“The data on the under-represented numbers of architects in this country is staggering,” stated Electrice Harris, vice president of SoCal NOMA.

“For a profession that has existed since the beginning of time, not having people of color involved in

and the students were guided in their projects by design professionals who provided mentorship throughout the camp, including design workshops and architectural field trips. By the program’s

ing software like Rhino, SketchUp, and Adobe Dimension. An Artificial Intelligence (AI) component has been added this year.

“The built environment is not just for architects—

professional engineers as mentors for all that. This program is well-rounded and all-inclusive. There’s a place for pretty much everyone in every capacity that has anything to do with



A happy NOMA camper displays her project.



NOMA staffers.

Stantec Platinum Sponsor, Jessica Cooper added, “The work at SoCal NOMA and Project Pipeline is as important to architecture as a profession as the communities these future designers will serve. These students are some of the best and brightest minds in STEAM. No doubt, they will go on to become architects, planners, engineers, and more. It is an honor to be a part of this program again this year.”

For more information, visit <https://socialnoma.org/project-pipeline/>.

# Entertainment And Sports Celebrities Tee Off at LAUL’s Annual Celebrity Golf Classic

SENTINEL NEWS SERVICE

The Los Angeles Urban League held its annual Celebrity Golf Tournament, on Monday, July 29th at the prestigious and scenic Calabasas Country Club. The event brought together over 150 enthusiastic golfers, community leaders, Los Angeles Urban League partners, and celebrities to enjoy a day of friendly competition,

the highest true social parity, economic empowerment and civil rights for Los Angeles County marginalized communities. We look forward to continuing this tradition and making an even greater difference in the future.”

The tournament, produced by Hammond Entertainment, kicked off at 10:15 am after Grammy-nominated singer-songwriter Jonathan Butler’s

committee including co-chairs Stanley Washington and Keith Drake, as well as Marc Jones. Participants competed in various categories, including Longest Drive, Closest to the Pin, and a thrilling Hole-in-One challenge.

In addition to the competitive spirit on the greens, the event was also a significant fundraiser, featuring a silent auction, with all pro-



Guests pose before playing an exciting game of golf.



LAUL President CEO Cynthia Mitchell-Heard, center, welcomes celebrity guests to the golf tournament.

Insurance, The KIS Foundation, Beverly Hills Mercedes, Californians for Energy Independence, First American Title Insurance, Lendistry, Torrey Pines Bank, IBEW Local # 11, Jenkins, Gales, Martinez, and Noel Massie Family Foundation.

For over a century, the Los Angeles Urban League has stood as a beacon of

hope and a champion of social justice, tirelessly working to uplift fellow Angelenos, explained a spokesperson.

“Through its mission, the Los Angeles Urban League helps African Americans and others in marginalized communities achieve their highest true social parity, economic self-reliance and civil

rights. Striving to create a society where all individuals, regardless of their background or circumstances, the Los Angeles Urban League is providing equal opportunities for individuals to thrive and achieve their full potential,” he said.

For more information on the Los Angeles Urban League, visit [laul.org](http://laul.org).

breathhtaking views, and inspiring philanthropy.

“We are immensely grateful to everyone who participated in and supported the 2024 Los Angeles Urban League Celebrity Golf Tournament,” said Cynthia Mitchell-Heard, president and CEO of the Los Angeles Urban League.

“The funds raised will make a significant impact on our efforts to achieve

incredible rendition of the National Anthem, with celebrities Anthony Anderson, Cedric the Entertainer, Byron Scott, Coach Mike Woodson, California Senator Steven Bradford, Kathleen Bradley, James Loney, Michael Irby, Mike Hill, Chris Hale, Willie Gault, Dondre Whitfield, Marcellus Wiley, and Glenn Dorsey hitting the golf course with the event’s

ceeds going towards the Los Angeles Urban League scholarship programs to support young students, families and its core pillars which are Education, Advocacy, Workforce Development and Entrepreneurship. This year’s event sponsors included U.S. Bank, AT&T, Stocker Street Creative, Beverly Hills Wealth Management, Loeb & Loeb, Atlanta Life



More than 150 people participated in the golf classic.

# Otis Greer Helps Drives San Bernardino into Sustainability

BY MYKO LYRIC  
Contributing Writer

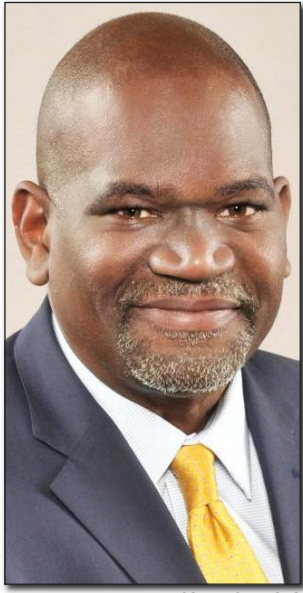
Within the walls of transit authorities across California, there are thousands of trailblazers who are instrumental in improving the quality of life for their local communities. Otis Greer, director of Legislative and Public Affairs at the San Bernardino County Transit Authority (SBCTA), is one those unsung heroes.

“The SBCTA is responsible for managing all the major infrastructure that takes place in San Bernardino County. [We] are like the Metro organization in Los Angeles,” Greer explained.

As the director, Greer manages the relationship that the SBCTA has with state and federally elected officials.

“I basically build the relationship. Once you have the relationship built, you can have a team begin drafting a grant application to build that infrastructure, like a bridge,” he said.

Greer is an initial and integral part of the process that has improved travel options to and from San Bernardino. An example of improvements he has aided in include the implementation of the metro link from the Inland Empire (I.E.) to



Otis Greer

Los Angeles, which stops in Rancho Cucamonga, Upland, Claremont and Pomona. He was also instrumental in extending the I-210 to the Inland Empire (I.E.)

One of the most significant SBCTA projects that Greer had a hand in propelling forward is the anticipated addition of the Zero-Emission Multiple Unit (ZEMU) train in San Bernardino County, which is built on a prototype that is a clean Diesel Multiple Unit (DMU) train.

“The ZEMU has been designed for years, but it’s the first of its kind in North America.

[It] was tested and built overseas, brought to Utah and tested, then delivered [to San Bernardino] several weeks ago. It will begin to go through a series of testing to make sure it complies with California state requirements,” Greer explained.

The ZEMU provides a sustain transit option for residents and visitors, as it uses hydrogen with water vapor as a byproduct, reducing air pollution in an area that is negatively impacted by pollution.

“Folks have been mov-

ing out to the I.E. in search of a good home for some time. The goods movement kind of changed everything. They [the goods movement] were looking for a warehouse, and they found space here,” Greer recalled.

“But now, we have lots of trucks and planes...and an increase in home buyers and a lack of transit options for commuting to work. This is a place that has a lot of air quality concerns...our agency is really doing its best to try to balance it.”

As someone committed to the sustainability and higher quality of life for the environment and population of San Bernardino, Greer urges state and federal partners to understand the scope of their climate goals.

“We have some policy disagreements with some members of the legislature in Sacramento. The state recognizing climate issues has led to strict laws. We get that, and we want to do our part with ZEMU and other technology. But if we took every single car off

our freeway, we would still not meet their target goals,” he said.

Greer noted, “I’d really like there to be a clear understanding. Yes, we really need to meet these targets but not at the expense of communities like San Bernardino.”

For Greer and the SBCTA, the journey continues to ensure sustainability and improved technology for San Bernardino communities, but the highly anticipated ZEMU train is a quantum leap in the right direction.



The ZEMU train arrival in San Bernardino.

# Joshulyn Syler Beautifies the Homeless Using a Big Heart

BY XENNIA HAMILTON  
Contributing Writer

Compton native Joshulyn Syler has not always had an easy life. She was homeless at one point in her life and struggled to



Joshulyn Syler

find somewhere to call her own.

Joshulyn is now at a better point in her life and has decided to help others who may be facing residential hardships as well. Joshulyn has started a non-profit for herself that specializes in not only helping the homeless community in not only looking good but feeling good about themselves, as well by simply doing their hair for free.

“I came up with the concept of my non-profit from just trying to figure out what I really wanted to do with my life as far as career choices and what my calling and purpose is here on earth until my time is up,” she said.

The non-profit has helped many of the participants find themselves again along with their self-esteem. “I don’t have nothing, but I’m doing this because I know some of these women can’t see past their eyelids,” Joshulyn said.

She added that she also started the program after seeing first-hand how some services regarding the housing in our state were taking a long time to help others. This includes Joshulyn herself as she waited months to not only get an apartment, but also even waiting to receive furniture. Her program not only helps women, but men as well.

“I helped a guy with his retwists. He had a job interview, and I said, ‘You can’t go like that,’ so I hooked him up and did his retwists,” Joshulyn said. She even helps those who may be going through hard times due to bringing a new life in the world.

“I helped a couple who had a baby. I made baked chicken and asparagus and gave it to them, so they don’t have to worry about anything but taking care of the baby,” Joshulyn said.

“I didn’t want to do anything that would take away from being able to service and uplift people that can’t see past maybe a trying time in their life.” She has also helped mothers and families who may have simply had not the best luck in life.

“Examples of families that I have worked with would be families with three or more children that feel overwhelmed and just giving them the comfort of one less thing to worry about,” Joshulyn said.

“Or what about the disabled/elderly who are unable to travel out and receive services. These happen to be my most favorite because a lot of people don’t have the knowledge nor patience to perform basic tasks to help those in need.”

Joshulyn is currently studying to receive her AA in Sociology to help her community as well.

“Naturally, I have been a nurturer and encourager to many, starting with myself. So, it was easy to decide to do what I’ve already been doing for years and now I can truly put all of my heart into it,” Joshulyn said.

She finds her clients by speaking with those systems and programs that are already involved in the homeless community. “I attend many different resource programs, and I participate in groups and case management referrals,” noted Joshulyn.

She hopes that, with the community’s help, her non-profit will grow in to a bigger operation that has a

deep impact in changing the lives of others for better.

“The end goal of my nonprofit is to eventually become a successful company that helps shelter families within the homeless

system and provide services,” Joshulyn said, “including, but not limited to: self-awareness and empowerment, mental health services, transitional housing and support services into permanent housing with furni-

ture funds to help take the stress of moving and getting setup into the new home, mental health services, food pantry and resource workshop and aftercare even after being situated.”

When asked why she does what she does to help others out, she feels it is simply her duty to help others shine as bright as they could.

“If not me, then who?” Syler asked.

## MEN FOR KAMALA RALLY {Continued from A-1}

going to protect our women! We won't go back to the day where our voices were marginalized and overlooked. We won't go back because we're moving forward to claim our rightful place in the future. Today, we shatter the false narrative and make it unequivocally clear that we are supporting and standing strongly with Kamala Harris," concluded Gipson.

"I cannot say enough about all the motivated and strong men who showed up today in support of the Harris for President Campaign. Far too often Black men and their effectiveness and abili-

ty to stand up and be counted in an election effort are discounted and dismissed, but today we have stood up to demonstrate that we will not be ignored, our voices will be heard, and our votes do and will matter in this election," said Danny J. Bakewell, Jr., Sentinel executive editor and president of The Bakewell Company.

"We have come together to put in the work necessary to get Vice President Harris to be our 47th President of the United States!"

Others in attendance included Tony Vasquez of the California Equalization Board, former Council Presi-

dent Herb Wesson, Gardena Councilmember Mark Henderson, Carson Councilmember Jawane Hilton, Carson Councilmember Cedric L. Hicks, Sr., former Inglewood Councilmember Dr. Danny Tabor, CSUN Professor Dr. Boris Ricks, Port Commissioner and Labor Leader Steve Neal, Crenshaw Chamber of Commerce President JC Lacey, Crenshaw Chamber Board Member Leonardo Cablayan, and a host of other community leaders and advocates from across the city.

To learn more about the campaign, visit [mensupportingvpharris.com](https://mensupportingvpharris.com).



E. MESIAH MCGINNIS/LA. SENTINEL

Sentinel Executive Editor Danny J. Bakewell Jr. said the voices of Black men will be heard.



E. MESIAH MCGINNIS/LA. SENTINEL

Assemblymember Mike Gipson outlines why Black men are endorsing Kamala Harris..

## DR. JAMES GOLDEN {Continued from A-1}

won the 2012 NAACP Image Award for his second volume of poetry entitled "Afro Clouds & Nappy Rain" and the Jesse Redmon Fauset Award for his latest book, "Bull: The Journey of a Freedom Icon."

Dr. Golden earned a Doctor of Psychology degree from Phillips Graduate University, a Master's of Humanities from Tiffin University, and a Master of Public Administration degree from Cal State Northridge. He has worked as a curriculum advocate, K-12 teacher, and developer of educational programs throughout Los Angeles.

After being recruited by TTC to develop a training program for their 1,500 employees, Dr. Golden was called into treatment due to his extensive knowledge and experience in professional training.

When asked about the start of TTCC, he shared, "The blend of these two fields was kind of perfect. I didn't think I would be opening a college, I thought I would onboard as a consultant for a year but right before the end of my first year - I've now been there for six years - TTC asked if I would be able to open a school specifically to train counselors and better infuse our principals in L.A. and that was the beginning. My parents were both community activists and they both held the title of NAACP President."

The Inaugural Salinas Poet Laureate has a passion for activism and equal rights. His writing has been recognized by the National Steinbeck Center as a "phe-

nomenal work of art." During National Poetry Month (April 2014), Dr. Golden unveiled the historical official city Poem for Salinas entitled "Wave to Salinas."

He has been an active participant and speaker at the National Hip-Hop Political Convention, Hip-Hop Think Tank Academic Conference, and The National Council for Black

has done, the work that has been done around putting arms around Black and Brown people and giving them a place that is properly and professionally developed and created on this UCLA level without the high costs to students."

When discussing TTCC Dr. Golden explains, "I started developing and writing all the curriculum in

amazing drug counselors. We bring in videos, articles, guest speakers, and data that has been collected by Black and Brown bodies so we can understand that we are also a part of the solution aside from the learning. I want my students to be proud and to know that we're not doing what other schools are doing. When I went through my doctoral

explain the potential outcome of substance abuse.

"In their first month of class, the students have to complete a critical analysis and comparison between the opioid epidemic and the crack epidemic, specifically how people who used crack in the 80s and 90s were treated and seen in the media, and how the response from the govern-

actively engages in supporting the unhoused population, along with those needing assistance with job placement and employment, and individuals who have been justice-impacted in L.A. Their outreach team prioritizes working in the field to connect with real people who experience real hardship.

With the help of his staff and students, Dr. Golden has committed his life to raising awareness about the urgent issues that have plagued the Black community for decades. He encourages the community to get involved to advance this mission of comprehensive and inclusive health-care.

"We need students from every demographic and background in every corner of L.A. We need all races and people who speak different languages because this is a social movement. We need our college to reflect our community if we're going to heal. If you can come and get trained and go back to your community, they're more likely to listen and feel more comfortable speaking," he said.

"We have written so many programs where we can almost subsidize all our students. I don't think people should have to pay to go to school to help the community. I want the community to know that we need you and we need Black and Brown counselors."

Learn more about the Tarzana Treatment Centers College, enroll in class today, or find out how to get involved online at [www.ttccollege.org/](https://www.ttccollege.org/).



DOMINICK ARGANA

Tarzana Treatment Centers College Alumni and Panelists: Bruce McDaniel, Fred Griffin, Mona Asadi, John Hunter, Eloy Cruz, and Raymond Diaz.

Studies Conference. Dr. Golden's books are currently being used on high school and college campuses around the country as proactive and provocative literature.

"My biggest inspirations have been James Baldwin, Nikki Geovanni, Langston Hughes, and Audre Lorde. I love this idea of being able to impact Black and Brown communities with a school that would greatly impact our world," he noted.

"We went through all the State approvals and through the Office of Education to make something that could leave a legacy in our community similar to the work that Charles Drew

2019, for all our programs. We have eight different programs that we offer along with substance abuse counseling programs for people who want to assist in drug counseling. I wrote the first medical peer support program in that state and that program is now being taught in multiple jails and prisons in California. As an activist and a writer, if I'm asked to create a college and the classes, we are going to tell the truth.

"We will not solely listen to Western voices or uplift white supremacy in our curriculum, we are going to give students a wide variety of people who look like them to study to ultimately become these

program, we studied White men that passed away; Sigmund Freud, Abraham Maslow, etc. who had great ideas but never lived in South Central, never lived in Watts.

"Relation and relatability are key. How can we discuss the opioid epidemic through the lens of rappers today who are dying from opioid overdoses as no one is talking about it in that perspective? We wrote the curriculum for students to be approachable so when they do go in the field to Nickerson Gardens, they can easily relate to the community they serve. Prince died of an opioid overdose, that's very different from using clinical language to

ment. It's alarming for the students to learn that terms like crack head, crack baby, or crack mother was a form of racism and directly meant to wear down our community."

In the pursuit of improving the quality of care to minority patients, this selfless profession requires consistent attention to the students, patient care, along with removing barriers in accessing services, broadening these services to ensure comprehensive care, and providing staff with the infrastructure they need to do their job effectively.

In addition to their efforts in combating substance abuse, TTCC also

## COMPTON FEST {Continued from A-1}

Country Club Initiative and Color Compton.

Also, Impact LA will host their 5th annual #Kobe-Day of service at Compton

Fest, providing free food, backpacks, and school supplies to children 18 years and under, aiming to break The Guinness Book of World

Records for the most backpacks given away in one day.

The event will also provide access to health and wellness resources from

AIDS Healthcare Foundation (AHF), Touch Black Breast Cancer Alliance, BEXA Equity Alliance, and Charles R. Drew School of

Science & Medicine.

Other partners include Big Brothers and Big Sisters of Greater Los Angeles, Rugby Football Club

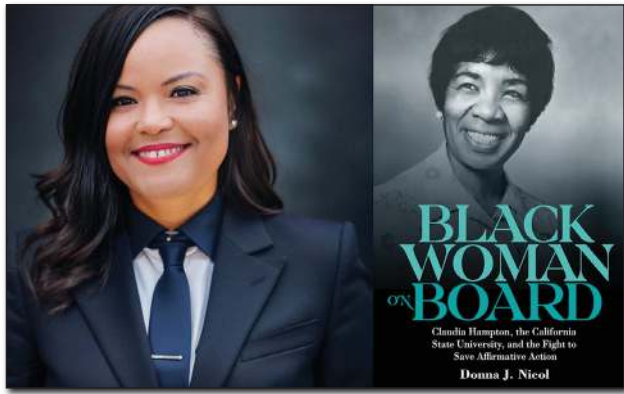
of Los Angeles, Chick-fil-A at Firestone & Garfield FSU, Bank of America, and the National Black Musicians Coalition.

# Dr. Donna J. Nicol Headlines 'OASC At the Bilbrew' Series

SENTINEL NEWS SERVICE

Our Authors Study Club, Inc. hosts Dr. Donna J. Nicol, author of "Black Woman on Board," as the next featured guest in the "OASC At the Bilbrew" author talk series. This event will take place on Saturday, Aug. 10, from 11 a.m. to 2 p.m., at the AC Bilbrew Library, 150 E. El Segundo Blvd., in Los Angeles.

Dr. Nicol, associate dean of Personnel and Curriculum in the College of Liberal Arts and professor of history at California State University Long Beach, will



Dr. Donna J. Nicol

offer attendees insight into the university boardroom.

Her groundbreaking book, "Black Woman on Board: Claudia Hampton, the California State University, and the Fight to Save Affirmative Action," uncovers and explores the crucial role Black women educa-

tional leaders have played in advancing access and equity in higher education and in a broader context for all. The presentation will focus on Dr. Hampton, the first Black woman trustee and later the first woman chair of the California State University (CSU) system board. Dr. Nicol will delve into Hampton's twenty-year fight (1974-94) to increase access for historically marginalized and underrepresented groups within the CSU system, highlighting how Hampton navigated white backlash against changes brought on by the

1960s Civil Rights and Black Power Movements. Dr. Anthony Asadullah Samad, executive director of the Mervyn Dymally African American Political and Economic Institute (MDAAPEI) at California State University, Dominguez Hills, will serve as moderator.

"As we witness history in the making with Vice President Harris's potential presidential nomination, understanding the legacy of Black women's leadership in education becomes crucial," says Lura Ball, OASC president.

"The strategies and resilience demonstrated by leaders like Dr. Hampton have direct implications for how we view and support Black women in positions of power today."

"We invite everyone to join us in learning about the women who created tools to shatter glass ceilings." Says Lura Ball.

Admission is free to the public. However, space is limited. An RSVP is requested online at [www.tinyurl.com/OASC810](http://www.tinyurl.com/OASC810). To learn more, visit [www.oascla.org](http://www.oascla.org).

# Crenshaw Chamber of Commerce Holds 91st Breakfast Mixer

BY DOMINIQUE SATTERWHITE Contributing Writer

The Crenshaw Chamber of Commerce celebrated its 91st Anniversary with a Breakfast mixer at South LA's, The Beehive. The event consisted of guided tours of SoLA Tech (neighboring next door to the event), breakfast catered by Dulan's Soul Food with small treats from Robek's Smoothies and a panel of speeches from special guests.

The host for the event was the Chamber's new president, JC Lacey. While he has always coordinated community outreach events, this year his focus was to bring together the people who have the power and access to change the trajectory of business circulation and resident equity.

The panel started with Armen Ross, the chamber's former president and now vice president, who opened by commending the efforts

of Lacey, who is serving his first term as president. Ross also shared a little history of the chamber.

"When the Chamber first started in 1933, an average home cost was \$1,505 and a car cost about \$460. We have come a long way and still have more to see," said Ross, who added that the Crenshaw district was "the mecca of car dealerships" in the beginning of its inception, which stimulated business for its residents.

Soon after, the Baldwin Hills Crenshaw Plaza was built as the first mall in the United States, and because of this, Ross said that the chamber should "honor and promote the legacy of the Crenshaw District."

Next, Ross introduced Sherri Francois, chief impact officer of SoLA Impact, a non-profit foundation and social impact real estate fund. Its mission is to provide housing to low-income families in Los

Angeles and access to business, education and opportunity.

Located next to the venue, SoLA Impact's facility is the first-of-its-kind in South L.A. Powered by Riot Games, the 13,000 square-foot center features 30 high-powered iMacs, 30 MacBooks, 15 iPads, a digital production and podcast studio, Live Nation Music Jam Room, Entrepreneurship Lab powered by Silicon Valley Bank, Oculus Quest VR headsets, video game consoles, arcade games, and 40 gaming PCs in the new state-of-the-art Esports & Gaming Arena. Francois announced that the company will open a new center in the Crenshaw District by 2025 "to continue quality exposure to Black and Brown tech entrepreneurs."

In his remarks, Councilmember Curren Price exclaimed, "Welcome to the New 9th!" Describing his excitement over the



Assembly member Issac Bryan, right, inducts new board members Leo Cablayan, Theodora Oyie and Tatiana Roberts.

development of his district "as nothing short of a dream," Price said, "I've urged over the years to bring business and opportunity to the neighborhoods that need it and in an accessible way."

Assemblymember Issac Bryan spoke next as he talked about his work for his community and how it still inspires him. He reminisced on how far he has come.

"The Beehive is a special place. I remember Sydney Kamlager had her induction ceremony right

outside this space. Now I stand in her place doing the work we always talked about accomplishing."

He said that he "still takes his meetings in his district, still lives in the district, and still eats in his district."

Bryan added that he is woven into Crenshaw and proud to continue to be its advocate. "We have the Olympics and Paralympics coming to the city soon and we need to set equity and funds aside for the Black businesses in the districts. We don't want

features or advertising, we want business, customers, resources and investment."

Jacqueline Dupont-Walker delivered closing remarks and left everyone charged while reminding the community that, "we are connected and we can help each other thrive."

"Money may help things move, but voting can make things change. So November 5th is an important day for all of us," stressed Dupont-Walker.

"You tell 10 people and tell them to tell 10 people. So on and so forth, we could potentially get 100 people to vote on our own. So let's not waste our power this year and let's show them how bad we really are."

The sponsors of the mixer were Kaiser, LADWP, City First Bank, City National, RCC Partners, USC, UCLA, SoCal-Gas(board seat), Community Champions, and Dulan's Soul Food.

# Price Dedicates South LA Greenway: A Major Step in Revitalizing Slauson Avenue

SENTINEL NEWS SERVICE

Over 500 neighbors, partners, and community organizations gathered on Aug. 3 to join Councilmember Curren Price in dedicating the South Los Angeles Greenway. This transformative initiative aims to revitalize Slauson Avenue, introducing new green spaces, recreational areas, cycling and walking paths for neighbors to enjoy.

The dedication ceremony featured County Supervisor Holly Mitchell, LADWP Commissioner Wilma J. Pinder, Recreation & Parks General Manager Jimmy Kim, Metro Chief Planning Officer Ray Sosa, and SLATE-Z President/CEO, Zahirah Mann.

"By working in sync and locking arms, we are making significant strides in enhancing the well-being of our community, providing much needed green spaces,



Councilmember Curren Price, left, city official and community members participated in the dedication ceremony.

and improving pedestrian and cycling infrastructure," said Price. "Years from now, we will all enjoy the beauty of a more welcoming Slauson Avenue."

The festival offered family-friendly activities and valuable resources for attendees, complimentary breakfast and lunch, a fruit and vegetable distribution, planting activities, a nature walk, a tree tour, bird watching, a scavenger hunt, sound baths, yoga, and more.

"I was honored to cele-

brate with Councilmember Price and South LA residents what will become a network of parks and green spaces connected by biking and walking paths," said Mitchell.

The South LA Greenway project supports the community's needs and the future of environmental sustainability. The efforts in CD 9 complement Metro's \$143 million Rail to Rail (R2R) project, which is converting abandoned rail lines into shaded areas with trees,

walking and biking paths, and improved lighting.

The Greenway will intersect a string of three new neighborhood parks in the 9th District: the Slauson Connect Recreation and Education Center; Sen. Bill Greene Memorial Park and Slauson & Wall Park, all in various stages of development.

"Working with our City family and local partners, we have been able to continue to transform former vacant LADWP properties into community green spaces that help connect the South LA Greenway," said Commissioner Pinder.

The Sen. Bill Greene Memorial Park, in partnership with LADWP, is


breathing new life into a vacant lot on Figueroa and Slauson that has sat empty for over 40 years. This park will include an amphitheater, an outdoor fitness area, a tree canopy, and more.

The Slauson Connect Recreation and Education Center along Slauson Avenue, between Normandie and Budlong Avenue, will provide local youth with opportunities in digital media arts, such as broadcasting and game design. The state-of-the-art community hub will feature pedestrian and bike pathways, a green screen studio, a multipurpose editing and gaming lab, a day-care center, afterschool programs, a vegetative roof

terrace, and much more.

The Slauson & Wall project is redeveloping a city-owned block to include a four-acre park, as well as commercial and retail space, and over 500 residential units, with 50 percent designated as affordable housing. It will also include playground equipment, a picnic area, a basketball court, greenery, and a pedestrian path.

"Our proposed South LA Greenway is an intentional strategy to foster a healthy and more livable community," Price added. "The local parks, bike paths, and walking trails create a unique opportunity to promote family-friendly infrastructure."



**Congresswoman NANETTE BARRAGÁN**

**Free Senior Briefing and Health Fair**

**Join Congresswoman NANETTE BARRAGÁN for her Free Senior Briefing and Health Fair.** Congresswoman Barragan will update you on her work fighting for seniors and protecting Social Security and Medicare. A free hot lunch will be served at 12 PM.

**Friday, August 16, 2024**  
9:00 AM – 2:00 PM

**Carson Community Center**  
801 E. Carson St.  
Carson, CA 90745

- Free eye exam**
- Free blood pressure check**
- Free diabetes screenings**
- Free dental screening**

**To attend, please call (310) 831-1799**  
**or email your rsvp to: [RSVPBarragan@mail.house.gov](mailto:RSVPBarragan@mail.house.gov)**

**BLACK FAMILY REUNION**

**NCNW**  
Commitment. Unity. Self-Reliance.  
Southern California Coalition



**SATURDAY, AUGUST 17TH**  
**10AM TO 5PM**  
**FAMILY POWER UNITES US!**

3720 West 54th Street, Los Angeles, CA 90043

Join us for a **FREE** day of Family Fun, while uniting to create memories and learn more about NCNW's CORE 4:

- Economic Empowerment
- Health Equity
- Social Justice
- Education and S.T.E.A.M.
- Vendor Booths
- Sponsorships
- Entertainment
- Fun Filled Day for Families

**Opportunities:**





Contact: [socalcouncilhouse@gmail.com](mailto:socalcouncilhouse@gmail.com)

• DR. MAULANA KARENGA •

# Calling the Question on Kamala's Identity: Communal and Moral Meanings of Being Black

We are at a critical historical moment of the amassing, movement and meeting of progressive forces in this country to protect the people from Trumpian fantasies and promises of fascism, save and make real democracy, regain and defend freedoms, and lay the basis for achieving a future of inclusive engagement and shared good for all. And at these meetings we must now call the question, stop debating issues already decided, and vote, not on Kamala's ethnic Blackness, but rather vote for vital issues, issues essential to our freedoms, our future and our effectively moving forward.

This red herring issue of VP and presidential candidate Kamala Harris' ethnic identity has already been engaged, discussed and definitively established by the evidence of her genetic heritage, her communal embeddedness and embrace, and her own self-definition. And we must not let ourselves or our allies be diverted or divided by the latest attempts of the Mad Hatter of MAGA land, suffering from his own identity issues of being White or orange and from racial and religious delusions of being the chosen one and the ultimate fixer of every problem except himself.

It is a fundamental and firmly held principle in Kawaida that our oppressor cannot be our teacher, especially in matters of critical importance. Indeed, there are some things we must never allow our oppressor, enemy, or opponent to question or define for us. Among these are: our humanity; our particular unique and equally valid and valuable African way of being human in the world; our equal and inalienable human rights; and our self-defined identity as a person and a people.

These essential questions and answers of who we are as Africans and human beings, our human rights and responsibilities,

and the fundamental mission and meaning of our lives are ours and we must be rightfully and rigorously attentive to them in every way relevant and required.

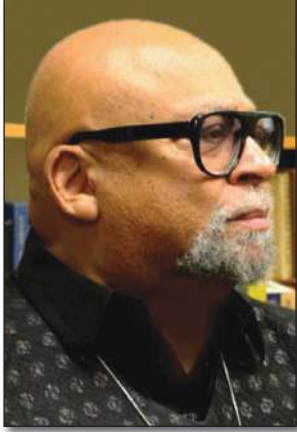
Indeed, self-definition is a form of self-determination, an essential practice of freedom. The second principle of the Nguzo Saba is Kujichagulia, self-determination, and it is a moral imperative "to define ourselves, name ourselves, create for ourselves and speak for ourselves". Again, then, we must not let our oppressor or others define us or find ourselves discussing what they said rather than reaffirming who we are by the defining qualities of our sensibilities, thought and practice which reflect the best of our interrelated ethnic, cultural and moral identity.

For as we have consistently taught, one of the greatest and most pernicious powers of an oppressor is the ability to define reality and make others accept it, even when it's to their disadvantage and contributes to their own oppression. And in any struggle, this points towards and often ensures psychological, cultural and political defeat.

The critical thing in all of this, then, is not Kamala's racial or ethnic identity which has already been evidentially, personally and communally confirmed. The essential issue is her agenda, national and international agenda, and how it reflects the best of what it means to be Black, American and human in the fullest meaning and potential of these interrelated identities. What she must be rightfully and regularly attentive to is the constant striving to lead the country to a larger and more moral concept of itself and to policies and practices which reflect this new self-understanding.

If she is true to the ancient and ongoing ethical tradition of Black people, she realizes that Black is not only an ethnic or racial identity, but that it also carries

with it a moral identity and duty, which calls for a leader to strive constantly to guide rightly and to create conditions and capacities for a meaningful participation



DR. MAULANA KARENGA

and shared good for all.

In the Sixties, during the Black Power Movement phase of the Black Freedom Movement, we asserted that the defining features of Blackness were color, culture and consciousness. To speak of color is to speak of phenotype with multiple variations on a theme and of genotype, a genetic heritage reflecting membership in a historically evolved cultural community called African or Black. For us, culture meant and means a system of views, values and practices which are the basis of our self-understanding and self-assertion in the world.

Among these defining views and values are profound respect for and commitment to: (1) the Transcendent in spiritual and ethical terms; (2) the rights and

dignity of the human person in all their diversity; (3) the well-being and flourishing of family and community; (4) the integrity and value of the earth; and (5) the reciprocal solidarity and cooperation for common good of humanity as a whole.

To speak of consciousness in that time of turbulence and testing in the midst of the Black Freedom Struggle, both its Civil Rights period and its Black Power period, has lessons for us today. It was to speak of consciousness not only as awareness of the world. It also carried the meaning of awareness of self in both historical and cultural ways so that we could honor the consistent servants and all-seasons soldiers in our freedom struggle who came before us by continuing their legacy, building on it and expanding it.

Consciousness also meant for us active self-knowledge, a coming-into-consciousness as a people rooted in a history and culture of struggle for good in the world and deriving a sense of identity, purpose and direction from it.

This understanding is framed by Nana Dr. Martin Luther King in his first speech in Montgomery on the eve of his rising to national and international leadership. He tells us that we as a people must struggle in such a way that people and "historians will have to say there lived a

great people, a Black people, who through their struggle injected a new meaning and morality in the veins of civilization. This is our challenge and overwhelming responsibility."

It is in the teachings of Nana Fannie Lou Hamer who reinforced the morality of remembrance in her teachings, telling us we must "never forget where we came from and always praise the bridges that carried us over." And we can only honor, praise and remember them rightly by embracing the dignity-affirming, life-enhancing and world-preserving views, values and practices that have grounded and guided us for centuries and made us one of the most respected moral and social vanguards in this country and the world.

Key here is for Kamala as candidate and president to come to the table constantly concerned with the promise and task of expanding the realm of freedom, justice, equity, peace and other shared goods in this country and the world, and for us and all her supporters to hold her to her promises, and encourage her to listen to young people, activists and others who have energized her campaign and not pick a vice-president that hinders and harms her awesome motion forward.

And it also, means helping her to move beyond the policies of elites and empire,

of racial and religious favoritism, the dignity-denying deference to wealth and warmongering, the unquestioning and immoral support of the undeniable evil of allies, and the radically evil acceptance of the domination, deprivation, degradation and destruction of peoples different and vulnerable in this country and around the world.

Thus, candidate Kamala must prefigure in her campaign the kind of governance and society she will work to build in unity and struggle with all the people: Native Americans, African Americans, Latina/o Americans, Asian Americans, Arab Americans, European Americans and other diverse Americans.

Only then can the freedom, justice and future proposed and promised become a lived reality and shared good. For as our honored ancestors taught, "If you know the beginning well, the end will not trouble you".

*Dr. Maulana Karenga, Professor and Chair of Africana Studies, California State University-Long Beach; Executive Director, African American Cultural Center (Us); Creator of Kwanzaa; and author of Kwanzaa: A Celebration of Family, Community and Culture and Introduction to Black Studies, 4th Edition, www.OfficialKwanzaaWebsite.org; www.MaulanaKarenga.org.*

• JOE W. BOWERS JR., CALIFORNIA BLACK MEDIA •

## Trump Struggles to Counter Harris's Campaign Momentum, Resorting to a Game Plan Stuck in the Past

Since Pres. Joe Biden decided not to seek re-election, Donald Trump has struggled to find his footing in a campaign that was previously geared toward attacking Biden's age and fitness.

His performance at the National Association of Black Journalists (NABJ) Convention last week highlighted his inability to redefine his new opponent, Vice President Kamala Harris. Trump's comments, particularly his questioning of Harris's racial identity, failed to resonate with the audience and underscored his reliance on divisive rhetoric.

Trump's response to Harris's candidacy has focused on personal attacks rather than her record or Biden's policies. He has used nicknames like "Lafin Kamala, Lying Kamala, and Phony Kamala" and he has concentrated on her race - her father is Black Jamaican, and her mother is East Asian Indian.

At the NABJ convention, Trump clashed with a panel of Black women journalists, accusing Harris of "switching her race" to gain political advantage. "She was always of Indian heritage, and she was only promoting Indian heritage. I didn't know she was Black until a number of years ago when she turned Black, and now she wants to be known as Black?" Trump claimed.

This approach, intended to sow doubt about Harris's authenticity, instead highlighted Trump's persistent use of racially charged rhetoric. His failure to adequately address issues relevant to the Black community, such as the rising cost of living, small business support, maternal mortality, voting rights, and police reform, further alienated the NABJ audience.

Harris, who attended Howard University, a historically Black university (HBCU), and is a member of Alpha Kappa Alpha (AKA), a Black sorority, has been

measured in responding to Trump's divisiveness. At a Sigma Gamma Rho sorority event in Houston, she stated, "The American people deserve better. The Ameri-



Vice President Kamala Harris and former President Donald Trump.

can people deserve a leader who tells the truth. A leader who does not respond with hostility and anger when confronted with the facts."

Harris, as a multiracial American, has the ability to "code-switch" - a skill many people of color use to navigate various cultural environments and connect with diverse audiences. This skill allows her to authentically engage with different communities, whether she is rigorously questioning Supreme Court nominees, addressing issues at historically Black colleges and universities, or hosting Diwali celebrations. Codeswitching is not about deceit but about adapting communication styles to resonate with different groups, a testament to her

versatility and relatability.

Trump's inability to grasp this concept underscores his disconnect from the experiences of people of color and multiracial Americans. Instead of recognizing code-switching as a valuable skill, Trump has tried to frame it as deceitful. This tactic plays into a broader narrative Trump has pushed that questions the authenticity of people who do not fit into a narrow, often racially homogenous, mold.

In contrast to Trump, Harris' campaign is focused on issues resonating with a broad spectrum of voters, such as voting rights, women's reproductive freedoms, and economic inequalities. Her message of inclusivity and progress stands in stark contrast to Trump's attempts to rekindle fears of a changing America. She has even begun defending her border record, releasing a video framing her as pro-border security.

Trump's reliance on racially charged rhetoric reinforces his image as a candidate stuck in the past. Harris can use Trump's attacks to her advantage by staying focused on her message of unity and progress.

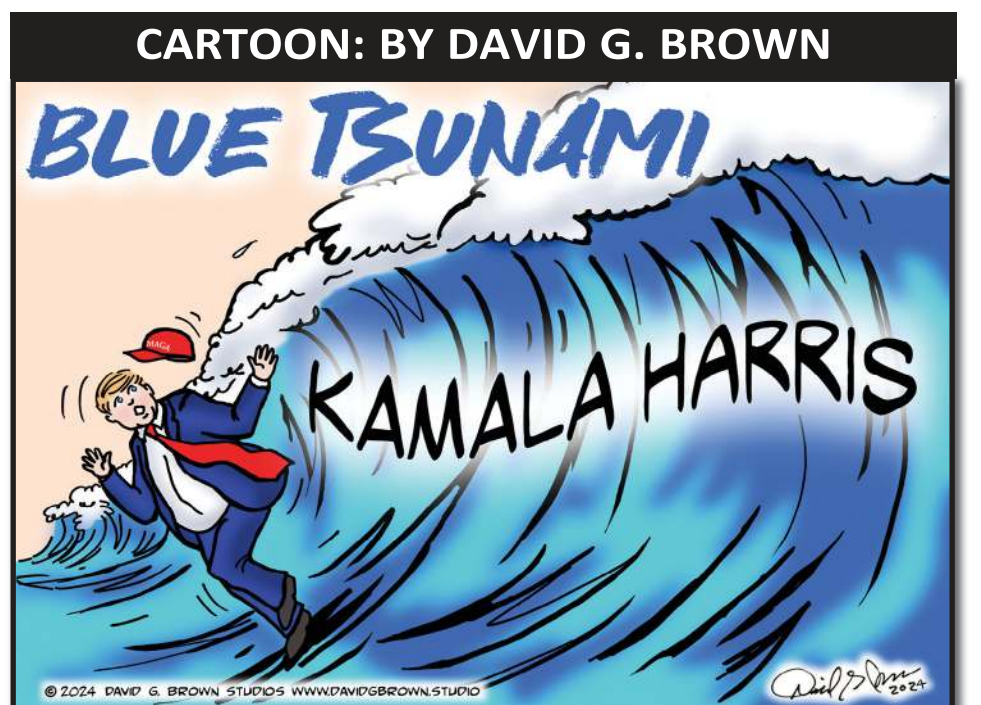
Harris' campaign mentioning the "weirdness" and outdated nature of Trump's worldview may prove effective.

She is presenting herself as the candidate of the future. This framing helps her cast Trump and his allies as out-of-touch with modern American values as she and her surrogates point out the rollback of rights spelled out in the ultra-conservative Project 2025 agenda, which includes proposals to restrict voting rights, undermine reproductive freedoms, weaken environmental protections and rewrite parts of the Constitution, such as the 14th Amendment which grants citizenship rights.

As we approach the November election, we can expect the contrast to become starker between Trump's provocative rhetoric that yearns for a return to an ambiguous bygone era of American greatness and Harris' upbeat message that imagines a unified, forward-looking, stronger America where our diversity is an asset.

In an increasingly multi-racial and multi-cultural America where there are tendencies to focus on the concerns that divide us, it is incumbent on both candidates to build their candidacies on a commitment to inspire voters to collectively pursue the best possibilities for our country and for all Americans.

We are all in this together.



### THE LOS ANGELES SENTINEL

- DANNY J. BAKEWELL, SR.**  
*Executive Publisher / CEO*
- DANNY J. BAKEWELL, JR.**  
*President/Executive Editor*
- BRANDI BAKEWELL**  
*Executive Vice President - Administration & Finance*
- PAMELA A. BAKEWELL**  
*Chief Advisor to the Chairman*
- NICOLE WILLIAMS,**  
*Vice President, Special Events/Projects*
- CORA JACKSON-FOSSETT,** *Managing Editor/Religion Editor*
- AMIRA ELSWIFY,** *Office Mgr./Taste of Soul Operations*
- TAMELA MITCHELL,** *Executive Assistant to the Chairman*
- KIM MCGILL,** *Production Manager / Designer*
- BETTI HALSELL,** *Digital Editor/Staff Writer*
- AMANDA SCURLOCK,** *Sports Editor*
- HALEIGH SCOTT,** *Copy Writer*
- CLIFFORD RUSSELL,** *Advertising*

- BRENDA MARSH-MITCHELL**  
*Executive Assistant to the Publisher, Member of the Board of Directors (2004-2014)*
- ANGELA HOWARD**  
*Production Manager/Designer (1986-2023)*
- JENNIFER J. THOMAS**  
*Publisher (Ret.)*
- KENNETH R. THOMAS**  
*Publisher / CEO (1983-1997)*
- RUTH WASHINGTON**  
*Business Manager / Publisher (1948-1990)*
- COL. LEON WASHINGTON JR.**  
*Founder / Publisher (1933-1974)*

NATIONAL ADVERTISING REPRESENTATIVE: Amalgamated Publishers 45 W. 45th St., New York, NY 10036 (212) 869-5220 - and - 2400 S. Michigan Ave., Chicago, IL 60616 (312) 842-0200  
Member: Audit Bureau of Circulation, City News Service, Associated Press, California Newspaper Publishers Association, National Newspaper Publishers Association, National Newspapers Association.  
**HOW TO REACH US**  
Main Number (323) 299-3800  
(ISSN 089-4340) is published weekly on Thursday for \$60.00 per year, \$40.00 for six months. Foreign countries \$120.00 per year, \$60.00 for six months by Los Angeles Sentinel, Inc. 3800 Crenshaw Blvd., Los Angeles, CA 90008. Periodicals Postage Paid at Los Angeles, CA.  
Postmaster: Send address changes to Los Angeles Sentinel, 3800 Crenshaw Blvd., Los Angeles, CA 90008. The Los Angeles Sentinel is not responsible for any unsolicited manuscripts, photographs or related materials.  
Copyright © 1998 Los Angeles Sentinel  
Entered as Second Class Matter March 2, 1947 at the Post Office of Los Angeles, California Under the Act of MARCH 24, 1879 Established 1933.



# Coach Wendy

Life Strategist / Consultant  
Author / Speaker

## If You Stay Ready, You Won't Have to Get Ready!

Sometimes things happen around us at the speed of light and we can feel totally out of control. This past weekend, I had to travel to Vegas for a business conference and a drive that normally would take us less than four hours took approximately nine hours because of a truck on the 15-freeway going north had an explosion causing the whole freeway to shut down. We were at a loss because we had no idea what happened and how long the freeway was going to be closed. As we consulted with Waze, we were diverted to side streets and alternate routes that became extremely packed and moved what felt like a snail's pace. People were getting restless, and their lack of patience caused them to make moves that created accidents. This added additional time to us being on the road. It was painful. When we finally reached



the conference, we found out the next day that the same trip took some of the attendees up to twenty hours to get there. When the conference was over and we returned home, we experienced an earthquake. Of course, I am used to earthquakes because I was born and raised in Southern California my entire life, but it does not mean we welcome them each time they come. A couple of weeks ago, I also shared how I experienced my first tornado

when I went to Chicago to help my husband with some things regarding his home there. All these recent experiences made me stop and think about the necessity of being prepared for the unexpected. The pandemic made most of us stop and take inventory of certain things such as keeping enough water, toilet paper, and canned goods on hand. We also started taking assessment whether we had flashlights, first aid kits, but most of us have not kept that mindset and practice in place. There are several things we need to make sure are not only in stock but are also in their proper order for when any unexpected situation may arise. Remember, if you stay ready you will not have to get ready. Here are a few things that I highly recommend.

1. Do you have a Trust or Will, and do you have them in a safe place

that will be protected in case of fire or flood. Also, make sure your loved ones know where they are.

2. Do you have your financials listed out so that you can have quick access to them if needed.
3. Do you have your passwords in a place in case we lose internet access or if there is a breach and you cannot get on the computer to access them.
4. Do you have a safety system set up for your family to follow in case of an emergency.
5. Do you have enough water and food to last for up to a week in case things get shut down.
6. Do you have a backup generator in case your electricity goes out.
7. Do you have some cash on hand in both your home and car in case ATM machines are shut down.
8. Women, do you have some flat comfortable shoes in your trunk in case you have to end up walking to get to safety.

9. Get to know your neighbors and develop a buddy system.
10. It is also a good idea to have something to protect yourself from those that may try to take advantage of you or the situation. Do you carry mace pepper spray? Do you know any form of self-defense? There are so many things we could add to the list, but this is a great place to start. It is also good to stay tapped into your local authorities and if you have a neighborhood watch. There are also apps today such as Next Door, Ring, and more that can help you stay up to date and connected if something were to happen. Nothing beats preparation!

*Healing Without Hate: It's a choice. It's a lifestyle. Pass it on.*

Visit [www.WendyGladney.com](http://www.WendyGladney.com) and [www.forgivingforliving.org](http://www.forgivingforliving.org) to learn more. Wendy is a life strategist, coach, consultant, author, and speaker.

# Kara James

## Nurse Practitioner at Planned Parenthood

### A Mother's Milk is Liquid Gold: A Personal Journey and Call to Empowerment

Breastfeeding is not just a choice; it's an act of empowerment, resilience, and love. As a nurse practitioner and a proud Black mother of three, I've experienced firsthand the magic of what I call "Liquid Gold." Breast milk is the most desirable source of nutrition for infants, providing crucial benefits that go beyond basic nourishment. It has the power to reduce maternal and infant illnesses, ensuring a healthier start for our little ones. This National Breastfeeding Month let's come together to encourage and praise women who breastfeed. Black mothers need all the support we can offer. I hope my breastfeeding journey inspires other Black mothers to embrace this beautiful experience and seek the information they need for their breastfeeding journey. Breastfeeding, especially in the first six months, is critical for an infant's long-term development. This was a lesson I



learned early on, inspired by my mother. Watching her breastfeed my siblings when I was young, I knew without a doubt that I needed to follow her lead. Her confidence and dedication shaped my resolve to fully breastfeed all three of my children. It is concerning that breastfeeding disparities still exist. In 2020, the CDC reported that only 77.3% of Black infants were ever breastfed, compared to the national average of 83.1%. This 5.8% disparity high-

lights a gap that needs our attention. Lack of information and awareness about breastfeeding can lead to health disparities in Black communities, impacting future generations. By striving for better education, we can become better advocates for ourselves and our children. But let me tell you, it wasn't always easy. When I first started breastfeeding in public, I noticed the uncomfortable stares and uneasy looks. Did it bother me? Absolutely not! I was confident, knowing that I was giving my kids the best possible start in life. Feeding them in public was a statement of my commitment to their health and well-being, and I wasn't about to let anyone's discomfort undermine that. I understand that breastfeeding in public can be intimidating and challenging decision for many mothers. The societal pressure and scrutiny can make

you feel ashamed or embarrassed. But let me assure you, there's nothing more natural or necessary. When I see other mothers breastfeeding in public, I make it a point to support by sharing my experience and encouraging them to continue. Our community needs to empower women to feel supported in their decision to breastfeed. Motherhood is challenging, and our infants' well-being and health are our top priorities. Being informed about the benefits of breastfeeding is important. We must advocate for ourselves and our children, ensuring we make the best choices for their health. Some mothers may not have role models or be aware of breastfeeding benefits, and they should know they are not alone. There are plenty of resources available for those seeking guidance. Planned Parenthood offers prenatal care, and

changes to a woman's body during pregnancy is a common topic of discussion during appointments. Understanding the importance of breastfeeding, we refer mothers to community resources for additional support and information. Let's make sure that every mother feels empowered and confident in her breastfeeding journey. Together, we can make a difference, one feeding at a time. Learn more about access to health services, education, and nearby facilities by visiting <http://pp-la.org> or call (800) 576-5544. Kara James, a Nurse Practitioner at Planned Parenthood Los Angeles since 2019, champions racial equity and anti-racism in her clinical care. In 2020, she spearheaded the launch of the Black Health Initiative to enhance holistic well-being in Los Angeles' Black communities.

PLACE YOUR AD ONLINE [www.lasentinel.net](http://www.lasentinel.net) (323) 299-3800

## LOS ANGELES SENTINEL CLASSIFIED

10 Rooms for Rent	50 Apartments - Unfurnished	50 Apartments - Unfurnished	50 Apartments - Unfurnished	310 Business Services	850 Contractors
<p>Rooms for Rent in Los Angeles and Long Beach NEW HOMES, Shared \$750/Mo. Private \$1,000/Mo. Master Bedroom with Private Bathroom \$1,400/Mo. All utilities paid, washer/dryer, Internet, SSA, SSI, and Pilot Program welcome. Call 310-766-0501.</p> <p>Single/Shared Room for Rent PICO/CRENSHAW WASHER &amp; DRYER HOOK UP ALMOST FULL, COME SEE WHY! 323-841-2485</p> <p>Room for Rent \$850- \$1,000. Monthly Access to Living Room, Kitchen, Bath, and Laundry. No drugs, smoking, or alcohol allowed. Contact (213) 215-9248</p> <p>Furnished Room for Rent Senior Preferred Back house room for rent. \$1000 per month. Cash only first and last! room has its own key entry, a Fridge &amp; TV Shares living space, huge backyard. 47's call me No pets no Kids... Mr Duboise 661-674-8626/209-684-5696</p> <p>PRIVATE ROOM FOR RENT 55 Plus / Seniors Welcome \$1,000.00 Monthly Cable &amp; Utilities Included Mid Wilshire / (323)388-6284</p>	<p>For Rent 1 Bedroom 91st and Budlong, \$1495 a month. Call Darryl 323-633-2079.</p> <p>Ready To Move in Your Brand New Apt.? Beautiful newly decorated apt. 1 bed, 1 bath, located in the West Adams area. Stove, refrigerator, hard wood floors, blinds, dishwasher, laundry on site, carport available. Section 8 ok! 2126 S. Ridgley Dr., LA, CA 90016 Please call Charlotte at 323-252-1867</p> <p>Property Manager Near Vermont and Exposition; Freshly refurbished, one bedroom unit, freshly painted, new carpet, new faux wood flooring throughout unit. Water and trash included. On street parking only, walking distance to metro, grocery stores and USC. \$1,600.00 month, Section 8 accepted. Socorro Jacobs 323-750-4445 <a href="mailto:Socorro.jacobs@yahoo.com">Socorro.jacobs@yahoo.com</a></p> <p>1 Bedr 1 bath, 2 bedrs 1 bath, 3 bedrs 1 bath SECTION 8 OK / Rent: \$1950 &amp; up 4510 S.Vermont LA Washer &amp; dryer / Parking spot Freshly painted / Large Rooms Quiet building MIKE / 310-433-8800</p> <p>Single Apartment New carpet, freshly painted All utilities / All gated building \$1375 Senior Citizens, Section 8 and Veterans welcomed Contact Gloria at 213-319-9640</p> <p>2 Bedroom Apartment 2605 S. La Salle Ave, LA, CA 90018 New tile, freshly painted Senior Citizens, Section 8 and Veterans welcomed \$2400 Contact Gloria at 213-319-9640</p> <p>Newly Remodeled 1 Bedroom \$1975 / Section 8 okay Remodeled kitchen, bathroom, new granite countertops, new laminate floors Section 8 ok 6821 10th Avenue, LA 90043 Call Ms. Carrasco / (323) 759-8026</p> <p>2 Bedroom/2Bath Redecorated 2 bedroom 2 bathroom apartment hardwood floors and carport. / SECTION 8 WELCOMED! Located near Fairfax and Washington Blvd. 900163 Please contact Ms. Brown at 323-295-5778</p>	<p>1 bedroom 1 bath Nice size Newly Painted New Carpets 1623 1/2 W 39th Place, Los Angeles Contact Jerome 213-220-2510</p> <p>SEC 8 IS GREAT!!! *SEC 8-IS GREAT!!!*RENT IS \$2,795 (NEGOTIABLE) **2BD-1BA-WITH A/C-REMODELED KIT &amp; BA. RM.* **ALL NEW SOUNDPROOF WINDOWS &amp; DOORS* *BLINDS &amp; CURTAINS PROVIDED-DUPEX VERY CLEAN* **ALL NEW CARPET &amp; TILE FLOORS-ALL NEW PAINT* *OFFICE SPACE OR/AND STORAGE AREA* **CALL ASAP* 310-704-6784 *CALL ASAP!!!* 310-704-6784</p> <p>Apt for Rent Two bdrm 1 bath unit of 1,000 sq ft of living space located within the Historic West Adams area with a city view nestled in a peaceful cul-de-sac. Fully renovated unit including wall heaters and remote powered ceiling fans. The building includes a laundry room as well as monitored security cameras. Rent: 2800 / Deposit: 2800 SEC 8 Welcomed Contact Ron Smith, manager 909-312-8355</p> <p>2 Bedroom Apartment 4706 1/2 S Van Ness Ave Los Angeles, CA 90062 One Parking Space Sec 8 Welcome Call (337)303-2290</p> <p>1 BDRM Apt Inglewood Carpet, Landry on Site. St Pkg, Near SoFi Stadium \$1,400/Month No Pets. Also Unfurnished Bachelor Apt \$800/Month New Refrigerator Blinds, Curtains, Full Bath, All Utilities Paid. Call (310) 677-6686</p> <p>Crenshaw/Slauson 1bedroom/1Bath Updated unit. Laminate Flooring. Nice size!!!! 310-417-8156</p> <p>SENIOR CITIZEN BACHELOR/SINGLE APT. Senior citizen Single (Bachelors) 1 person apartment, very nice apartment No Parking sec 8 ok No Utilities Paid Good credit + references</p>	<p>Manchester/near Gramercy (323) 759-0339 \$1050.00/mo. Seniors Building must be 55 year +</p> <p>ONE BED ROOM Cute Cozy bachelor single unit, pet friendly County section 8 okay. Vermont/Manchester area. \$1,495/mo (818) 585-4896</p> <p>90 Houses - Unfurnished Updated house for rent - 8854 Wall St Section 8 Welcome! 2 bed/1 bath unit with front and backyards. Garage. The unit is like a house. Washer/dryer hookup. Tittoo / 818-416-2178</p> <p>3 Bedroom for the price of a 2 Newly refurbished, 3 bedroom 2 baths. Section 8 and VA welcome. Large yard. Ready to move in. Near Jefferson and La Cienega 310-642-1952</p> <p>Sec 8 Welcomed Small 2 bedroom house we will accept a 1br voucher. House can only be used by someone who has little or no furniture. Newly remodeled. Near Main and Florence Call 323 969 9799</p> <p>CUTE 1 BDRM HOUSE 1 bdrm house with yard. Pet friendly. Good credit preferred. County Sec 8 ok. Vermont/Manchester area. (818) 585-4896</p> <p>230 Employment Opportunities Graphic Designer Req. BA/BS in Design major Wage: \$46,509/YR Mail resume: Oculus Fashion Trading 800 E 12th St unit 121-122 LA, CA 90021</p> <p>Employment Opportunity - DSP Seeking a direct support professional, working with developmentally disabled adults, and house manager. Will train with some experience. Reatha Howard (323) 252-3530 or (323) 944-7944</p>	<p>JCM SERVICES JCM offers quality cleaning services throughout all of Los Angeles! Car detailing, Carpet Cleaning and Window Cleaning! Call us today for a FREE quote! Insta-@jcm_detailing (818) 385 5321</p> <p>760 Real Estate Wanted WE BUY HOUSES/UNITS 3 day close 213-479-5659 Francisco 310-420-9599 Tracy Call or text tracy@hubulu.com</p> <p>850 Contractors DBE Subcontractors Requested DBE Subcontractors/Supplier Bids/Proposals Requested</p> <p>Owner: Los Angeles County Metropolitan Transportation Authority (LACMTA) for the Advanced Transportation Management System II (ATMS II)</p> <p>Request for Proposal No. PS122845 Bid/Proposal Submittal Date: September 6, 2024</p> <p>Dates of Advertisement: July 11, 2024 through August 2, 2024.</p> <p>This advertisement in Los Angeles Sentinel is in response to LACMTA's DBE Program. Vontas intends to conduct itself in "Good Faith" with DBE Firms regarding participation on this project. Representatives from Vontas will be reviewing the opportunity to partner as a DBE firm on their proposal to the Los Angeles County Metropolitan Transportation Authority (LACMTA) for the Advanced Transportation Management System II (ATMS II). The project and subcontractor quotes will be due on August 2, 2024 (extensions may be granted). Please Submit Bids/Proposals for the following work (but not limited to): Business Process Reengineering, Field Service, Hardware &amp; Infrastructure, Implementation &amp; Installa-</p>	<p>tion, Material Logistics, Manufacturing, Organizational Change Management, Project Management, Quality Assurance, System Engineer Support, and Training. Bid proposal plans, specifications, and other documents will be reviewed in our office Monday through Friday, 8:00 AM to 5:00 PM CST</p> <p>Company Contact: Shawn Rice, Senior Director of Business Development at Vontas Phone: (319) 743-1000 Email: <a href="mailto:RFPGroup@Vontas.com">RFPGroup@Vontas.com</a> Office: 606 S. Olive Street, 23rd Floor, Los Angeles, CA 90014</p> <p>890 Gardening MARTIN AND SON Lawn Service Tree Trimming, yard and lots Clean Up The Best For Less (323) 331-7434</p> <p>920 Moving &amp; Storage 2-car garage for rent 424 W Regent Street, Inglewood. Access from alley. \$225/mo. David Dean Evans 310-748-9097</p>



PLACE YOUR AD ONLINE  
[www.lasentinel.net](http://www.lasentinel.net)  
or 323 299-3800











# ENTERTAINMENT

## Malcolm Mays is Proud of his Work in New Play at Geffen Playhouse



BY KEITH L. UNDERWOOD  
Contributing Writer

“It’s a diverse community. I was exposed to a lot of textures of life that most people don’t have the luxury and misfortune of experiencing,” said actor, musician, and filmmaker Malcolm Mays.

This is how Mays described growing up in Los Angeles – rich and full of art.

For three seasons, Mays’ artistic life has been spent playing Lou-Lou Thomas in the Starz original series “Power Book III: Raising Kanan.” According to Mays, the show’s fourth season will be premiering soon, and it has already been renewed for a fifth.

Mays will also be starring in the upcoming pro-

duction of the Tarell Alvin McCraney stage play “The Brothers Size” at the Geffen Playhouse, August 14 through September 8, 2024.

Mays also played Kevin Hamilton in the FX drama series “Snowfall,” which was co-created, and executive produced by one of his mentors, John Singleton.

One of Mays’ other artistic outlets is music. He has produced several albums, including “Street Journal: Vol. 1,” “Confessions of a Lost Angel: Vol. 1,” “Red Flags,” “Stickz and Stonez,” and “Dramatik.”

“Music, as Black people, it’s in our blood. It’s in our DNA,” said Mays. “From the heartbeat to the lungs to the negro spiritual... It’s all connected to blackness.”

Mays similarly related his new project at the Geffen to music: “Polyrhythms. Everything. Even the way Tarell [Alvin McCraney] writes in this play, ‘The



Malcolm Mays

COURTESY PHOTO

Brothers Size,” he said. “It’s just so ingrained in the marrow – in the bones of this play, and in the bones of our art. Music is everything.”

Mays said McCraney’s plays, along with August Wilson’s, were introductions to worlds he had not yet explored.

“Tarell’s play, when I was a teen, was an introduction to a world I should have known, which is our own mythology,” said Mays. “I’ve always been very interested in mythology. [The] one that was promot-

ed the most was Greco-Roman mythology.”

Mays continued, “To have Tarell introduce Yoruba – West African gods and figures was everything. It meant everything to me, because it opened up a world I didn’t even know existed, and now we have so many options for kids to learn other mythos.”

According to the Geffen Playhouse website, “The Brothers Size” is a modern-day fable about two brothers in the Deep South. Ogun, the elder brother, embodies hard work and

reliability, while Oshoosi, formerly incarcerated, is seemingly carefree and unpredictable.

Their relationship is tested when the charismatic Elegba arrives, tempting Oshoosi back to his old habits. The brothers wrestle with loyalty, freedom, and duty, and their humanity is revealed through a raw and heartfelt exploration of the bonds of brotherhood.

Mays said he is very proud of the work he’s doing on “The Brothers Size.” But he is also looking forward to the highly anticipated return of his television series “Raising Kanan” for its fourth season.

Like “The Brothers Size,” “Power Book III: Raising Kanan” is about an unconventional family.

It is a crime-drama about a high-school-aged young man who is being raised by his mother, who runs a drug ring along with her two brothers.

Although Mays said he cannot reveal much about the upcoming season of the show, he said fans can expect brilliant performances from his co-stars Patina Miller, Hailey Kilgore, Mekai Curtis, and London Brown.

When Mays speaks about his character Lou-Lou in “Raising Kanan,” he says he only sometimes

empathizes with the problematic character.

“He’s not really my cup of tea as a person... I love what’s happening with him creatively,” said Mays. “He’s really one of my favorite characters I’ve ever played. Just because I don’t agree with him as a human doesn’t mean I don’t love the character.”

There has been no official release date for the upcoming season of “Raising Kanan.”

Until then, theatre goers can check out Mays’ performance as Elegba in the upcoming Geffen Play-



Malcolm Mays in “Power Book III: Raising Kanan.”

COURTESY PHOTO



Malcolm Mays in the FX crime drama series “Snowfall.”

COURTESY PHOTO

## Jay Ellis Brings His Book Tour to Los Angeles

BY MYKO LYRIC  
Contributing Writer

Jay Ellis, an American actor and author known for his role as Lawrence Walker on Issa Rae’s HBO series “Insecure,” has begun his national book tour.

“Did Everyone Have an Imaginary Friend (or Just Me?)” is Jay’s debut publication, a nostalgia-inducing deep dive into Ellis’ childhood and the recollection of his imaginary friend, Mikey.

In anticipation of two L.A.-based events at The Grove and The Miracle Theater, the Sentinel held an exclusive interview to gain Jay’s perspective on the book, his book tour, and how sharing his childhood has propelled him toward his future goals.

“I don’t think I realized [that I was writing a book],” Jay recalled. “I did a couple of posts on Instagram, and as I saw people responding about their imaginary friends or their kids’ imagi-



Jay Ellis

COURTESY PHOTO

nary friends, I kinda asked myself, ‘well, why do we have imaginary friends?’ and I started just writing the stories as best as I could remember them.”

The story centers around Jay’s invisible childhood companion, Mikey. When writing bits and pieces of his childhood with Mikey, he created four chapters and

brought it to a book agent. “[The agent] immediately saw it and he was like, I’ve never seen these types of stories told in this type of way,” Jay explained.

Despite having no desire to write a book throughout most of his life, he found that writing is another method for him to do what he loves the most: story-

telling. “I just starting [writing] it. There were days when it came to me, and it flowed, and there were days when it was hard and I was discouraged and frustrated,” he said.

Writing the book proved to be both the cause of the creative block and the remedy: “I talk about basketball in the book a lot, and how much I learned from basketball. When I was in high school, my coach used to say, ‘it’s the days when you don’t want to do it that you make a breakthrough.’” The moments where he felt he was at a crossroads with the book were often the moments when another story, or even another chapter, was born.

Jay is looking forward to coming to Los Angeles and sharing his excitement with his supporters. On Thursday, Aug 8, Jay will be reading from and speaking on his book on the “Poured Over Podcast” at Barnes & Noble The Grove.

“I’ve listened to that

podcast, I’m just super excited to be on it. This one’s just us in conversation with Q&A at the end.”

Juxtaposing his August 8 event with his second open event, August 13, at the Miracle Theater, Jay explained that he will be getting up on



COURTESY PHOTO

“Did Everyone Have an Imaginary Friend (or Just Me?)” book cover.

the Miracle’s stage and performing a 35-minute one-man show. Afterwards, special guest Issa Rae will host a Q&A.

“I’m really excited because I was such a fan of [Issa’s YouTube series] ‘Awkward Black Girl,’ and she’s an accomplished author in her own right. So, I’m interested in her perspective and her take-aways, and I know her questions are gonna be so wildly different than other people’s, because she knows me. She was one of the first people to get copy of the book!”

Of his future in writing and acting as a method of storytelling, Jay alludes to upcoming projects, including a show with Amazon and a possible screen adaptation of his book.

“The response to this book has been amazing, people texting me or in my comments... it’s just fun seeing the response. I hope people keep connecting with it and find the fun that I found.”

Stay aligned with Jay Ellis on Instagram @jayrelis, and attend one of his two book events in L.A.

## Thomas Q. Jones and Deji LaRay on ‘Johnson’

BY KEITH L. UNDERWOOD  
Contributing Writer

Thomas Q. Jones and Deji LaRay are the executive producers, show runners, and stars of the well-received television series “Johnson.” LaRay is also the series creator. Season four of “Johnson” is currently streaming on Bounce TV.

“Johnson” is about four Black men who are friends, and they coincidentally share the same last name of Johnson. The TV show explores their close brother-

hood, their pursuits in love, and how they are working towards becoming better men for themselves and the ones around them.

Beyond their work on “Johnson,” Jones and LaRay are both accomplished in the entertainment industry.

Early on, LaRay started his career with the film “Once Upon a Time... When We Were Colored” and the crime-drama series “New York Undercover.” Later in his career, he was also a professional commercial and

television editor.

Though Jones started out as a professional football player in the NFL, he later transitioned into acting on shows like “Being Mary Jane,” “Luke Cage,” and “P-Valley.”

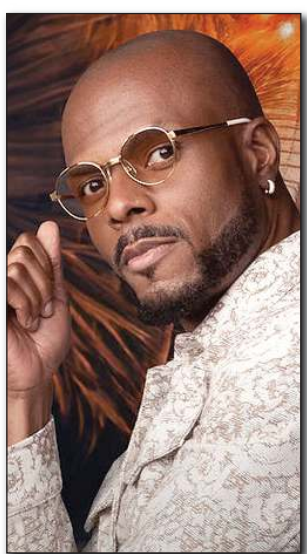
Both are now co-owners of their television and film company, Midnight Train Productions, and “Johnson” is their first project under the Midnight Train banner.

“To be able to connect with someone like Deji and become producing partners with him in 2017,” said



Thomas Q. Jones

COURTESY PHOTO



Deji LaRay

COURTESY PHOTO

Jones, “and going on a seven-year journey where now we have a series that’s four seasons and that audiences enjoy... that was not on my bingo card.”

“But it’s been one of the most incredible journeys in my life,” Jones continued, “and there’s more to come.”

Jones said a former NFL player and a well-sought-after editor coming together to form a production company was unheard of to him. “No one could

**[See JONES AND LARAY on C-2]**

# Colman Domingo is Stellar in 'Sing Sing'

By ZON D'AMOUR  
Contributing Writer

Oscar nominee Colman Domingo's new film, "Sing Sing" is guaranteed to pull at your heartstrings. Directed by Greg Kwedar, "Sing Sing" is inspired by the Rehabilitation Through the Arts (RTA) program founded in 1996 at Sing Sing Correctional Facility in Ossining, New York.

The program gives incarcerated people access to theater arts which according to the RTA website is statistically proven to help break the cycle of incarceration with "less than 3% of RTA members returning to prison, compared to 60% nationally."

A differentiating aspect about the cast of "Sing Sing" is that several of the actors, including Clarence "Divine Eye" Maclin, were

be a part of dismantling a seemingly indomitable industrial prison labor system.

"It begins with getting people to bring more resources into prisons and pour into these men and women because the arts are the most powerful vehicle for transformation," he said.

Johnson, who currently serves as a board member for RTA and as an executive director for another non-profit organization shared, "RTA saved my life. We need to figure out more ways of bringing these resources to people and give them the skill sets they need to be effective communicators who can better themselves."

The film's director, Greg Kwedar, resonates with Johnson's sentiments regarding the importance



Colman Domingo, executive producer and star of "Sing Sing".

formerly incarcerated men who participated in the RTA theater program. Maclin is also credited as a writer and producer of the film. His performance alongside Colman Domingo has been lauded by critics as a "star-making role."

The Sentinel asked Maclin how the experience has changed his life. "I've grown up so much more because of art and being around people who share the same spirit and want to use the arts in the same way. I'm not a different guy, I'm just a more full and more complete person because of art," he said.

The Sentinel also spoke to RTA alum and film co-star Sean "Dino" Johnson and asked how viewers can

of bringing resources to prisons as he and co-screenwriter and producer Clint Bentley previously volunteered with an RTA program at Stormville's Green Haven Correctional Facility.

Kwedar tells the Sentinel that when it was time to cast the leading role in "Sing Sing," Colman Domingo was his first and only choice. When Kwedar and Bentley first connected with Colman via a Zoom call and shared their six-year journey developing the film, Kwedar recalls Colman saying, "...At this point in my career, I'm realizing that some projects are seeking to teach you something, you don't know what it is, you just



Actors Paul Raci, Clarence "Divine Eye" Maclin, Colman Domingo and Sean 'Dino' Johnson at a screening of "Sing Sing". Credit Kristina Bumphrey.

know, that it's trying to, and I'm saying yes to that at this point in my life.' And Colman came on, and he helped us build this movie," said Kwedar.

"He brought all of himself as an actor, as a storyteller, and as a producer. He put the full weight of his influence behind making this movie happen," added the director.

Following up on what Kwedar shared, The Sentinel asked Colman Domingo what had he learned from playing the role of John "Divine G" Whitfield?

He said, "I'm still learning, it's not over yet. We have a motto that says 'trust the process'. I think the intention was to be a part of something that'll change the minds of human beings. When I found out how this program works, I wanted to be a part of helping to tell a story about our humanity, and how people can find light, in the darkest places, that's been very intentional and also quite personal."

He added, "I think I'm still in the middle of [the journey] where I feel like I knew that I intentionally wanted to be a part of something that could show black and brown men in a different light.

"We're still in this

process, it's not over yet. We created a film that's not only meaningful, it has the power to be impactful. It's not a documentary in any way. And it's not a 'prison film.' It's a film about human beings, working with what they have, for the betterment of themselves and society. I'm in the process of seeing how it shifts minds and hearts so I'm not at the end of the journey," said Domingo.

Another unconventional yet distinctive aspect about "Sing Sing" was its profit share model which

tional pillars of our movie was the financial structure behind the film, in which everyone got paid the same rate. There's pay parity, and everyone participates in the profits. It's not [typically] done this way, [with] independent films. So to have Colman as number one on the call sheet, fully embracing that like, 'Yes, this is how this movie should be made,' was so incredibly powerful in helping us set the tone for the way that we were doing things differently on this film," said Bentley.

[RTA] alumni cast, bringing their life experience to the project, they were bringing their stories, and then they were owners of their own story as well," he noted.

Concluding, Clarence "Divine Eye" Maclin shared that his favorite scenes in the film were the reenactments of "Hamlet," "...because I appreciate Shakespeare so much."

He adds, "The whole process is an experience that I would never trade for anything else. Every moment, every conversa-



Clarence "Divine Eye" Maclin, writer, producer and co-star of "Sing Sing."

made for a more equitable set without the traditional topline hierarchies. Producer Clint Bentley shared how Domingo fully embraced this.

"One of the founda-

"To build from the ground up this idea that everyone has the same inherent value felt empowering and everyone brought their whole selves to the project. And for the

tion, every person that I met on set, and every fingerprint on the project is supposed to be there."

"Sing Sing" distributed by A24 is currently in theaters.

## Long Beach Jazz Festival Celebrates 35th Anniversary



Top artists and bands perform at the Long Beach Jazz Festival.

By MONIQUE WASHINGTON SHANNON  
Contributing Writer

The Long Beach Jazz Festival returns on Friday, August 9, through Sunday, August 11, for its 35th annual celebration. The family-produced jazz festival brings together award-winning Jazz, R&B and Latin artists.

People from Southern California and around the world attend this annual festival to be entertained with incredible music, beautiful sunny weather, a

great selection of food, art, and a fun and safe atmosphere.

Music lovers are in for a special treat this year with 20 of the best award-winning artists! The three-day festival will feature different artists performing each day.

On Friday, August 9, Brian Simpson, Jeanette Harris, Darryl Walker, Nathan Mitchell are some of the artists scheduled to perform. On Saturday, August 10, the stage will be jamming with award-winning artist Gerald Albright

and more!

The festival concludes on Sunday, August 11, with Jazz artists the Braxton Brothers, Kirk Whalum, a 12-time Grammy Award nominee who won his first Grammy award in 2011, and the one and only Jeffrey Osborne, who began his musical career in 1970.

There will be many more artists performing. Long Beach Jazz Festival features some of the top artists of the year.

To learn more, visit <https://www.longbeachjazzfestival.com/>

## JONES AND LARAY *{Continued from C-1}*

tell me that was going to happen," said Jones. "I'm pretty sure no one could tell Deji this was going to happen either."

LaRay agreed with Jones' sentiments, and he added that "Johnson" would not have been possible without the support of Cedric the Entertainer and his business partner Eric Rhone.

Cedric and Rhone are co-executive producers on "Johnson," along with the lone female executive producer on the series, Reesha Archibald.

"[Cedric, Rhone, and Archibald] championed this show [and they] saw

value in this show," said LaRay.

According to LaRay, originally, he wanted Jones to only act in the pilot episode of "Johnson," but Jones had a different idea. In addition to acting, he wanted to be one of the producers on the show. LaRay knew Jones was serious when he put up half of the funding for the pilot.

"It cost to be the boss, right," said LaRay. "He shared the same perspective about what the show could be in the future... and Thomas wrote a check. He proved to me, in that moment, he was willing to do whatever I was willing

to do to make this happen."

Jones said amongst all the negative portrayals of Black men on television "Johnson" was refreshing. "I couldn't pass up a chance to be a producer on this project," he said.

"Johnson" is loosely based on LaRay's true-life friend group made up of Black men. LaRay said he has enjoyed the process of fictionalizing real-life people, and real-life situations, and then turning it into entertainment.

"That makes the best TV shows because those characters are going to be very honest," said LaRay. "You never run out of con-

tent when it's based on people's lives."

Jones said it is a powerful experience when Black people, especially Black men, create collaboratively. "When we come together and put our minds together -- our talents together -- there is nothing we can't accomplish," he said.

Furthermore, Jones shared Black men are a big part of "Johnson's" success in front of the camera and behind the scenes.

"You've never really seen a TV series like this, ever -- an actual series that goes four seasons of telling honest... vulnerable Black men's stories -- you've



Deji LaRay and Thomas Q. Jones behind the scenes on the set of "Johnson."

never seen that," said Jones. "I think it's kind of guided this show in that direction... and made it the successful show it is."

"Johnson" stars Thomas Q. Jones as Omar

Johnson, Deji LaRay as Greg Johnson, Philip Smithey as Keith Johnson, and Derrex Brady as Jarvis Johnson. Season four of the series is currently streaming on Bounce TV.

LOS ANGELES SENTINEL

# SPORTS

## Honda Battle of the Bands Comes to L.A.

BY AMANDA SCURLOCK  
Sports Editor

The Honda Battle of the Bands (HBOB) will be held at SoFi Stadium on February 1, 2025. There will be six HBCU marching bands that will perform in the showcase and fans have until August 15 to vote for two marching bands at <https://www.hondabattleofthebands.com/home>.

Fans have 20 bands to choose from, including the Florida A&M University Marching 100, the Prairie View A&M Marching Storm, the Grambling State Tiger Marching Band, and the Clark Atlanta Mighty Marching Panthers.

Honda chose two marching bands for the showcase and the chosen universities are also given a chance to choose one band each. The four bands that are slated for the event are the Alabama State March-

ing Hornets, the Southern University Human Jukebox, the Alabama A&M Marching Maroon and White, and the North Carolina A&T Blue and Gold Marching Machine.

"We are thrilled to welcome Honda Battle of the Bands to our great city," said Inglewood Mayor James T. Butts. "Over the years we have crowned NBA, NFL, and Olympic champions. Now, the City of Inglewood will be home to a new group of champions when six HBCU marching bands take the field at SoFi Stadium in 2025."

HBOB announced that SoFi will be the host on April 30, 2024. The event was created in 2003, it is one of the many ways that Honda shows its commitment to Historically Black Colleges and Universities. Honda created the "Drive the Legacy" initiative which includes HBOB, the Honda



Alabama State Marching Hornets enter the Rose Bowl prior to their football game against UCLA in Sept. 2022.

Campus All-Star Challenge and other events.

Honda is also a member of the HBCU Partnership Challenge, an initiative where industry, government and HBCUs can collaborate to build partnerships for HBCUs. The motor compa-

ny is also sending a \$500,000 grant to the Thurgood Marshall College Fund (TMCFF). Honda and TMCFF have been partners, providing scholarships to HBCU students.

Honda has been helping HBCU students for 35

years, giving \$14 million in grants and being a beneficiary to over 300,000 HBCU students.

"I appreciate Honda's commitment to supporting and showcasing the dynamic music and culture of America's HBCUs. Honda

Battle of the Bands has become a wonderful and energizing tradition that allows students to create, compete and come together in solidarity with fellow HBCUs," said California State Senator Steven Bradford. "The financial support provided by Honda is critical to the mission of our nation's HBCUs."

Several HBCU marching bands have visited Southern California in recent years. The Alabama State football team battled UCLA in September 2022 with the Marching Hornets performing during halftime. North Carolina Central University battled UCLA last season with the Sound Machine marching band headlining during halftime.

Southern Alabama State and Florida A&M has been featured in the Tournament of Roses Parade in recent years. Tickets are available on Ticketmaster.

## Players Step Up in Rams Training Camp

BY AMANDA SCURLOCK  
Sports Editor

Young players and veterans alike are making strides during the Los Angeles Rams 2024 Training Camp. This year, Rams players are living in the dorms of Loyola Marymount University while they practice on the



Running back Boston Scott (30) joins the Rams after six seasons with the Philadelphia Eagles.

campus. The aim is to build chemistry off the field to enhance gameplay.

"We talked about culture is everything, schemes is only gonna take you so far," said Rams defensive coordinator Chris Shula. "The closer these guys are off the field, I think it benefits on the field as much as possible just with the communication, rooting for each other."

The Rams recently traveled to The Bolt to scrimmage against the L.A. Chargers. Rams head coach Sean McVay noticed areas where their offense needs to improve. Members of their offensive line have been injured, forcing the reserves to step up. The Chargers forced turnovers on them.

"There's a lot of learning right now," McVay said. "I'm thinking anytime that you go against a front like this, it's a great challenge and it's no excuse."

On Tuesday, the Rams signed former New England Patriot Conor McDermott and former United Football League player Matt Kaskey.

Now in his second year,



Linebacker Ernest Jones (53) is going into his fourth season with the Los Angeles Rams.

Steve Avila has been moved from guard to center. The move came during the OTAs. Since then, he has found comfort in the position.

"I'm trying to not rely too much on the quarterback

and the people around me because once I have myself established, that makes for a better team," Avila said. "Feels good knowing when something comes up in a



Steve Avila (73) lines up as center, he was a guard during his rookie season.

play, knowing what to do, so that makes me feel better about myself."

Defensive back Cobie Durant is going into his third season with the Rams. The confidence in his abilities are palpable, according to



Wide receiver Demarcus Robinson came in second on the team in yards per catch with 14.3 last season.

Rams offensive coordinator Mike LaFleur.

"You can see he's got good balance at the line of scrimmage, he's using his hands at the right time," LaFleur said. "He's going into his third year now, that's sometimes when you see the turn."

Wide receiver Demarcus Robinson came in second on the team in yards per catch with 14.3 last season.

LaFleur mentioned how he has been bringing good energy to training camp.

"A lot of guys have great energy, he is so authentic," LaFleur said. "He's got a unique separation ability ... he's got good length but he's got a wiggle to him, it's a tough cover."

The Rams will start the preseason by battling the Dallas Cowboys on Aug. 11 at 1:30P.M.

## Chargers Embrace New Kickoff Rules

BY AMANDA SCURLOCK  
Sports Editor

Chargers wide receiver Derius Davis was one of

eight players who made a punt return for a touchdown last season. Due to the low amount of punt and kickoff returns for a touch-

down among other reasons, the NFL created a new kickoff rule for the 2024 season.

Teams will now kick from their 35-yard line with 10 members of the kicking team on the 40-yard line of the receiving team. At least nine members of the receiving team can stand between their own 30 and 35-yard lines.

The play begins when the ball lands or is caught between the 20 and the goal line of the receiving team or is caught in the endzone. The area between the 20-yard line and the goal line is called "the landing zone," balls that land in "the landing zone" must be returned.

After a touchback, teams start at their own 20-yard line. If the ball reaches the endzone in the air, the receiving team can return it or take possession at their 30-yard line.

A receiving team can also start at their 40-yard line if the ball gets kicked out of bounds or fails to reach the 20-yard line of the receiving team.

Davis, whose 385 punt return yards placed him second in the NFL in that category, embraces the new

kickoff return rules.

"Honestly, I love it. As a returner you should love it because you get more opportunity," Davis said. "It's definitely different because everything happens much faster."

Special teams coordinator Ryan Ficken had the specialists watch the Hall of Fame game between the Chicago Bears and the Houston Texans to see the new rules in action.

"With the new rules, it feels like it's just like playing running back, just being



Linebacker Daiyan Henley (0).

there, finding the gaps, finding the seams," Davis said.

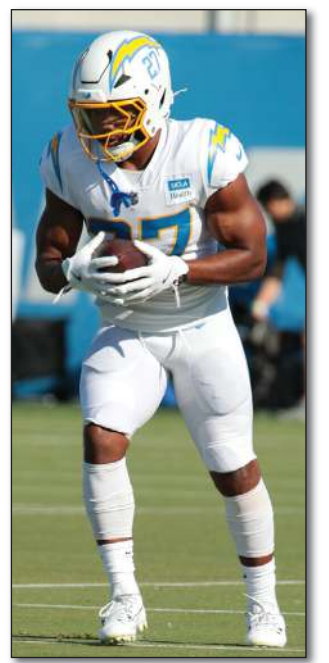
The rule change should make punt returns more dynamic. Chargers players practiced punt returns during their training camp session on Friday.

"We're feeling good in terms of the techniques, laying that foundation, continue with the fundamentals, the timing of everything," Ficken said. "Keeping it simple so then we can go out and execute at the highest level and allow their athleticism to go and take over."

Chargers kicker, Cameron Dicker mentioned how special teams have not dedicated extra practice time to the new rules. Dicker is not considering changing his kicking techniques, but has tried some out for fun.

"I'm trying to mishit it, almost hitting it off the ankle for fun and seeing what happens but then you'll have the occasional one where they're really low," Dicker said. "So trying to figure out how to avoid that."

The Chargers start their preseason when they host



Running back J.K. Dobbins (27).



Running back Gus Edwards (4).

the Seattle Seahawks on Aug. 10 at 4:05P.M.

WWW.IMWLAW.COM

# IMW

IVIE McNEILL WYATT  
PURCELL & DIGGS

#1 BLACK-OWNED FIRM IN CALIFORNIA  
PROVIDING LEGAL SERVICES  
TO THE COMMUNITY  
SINCE 1943

Rodney S. Diggs, Byron Michael Purcell, Marie Maurice, W. Keith Wyatt and Rickey Ivie

PERSONAL INJURY ■ ENTERTAINMENT LAW  
CORPORATE LAW ■ CIVIL LITIGATION  
EMPLOYMENT LAW ■ CRIMINAL LAW  
...AND MORE

IMW

P: (213) 489-0028 444 S. Flower St., Suite 1800 IVIE McNEILL WYATT  
F: (213) 489-0552 Los Angeles, CA 90071 PURCELL & DIGGS





# Fannie B. Bailey Foundation Hosts Backpack Giveaway

BY AMANDA SCURLOCK  
Sports Editor

The Fannie B. Bailey Memorial Scholarship Foundation hosted their inaugural backpack giveaway at Dickison Elementary School in Compton on July 27.

In their 37 years of service, the Fannie B. Bailey Memorial Scholarship Foundation has raised over \$50,000 to provide scholarships to graduating high school students. The foundation hosted a backpack giveaway to provide for elementary school students, according to their social media manager Brande Boone-Anderson.

"We decided to put together a huge event for giving away school supplies," Boone-Anderson said. "We had 42 families to come out."

The youth not only received a free backpack and school supplies, but they also enjoyed activities,



AMANDA SCURLOCK/LA. SENTINEL

The Fannie B. Bailey Memorial Scholarship Foundation started in 1987.

crafts and entertainment. Several businesses, including BossEGirlz Sweets and Treats, Westmont BBQ Dinners, Vic Lynn's Snack Shack, artist Tamara Branch, Amiyah's Awesome Bracelets, and Kenneth Valentine's Bakery gave away their products

during the backpack giveaway.

One of the activities allowed youth to create their own slime, according to Boone-Anderson.

"You know how creative kids can be and ... it was a sensory object, adding glitter, adding the

glue, all the little steps to get that and be able to take that home," Boone-Anderson said. "It created a memory for them."

The Fannie B. Bailey backpack giveaway also included a raffle where families could win prizes. Wienerschnitzel of Ingle-

wood, Chili's Restaurants, and Raising Cane's Chicken Fingers were sponsors of the event.

The Fannie B. Bailey Memorial Scholarship was created in 1987 by Bernice J. Reeve to honor her mother. The foundation president is Denise Boone,

the daughter of Reeve. Boone-Anderson is the granddaughter of Reeve, she hopes to keep the legacy going.

"Everybody in the family is in education in some form," Boone-Anderson said. "Myself being in education and working on my teacher credential and I actually work in special [education]. It motivates me to really want to be into it."

While giving back to the community, keeping the faith has kept them thriving, Boone-Anderson notes.

"We are grounded in religion, we have to step out on faith," she said. "All of this, we just have to step out on faith and see how it comes out. Every year, we're able to build and make it grow even better."

For more information about the Fannie B. Bailey Memorial Scholarship, please visit [fanniebailey.org](http://fanniebailey.org).

# Inglewood Girl Scouts Earn Prestigious Gold Awards

SENTINEL NEWS SERVICE

Girl Scouts of Greater Los Angeles (GSLA) announced that Girl Scout Kennedy W., a recent high school graduate from Da Vinci Communication High School, and Girl Scout Mishari P., a recent high school graduate from Morningside High School, have earned Girl Scouting's highest honor, the Gold Award.

To earn the Gold Award, Kennedy addressed the lack of swimming education and accessibility in underserved communities. Her project, "Swimming for Life," aimed to advocate for swimming as a necessary life skill and sport, emphasizing water safety and the high drowning rates among minorities.

Kennedy educated the community about the historical reasons for limited swimming access and provided information on free and low-cost swimming lessons. She personally offered swimming lessons to children, encouraging them to continue their education in less competitive winter sessions.

"I ensured the community was aware of swimming as a necessary life skill and an underrepresented sport," Kennedy shared.

In addition to her presentations, Kennedy created video content on swimming awareness and distributed flyers with QR codes linking to a directory of local swimming pools and lessons. She spent countless hours in local parks and libraries, engaging with parents and children to promote the importance of swimming education. Her project made swimming lessons and water safety education more accessible to children in her community, aiming to reduce drowning incidents.

To earn the Gold Award, Mishari addressed the rising costs of youth activities, lack of available opportunities, and a decline in mental health after sports injuries as well as

the pandemic. Quarterly, she hosted Sports and Beyond Days, free of charge for inner city families to participate in recreational sports, art, photography, gaming, and more.

Mishari put a strong emphasis on trying new things and providing mental wellness tips during all programming.

"My Gold Award is sustained beyond my involvement by encouraging the Parks and Recreation Department to continue Sports and Beyond Days at local parks to give the inner-city youth an opportunity to thrive at sports and or learn new things."

Mishari created a website for families to explore extracurricular activities in their communities and resources to help them

improve their athletic and mental outlooks. Local organizations that she partnered with including Beyond the Rim, will continue to contribute to the upkeep of the site and provide free events.

Gold Award Girl Scouts become innovative problem-solvers, empathetic leaders, confident public speakers, and focused project managers. They learn resourcefulness, tenacity, and decision-making skills, giving them an edge personally and professionally. As they take action to transform their communities, Gold Award Girl Scouts gain tangible skills and prove they're the leaders our world needs.

The 2024 Gold Award Girl Scout class identified issues in their communi-



COURTESY PHOTO

Kennedy W.



COURTESY PHOTO

Mishari P.

ties, took action, and found or created solutions to earn their Gold Awards, addressing real-life prob-

lems such as environmental sustainability, racial justice, mental and physical well-being, and gender

inequality in STEM.

To learn more about the Girl Scout Gold Award, visit [girlscoutsla.org/goldaward](http://girlscoutsla.org/goldaward).

## Simon Burriss: Africana Diaspora Black History Month II Crossword

### BLACK CHAMPIONS (OLYMPICS 2)

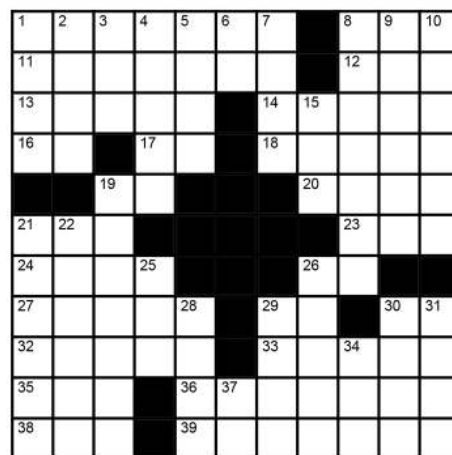
[www.simonburriss700.com](http://www.simonburriss700.com)

#### Across

- 1. \*\*Basketball icon Barkley [1992/1996]
- 8. Abbr. for Data Base Buffer
- 11. Hard-working Alger
- 12. Start of the Lord's Prayer
- 13. High up
- 14. Dreadful
- 16. Concerning
- 17. Former spouse
- 18. Doctrine
- 19. Paris, \_\_ ANCE
- 20. Method
- 21. "No more seats" sign
- 23. Termite
- 24. Noun suffixes
- 26. \*Singer Summer's monogram
- 27. \*\*Track and field events
- 29. "Don't \_\_ afraid, just believe" (Luke 8:50)
- 30. \*Actress Basset's monogram
- 32. \*Son \_\_, stand on your feet" (Ezekiel 2:1)
- 33. \*U.S. president from Hawaii
- 35. S \_\_ K (sly one)
- 36. \*\*Summer Olympics 1996 locale
- 38. Sea eagle
- 39. Customers

#### Down

- 1. Burn a bit
- 2. Pit
- 3. M \_\_ ON (dark red)
- 4. \*\*Track and field star Johnson [1956/1960]
- 5. Lytle town, Texas, (initials)



- 6. East Ithaca (initials)
- 7. Auction word
- 8. \*\*Artistic gymnast Gabby [2012/2016]
- 9. Greyhound driver, so to speak
- 10. \*\*NBA superstar Kobe [2008/2012]
- 15. Alley of the comics
- 19. \*\*Boxer with a grill George [1968]
- 21. \*\*Superstar gymnast Biles [2016]
- 22. Kind of jacket
- 25. Amtrak stop (abbr.)
- 26. Remove from practice (Law)
- 28. Fasten
- 29. \*\*Jamaican sprinter star Usain [2008-2016]
- 30. Alcoa Mills, Tennessee (initials)
- 31. Sheep sounds
- 34. "Wheel of Fortune" buy (2 wds.)
- 37. \*\_uskegee \_irmen

(ANSWERS ON D-2)

**TASTE OF SOUL**  
BOLD SAUCES & SEASONING  
"CREATED BY OUR COMMUNITY FOR OUR COMMUNITY"

**\$2** FROM EVERY ITEM PURCHASED WILL GO TO A SPECIAL SCHOLARSHIP FUND FOR OUR COMMUNITY

**PURCHASE NOW**  
LA SENTINEL OFFICE 3800 S. GLENSHAW BLVD., LA, CA 90008  
COMING SOON TO PURCHASE ON AMAZON.COM

"MAKES EVERYTHING DELICIOUS!"

AVAILABLE AT: LA SENTINEL OFFICE

# 5th Annual Back 2 School Festival: Empowering the Youth of South Los Angeles

By SHAWNA CHARLES, MBA, Ph.D.  
 Contributing Writer

Leimert Park in Los Angeles was vibrant with over 4,000 attendees at the 5th Annual Back 2 School Festival hosted by It's Bigger Than Us (IBTU) Aug. 3. This community-driven event aimed to provide essential resources and support to the youth of South Los Angeles, ensuring they are well-equipped and

inspired for the upcoming school year. The Back 2 School Festival, a signature event for IBTU, highlighted the organization's dedication to fostering educational success and personal growth within the community. Families enjoyed various activities designed to engage and empower them, creating a sense of unity and shared purpose.

"Our 5th Annual Back 2 School Festival represents

our ongoing commitment to the South Los Angeles community," said Molly Morrow, Chief Operating Officer at IBTU. "By providing essential resources and support, we aim to create a solid foundation for our youth, enabling them to achieve academic success and personal growth."

A significant focus of the event was addressing the needs of children living below the federal poverty threshold in Los Angeles County, where approximately 17% of children face financial hardships. The festival sought to mitigate these challenges by offering free backpacks, school supplies, and access to essential services.

Highlights of the festival included:

- Distribution of Free Backpacks and School Supplies: Ensuring every child left the event prepared for school.
  - Health and Wellness Booths: Providing essential services and information to promote well-being.
  - Interactive Educational Workshops: Engaging sessions aimed at inspiring learning and curiosity.
  - Entertainment and Games: Activities designed to create a fun and inclusive environment.
  - Free Frozen Treats and Water: Courtesy of event sponsors, ensuring attendees stayed refreshed.
- The festival also featured sports activities hosted by Hoopbus and the Los Angeles Kings, adding excitement and physical engagement.
- The event brought together local leaders, educators, and community



COURTESY PHOTO

Back to School participants.



COURTESY PHOTO

Tyrone Nance and Molly Morrow, founders of It's Bigger Than Us.



COURTESY PHOTO

Contributors to the Back 2 School Festival.



COURTESY PHOTO

From left are Shawna Charles of Charles Communication Group, Tyrone Nance of IBTU, and Genelle Petty of All Chill, a local ice cream shop.

advocates who shared their insights and encouragement with the attendees. This collaboration underscored the collective effort required to uplift the community and support its youth.

"We believe in the transformative power of community engagement and education," added Ms. Morrow. "Our festival is not just about giving away supplies; it's about empowering families and creating lasting bonds within our community."

C	H	A	R	L	E	S		D	B	B
H	O	R	A	T	I	O		O	U	R
A	L	O	F	T		L	O	U	S	Y
R	E		E	X		D	O	G	M	A
			F	R			P	L	A	N
S	R	O						A	N	T
I	E	R	S			D	S			
M	E	E	T	S		B	E	A	B	
O	F	M	A	N		O	B	A	M	A
N	E	A		A	T	L	A	N	T	A
E	R	N		P	A	T	R	O	N	S

CROSSWORD ANSWERS FROM D-1

**GREATER EBENEZER**  
 MISSIONARY BAPTIST CHURCH

"Equipping the Saints, Engaging the World, Enjoying the Lord"

**Virtual Worship Service!**  
 Sunday at 10AM on Facebook, YouTube and audio live stream @gembcla.org | Website: gembcla.org

Giving Options: Zelle and PayPal giving@gembcla.org, Giveliy at Greater Ebenezer Missionary Baptist Church or Mail to: Stewardship, 5300 Denker Ave., Los Angeles, CA 90062  
 Phone: (323) 759-4996 (leave message and staff will respond)

5300 S. Denker Ave. Los Angeles, CA (323) 759-4996 • gembcla.org

DR. DEON A. PORTER, Pastor  
 DR. SOLOMON L. DRAKE, Pastor Emeritus

**Brookins-Kirkland Community**  
 AFRICAN METHODIST EPISCOPAL CHURCH

**Virtual Worship Service - Sunday at 9AM**  
 Call the Church Office at (323) 296-5610 for the conference number and code  
 Website: bcamechurchla.org

Giving Options: Online at www.bcamechurchla.org, Tithe.ly at Brookins-Kirkland Community AME Church, or Mail to: 3719 W. Slauson Ave., Los Angeles, CA 90043  
 Phone: (323) 296-5610 (leave message and staff will respond)

Rev. Dr. Mary S. Minor  
 Pastor/Senior Minister

WELCOME HOME TO  
**WEST ANGELES**  
 CHURCH OF GOD IN CHRIST

3600 CRENSHAW BLVD, LOS ANGELES, CA  
 SUNDAY SERVICE: 10AM  
 SUNDAY RADIO BROADCAST  
 KJLH 102.3FM: 10AM

SENIOR PASTOR  
**CHARLES E. BLAKE II**

(323) 733 - 8900 | OFFICE HOURS: M-F 8:30AM-5:30PM  
 WESTA.ORG | WEST ANGELES CHURCH OF GOD IN CHRIST  
 #WEAREWESTANGELES

**TRINITY BAPTIST CHURCH**

2040 W. JEFFERSON BLVD.  
 LOS ANGELES, CA 90018  
 PHONE: (323) 735-0044 FAX: (323) 735-0219  
 Email: trinitybaptist@sbeglobal.net  
 Website: trinitybaptistchurchofla.org

Sunday In-Person Worship Service in the Sanctuary 10:30 a.m.  
 Sunday Virtual Worship @ YouTube trinitybaptistcloud 10:30 a.m.  
 Sunday Radio Broadcast (KJLH 102.3 FM) 9:00 a.m.  
 Wednesday Bible Study via Zoom: 480.271.5449 or call 669.900.6833 7:00 p.m.  
 Giving Options: PayPal/In Person or mail to the church address

REV. ALVIN TUNSTILL, JR. ~ PASTOR

**Grant African Methodist Episcopal Church**

**Worship Services**

Sunday School 8:00 a.m.  
 Sunday at 9:30 a.m.  
 Bible Study on Wednesdays 11:00 a.m. & 6:00 p.m.

Website: grantamechurch.org  
 Youtube: Grant AME Church

Giving Options: Online at www.grantamechurch.org  
 Paypal: Giveliy, Zelle (grantamela@gmail.com)

Mail to: 10435 S. Central Avenue, Los Angeles, CA 90002  
 Drop Box: 1157 E. 105th St., Los Angeles, CA 90002

Rev. Dr. Timothy O. Coston, Jr.

Phone: 323-564-1151 | Call and leave a message and we will return your call

**Please Join Us!**

Sunday Service:  
 10:30am

Wednesday Bible Study:  
 11:00am and 7:30pm

Thursday Intercessory Prayer: 7:30pm  
 faithdome.org  
 @eifministries

Crenshaw Christian Center  
 7901 S. Vermont Avenue, Los Angeles, CA 90044  
 (323) 758-3777 | admin@faithdome.org

Dr. Frederick K. Price

THE CONGREGATIONAL CHURCH OF  
**Christian Fellowship**  
 REV. JAMES K. MCKNIGHT, SENIOR PASTOR

**Worship Service**  
 SUNDAY: 10:00 AM  
 ON FACEBOOK: THE CONGREGATIONAL CHURCH OF CHRISTIAN FELLOWSHIP

PASTOR'S ENCOURAGEMENT / PRAYER LINE:  
 TUESDAY & THURSDAY 7:00 AM  
 (310) 372-7549 - CODE: 342408

GIVING OPTIONS  
 GIVELIFY OR MAIL TO: 2085 S. HOBART BLVD  
 LOS ANGELES, CA 90018  
 PHONE: (323) 731-8669

**SECOND BAPTIST CHURCH**  
 2412 Griffith Avenue  
 Los Angeles, CA 90011  
 SecondBaptistChurchLA.org

Ph: (213) 748-0318 Fax: (213) 748-1015

PLEASE JOIN US FOR WORSHIP AND STUDY  
 Sunday, 8:00 am Radio Broadcast, KJLH 102.3 FM  
 Wed., 7:00 p.m. Teleconference Bible Study 605-475-3220, 1029200#  
 Giving options Giveliy or mail to church address

WILLIAM S. EPPS, PASTOR

FOUNDED IN 1885 AND CELEBRATING 92 YEARS AT THE SAME LOCATION.  
 U.S. DEPT. OF INTERIOR'S NATIONAL REGISTER OF HISTORIC PLACES.

**CHRIST OUR REDEEMER**  
 A.M.E. WORSHIP CENTER

45 Tesla  
 Irvine, CA 92618  
 www.corchurch.org

Pastor  
 Rev. Dr. Ralph E. Williamson

Ph: (949) 955-0014 Fax: (949) 955-0021  
 KJLH-FM Broadcast Sundays at 7:30 a.m.

**Live Worship Service - Sunday at 9AM at corchurch.tv**  
 Re-streams on Sunday, Monday and Tuesday at 1:30PM  
 Pastor's Daily Prayer Line: Weekdays 6AM to 6:15AM Call: (701) 801-1211.  
 Code: 636-074-192 Website: corchurch.org  
 Giving Options: online at www.corchurch.org  
 or mail to: 45 Tesla Irvine, CA 92618

MATTHEW 28:19 | HEALING | SALVATION | DELIVERANCE | BREAKTHROUGH |  
 COME AND JOIN AND BE BLESSED

**NEW WORSHIP SERVICE TIMES**  
 PASTOR GERALD JONES

**BIBLE STUDY SERVICE**  
 TUES & THURS 6:30PM-8:30PM

**SUNDAY MAIN SERVICE**  
 START @ 1:30PM

WWW.JESUSJUBILEECHURCH.ORG  
 JESUS IS OUR JUBILEE COGIC CHURCH  
 1149 E. DOMINGUEZ ST. STE #3  
 CARSON CA 90746 (BLOCK EAST OF IKEA)  
 24/7 PRAYER LINE (877) 858-2453

**Crenshaw United Methodist Church**  
 3740 Don Felipe Drive., Los Angeles, CA 90008  
 (323) 292-0141

Sunday Worship Service 10:30 AM  
 Youtube and Facebook 10:30 AM  
 TriumphKids Adventure 10:30 AM  
 TriumphYouth Expedition 10:30 AM

Produce on Wednesdays @ 10 AM  
 Food Giveaway Saturdays @ Noon  
 First Friday Senior Lunch Outings

Rev. Royce V. Porter Sr.

**Truth and Love Christian Church**  
 1129 E. Dominguez St., Suite B, Carson, CA 90746  
 truthandlovecc@gmail.com

Sunday Worship (In Person) 10:00 am  
 Wednesday Bible Study 6:30 pm

View from our website:  
 www.truthandlovecc.net

Prayer Line - Monday - Friday, 6:30 - 8:00 am  
 (720) 527-5842, Access code: 5727194  
 Giving options: Cash app: \$truthandlovecc  
 Zelle: truthandlovecc@gmail.com



# RELIGION

THURSDAY, AUGUST 8, 2024

www.lasentinel.net

D-3

## Baptist Ministers Conference Sponsor City Wide Revival 2024

By MALIK MORRIS-PERRY  
Contributing Writer

The Baptist Ministers Conference of Los Angeles and Southern California held its City-Wide Revival 2024 last week at the renowned McCoy Memorial Baptist Church in South Los Angeles.

The Rev. Dr. R.A. Williams served as the host pastor.

The event, led by the Rev. Dr. K.W. Tulloss, president of the BMC, saw many participants coming from throughout the city to participate in this spiritual rejuvenation.

The revival featured special guest speakers including the Rev. Dr. Frank Ray of New Salem Baptist Church in Memphis, Tennessee, and the Rev. Dr. Tolan Morgan of Fellowship Bible Church in Atlanta, Georgia. Both are renowned for their impactful sermons and ability to connect deeply with congregations, and their presence added extra layers of inspiration to the revival.

Dr. Ray, with his dynamic preaching style, captivated attendees with messages emphasizing faith, resilience, and community



The members of the BMCLA pose with guest Evangelists Dr. Frank Ray and Dr. Tolan Morgan.



Dr. Tolan Morgan preaching.

support. Meanwhile, Dr. Morgan, known for his elo-



Dr. Frank Ray preaching.

personal and communal growth. Throughout the week,

ly services included spirited worship sessions led by the mass choirs, community prayers, and thought-provoking sermons aimed at rekindling the attendees' faith and commitment to their spiritual journey.

Additionally, these services were organized to delve deeper into biblical teachings and provide a platform for attendees to share their own testimonies and spiritual experiences.

Dr. Tulloss expressed immense gratitude for the overwhelming turnout and the shared moments of fellowship.

"This revival has been a beacon of hope and unity for our community. It's heartening to see so many come together in faith and leave empowered to live out the gospel in their daily lives," he stated.

Participants left the event with renewed spirits, ready to implement the teachings and insights gained throughout the week.

The City Wide Revival 2024 not only succeeded in its mission of spiritual renewal but also strengthened community bonds, setting a hopeful tone for the year ahead.

## Words of the Week - Are We Ready?

By REV. DR. KELVIN T. CALLOWAY  
Contributing Writer

Scripture: Deut. 26:16-19

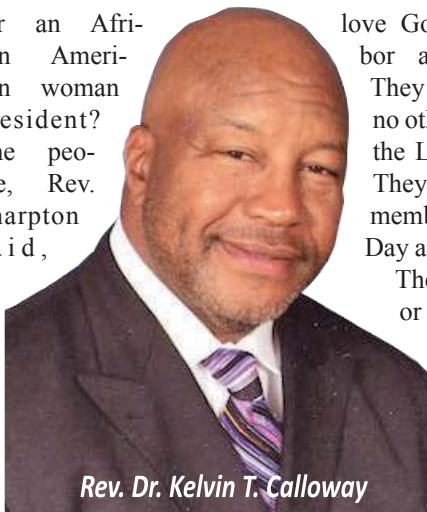
The last two weeks have been nothing less than extraordinary. President Joe Biden ended his campaign for re-election and fully endorsed his Vice President, Kamala Harris, as the democratic nominee. The democratic party leadership commended his decision and endorsed his selection of Vice President Harris as the party's presumptive nominee.

It is unprecedented that such a selfless act of putting party and country over personal ambition has been seen in modern history. It is also unprecedented that an African American/Asian Pacific Islander woman could become the nominee of a major political party.

Young voters between the ages of 25-40, African American voters, college educated voters, women voters, Hispanic voters, LBGQT voters and independent voters have all been energized by President Biden's decision to endorse Vice President Harris as the party's nominee.

Since her nomination, she raised more than \$81 million in her first 24 hours, a historical record for presidential campaign fundraising. When the Rev. Al Sharpton was asked whether or not the country was ready for a woman president in general and an African American woman in particular, Rev. Sharpton said the question is not if the country is ready, the question is if we are ready

for an African American woman president? The people, Rev. Sharpton said,



Rev. Dr. Kelvin T. Calloway

still hold that power.

That was also the question for the Israelites in the text - were they ready to live as free people with their own self-interest at heart?

Slavery, sisters and brothers, not only has a devastating effect on the body - chains, & shackles, & scars - but it also has a devastating effect on the physic even more so. God had delivered the Hebrew people from physical bondage and now was delivering them from psychological bondage.

The only life they had lived was in Egyptian bondage. Now they had been freed from that bondage and needed to be freed from the chains that were still on their minds.

The Lord gave Moses these instructions to give to the people that they might live as free people as He created them and desired from them to live.

They were to obey all the commands, decrees, and regulations that the Lord their God had given them with their whole heart (v.16). They were to

love God, and neighbor as themselves. They were to have no other gods before the Lord their God. They were to remember the Sabbath Day and keep it holy. They were to honor their mothers and their fathers. They were not to murder, commit adultery, steal, bear

false witness, nor covet anything that belonged to their neighbor (Deuteronomy 5:6-21). That's how the people whom the Lord had freed were to live.

Then Moses told them that they were to walk in the ways of the Lord and do everything He tells them to do (v.17). They were to do what the Lord required of them; to do justice, to love mercy, and to walk humbly with God (Micah 6:8).

And then Moses told them that they were to remember that the Lord was their God and they were His people. They were a special treasure just as He had promised their ancestors (v.18).

Brothers and sisters, we must remember that we are a special treasure to God, created in His image and likeness. We are treasures in earthen vessels and no matter what we have done, or what has been done to us, we are a special treasure to God and slavery nor segregation nor systemic racism can tarnish or take that away from us. Remember that we are somebody and that we must act like we are

somebody in our own self-interest.

The final thing that Moses told them was that if they were ready to do what the Lord was asking of them, then the Lord would set them high above all the other nations that He had made. Then they would receive praise, and honor, and renown. Then they would be a nation that was holy to the Lord their God, just as He had promised (v.19).

It was the African American artist Kofi Bailey who in 1970 designed the poster for the Voter Education Project depicting Black hands picking cotton that read, "The hands that picked cotton now can pick our public officials."

It was the Rev. Jesse Jackson in his January 17,

2009 article in the British newspaper, The Observer, entitled, "Hands That Picked Cotton Now Pick Presidents. It's a new day for the US," who said that: "Barack Obama's inauguration as America's first Black president will be a magnificent moment in the decades-long race for civil rights, both in America and around the world. For so many, Barack represents hope against cynicism... He symbolizes redemption in the face of a sordid past. It's the dawning of a new era. Barack will stand on many famous shoulders, but also the millions of nameless, faceless people who made his victory possible. From villages in Kenya to neighborhoods in Kansas, his inauguration

will be celebrated."

The real question is not are we ready, the real question is are we ready to do it again? Are we ready for the Lord's commands, and decrees, and regulations that Vice President Kamala Harris is posing?

And if we are, America will be set high above other nations that the Lord has made. If we are, the nation will receive praise, honor, and renown. If we are, our nation will be holy to the Lord God Almighty, just as the Lord promised.

Are we ready to do it again? In Jesus Name, Amen!

The Rev. Dr. Kelvin Calloway is the pastor of Bethel AME Church in Los Angeles.

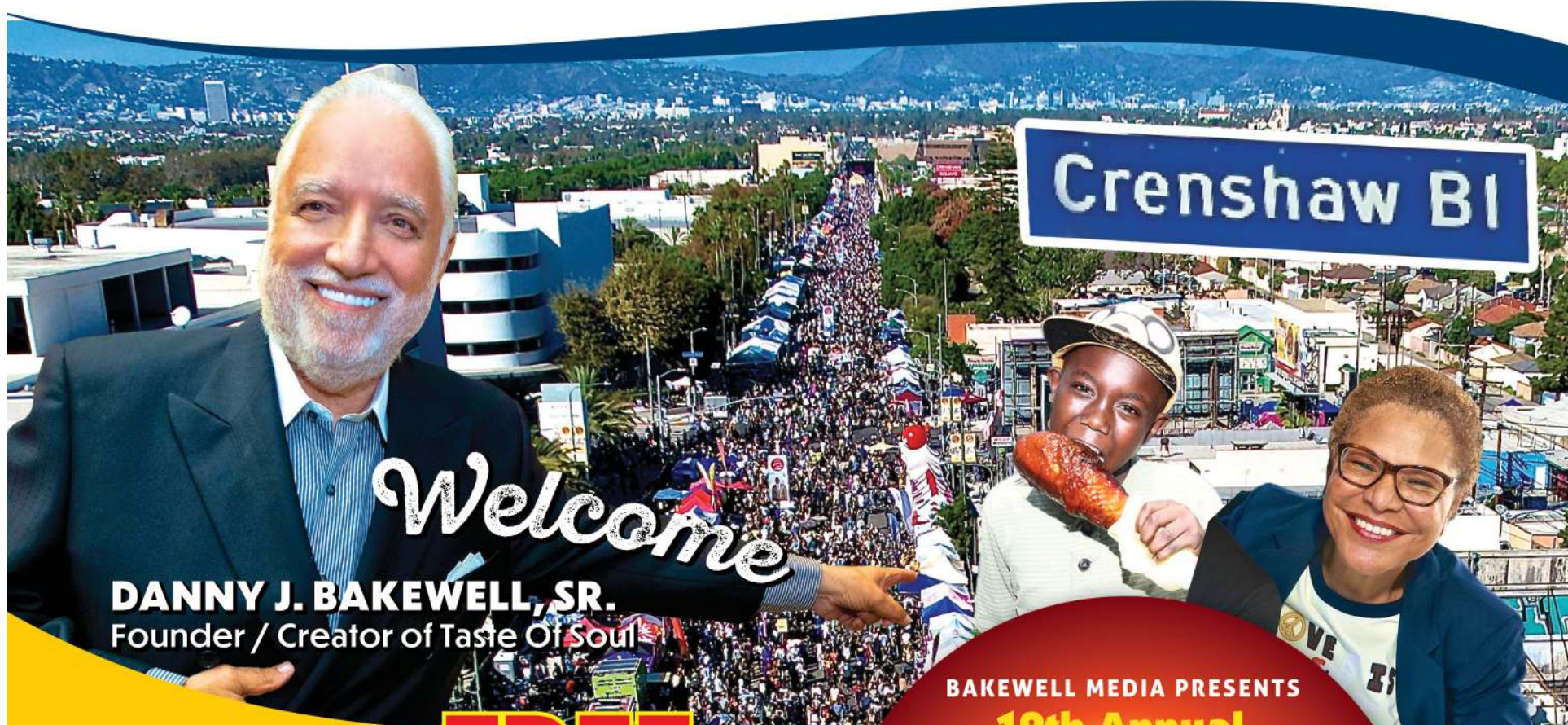
**DISCIPLES ON THE MOVE**  
**26th ANNUAL Venice Beach GOSPEL CRUSADE RALLY**  
 VARIOUS CITYWIDE CHOIRS, GOSPEL ARTISTS, DYNAMIC SPEAKERS & MUCH MORE!  
**SATURDAY, AUGUST 31, 2024**  
**10:00 AM - 5:00 PM**  
**VENICE BEACH BOARDWALK**  
 (Intersection: Pacific & Windward Ave)

**FREE WHILE SUPPLIES LAST**  
**BACK TO SCHOOL COMMUNITY EVENT**  
**SATURDAY, AUGUST 10TH 10AM-1PM**  
 School Supplies for 1st-12th grades  
 Haircuts  
 Produce Giveaway  
 Health Screenings  
 Baby Formula Distribution and more

WARD AME CHURCH  
 Rev. Dr. Barry Settle, Senior Pastor

For more information call 213-747-1367

PREMIERE SPONSORS



Welcome

DANNY J. BAKEWELL, SR.  
Founder / Creator of Taste Of Soul

BAKEWELL MEDIA PRESENTS  
19th Annual

Taste of Soul  
2024  
Family Festival

THE LARGEST FREE  
ONE DAY STREET FESTIVAL  
IN SOCAL

SATURDAY  
OCTOBER 19, 2024  
10AM - 7PM

Located on Crenshaw Blvd.  
between Stocker & Obama

For information on how to  
become a vendor or sponsor,  
go to [www.TasteofSoulLA.com](http://www.TasteofSoulLA.com)

FAMILY  
FOOD  
FUN



SPONSORS



PARTNERS



[www.TasteofSoulLA.com](http://www.TasteofSoulLA.com)